

Friday Afternoon Warm-up and Timing Assignments

4:00-4:30pm; Meet Start: 5:15pm

Indoor Pool

Lane 1 CRAW - JW & JR
Lane 2 CRAW - JW & AG
Lane 3 CRAW - JW
Lane 4 CRAW - JB & JW
Lane 5 CRAW - JB
Lane 6 CRAW - JB
Lane 7 CRAW - LAF
Lane 8 CRAW - LAF

Outdoor Pool

Lane 1 CRAW All BR Senior Division
Lane 2 CRAW All BR Senior Division
Lane 3 CRAW All BR Senior Division
Lane 4 CRAW All BR Senior Division
Lane 5 CRAW All BR Senior Division
Lane 6 CRAW All BR Senior Division
Lane 7 CRAW All BR Senior Division
Lane 8 CRAW All BR Senior Division

4:35-5:05pm; Meet Start: 5:15pm

Indoor Pool

Lane 1 WAVE
Lane 2 FINS
Lane 3 PAC
Lane 4 CLAC
Lane 5 CLAC
Lane 6 SHAC, COAS
Lane 7 TRST
Lane 8 CCSC, ES, AMYZ

Outdoor Pool

Lane 1 WAVE
Lane 2 WAVE
Lane 3 WAVE
Lane 4 WAVE
Lane 5 FINS
Lane 6 PAC
Lane 7 PAC
Lane 8 PAC

Timing- 1 per Lane

Lane 1 CRAW
Lane 2 CRAW
Lane 3 CRAW
Lane 4 CRAW
Lane 5 FINS
Lane 6 PAC
Lane 7 CLAC
Lane 8 WAVE
Head CRAW

13 & Over Session Warm-Up and Timing Assignments- Saturday

First Warm up: 7:20-7:50am

Indoor Pool

Lane 1 CRAW - HS & JW
Lane 2 CRAW - JB
Lane 3 CRAW - SR
Lane 4 CRAW - SR
Lane 5 CRAW - SR
Lane 6 CRAW - LAF
Lane 7 CRAW - LAF
Lane 8 CRAW - LAF

Meet Start: 8:35am

Outdoor Pool

Lane 1 CRAW - SB & SW
Lane 2 CRAW - SB & SW
Lane 3 CRAW - SB & SW
Lane 4 CRAW - SB & SW
Lane 5 CRAW - SB & SW
Lane 6 CRAW - SB & SW
Lane 7 CRAW - SB & SW
Lane 8 CRAW - SB & SW

Second Warm up: 7:55-8:25am

Indoor Pool

Lane 1 WAVE
Lane 2 WAVE
Lane 3 WAVE
Lane 4 CLAC
Lane 5 CLAC
Lane 6 SHAC, COAS
Lane 7 SLST
Lane 8 SLST

Meet Start: 8:35am

Outdoor Pool

Lane 1 FINS
Lane 2 FINS
Lane 3 TRST
Lane 4 TRST
Lane 5 PAC
Lane 6 PAC
Lane 7 PAC
Lane 8 ES

Timing- 1 per Lane

Lane 1 CRAW
Lane 2 CRAW
Lane 3 CLAC
Lane 4 FINS
Lane 5 WAVE
Lane 6 SLST
Lane 7 PAC
Lane 8 TRST
Head CRAW

12 & Under Warm-Up and Timing Assignments- Saturday

First Warm up: 12:45-1:10pm, Meet Start:1:45pm

Indoor Pool

Lane 1 CRAW - JB
Lane 2 CRAW - JB & JW
Lane 3 CRAW - JW
Lane 4 CRAW - JW
Lane 5 CRAW - LAF
Lane 6 SLST
Lane 7 PAC
Lane 8 PAC

Outdoor Pool

Lane 1 CRAW - ALL JR & 9&U
Lane 2 CRAW - ALL JR & 9&U
Lane 3 CRAW - AG 2A
Lane 4 CRAW - AG 2A
Lane 5 CRAW - AG2B & 3
Lane 6 CRAW - OPEN
Lane 7 CRAW - OPEN
Lane 8 CRAW - OPEN

Second Warm up: 1:15-1:40pm

Indoor Pool

Lane 1 CCSC
Lane 2 FINS
Lane 3 FINS
Lane 4 WAVE
Lane 5 WAVE
Lane 6 ES
Lane 7 TRST
Lane 8 SHAC, COAS, CLAC

Meet Start: 1:45pm

Outdoor Pool

Lane 1 OPEN
Lane 2 OPEN
Lane 3 OPEN
Lane 4 OPEN
Lane 5 OPEN
Lane 6 OPEN
Lane 7 OPEN
Lane 8 OPEN

Timing- 1 per Lane

Lane 1 CRAW
Lane 2 CRAW
Lane 3 TRST
Lane 4 FINS
Lane 5 WAVE
Lane 6 PAC
Lane 7 SLST
Lane 8 CCSC
Head CRAW

13 & Over Session Warm-Up and Timing Assignments- Sunday

First Warm up: 7:20-7:50am

Indoor Pool

Lane 1 CRAW - HS & JW
Lane 2 CRAW - JB
Lane 3 CRAW - SR
Lane 4 CRAW - SR
Lane 5 CRAW - SR
Lane 6 CRAW - LAF
Lane 7 CRAW - LAF
Lane 8 CRAW - LAF

Meet Start: 8:35am

Outdoor Pool

Lane 1 CRAW - SB & SW
Lane 2 CRAW - SB & SW
Lane 3 CRAW - SB & SW
Lane 4 CRAW - SB & SW
Lane 5 CRAW - SB & SW
Lane 6 CRAW - SB & SW
Lane 7 CRAW - SB & SW
Lane 8 CRAW - SB & SW

Second Warm up: 7:55-8:25am

Indoor Pool

Lane 1 FINS
Lane 2 SLST
Lane 3 SLST
Lane 4 TRST
Lane 5 TRST
Lane 6 SHAC
Lane 7 ES, PAC
Lane 8 AMYZ, COAS

Meet Start: 8:35am

Outdoor Pool

Lane 1 CLAC
Lane 2 CLAC
Lane 3 CLAC
Lane 4 WAVE
Lane 5 WAVE
Lane 6 WAVE
Lane 7 WAVE
Lane 8 WAVE

Timing- 1 per Lane

Lane 1 CRAW
Lane 2 CRAW
Lane 3 CLAC
Lane 4 FINS
Lane 5 WAVE
Lane 6 SLST
Lane 7 AMYZ
Lane 8 TRST
Head CRAW

12 & Under Warm-Up and Timing Assignments- Sunday

First Warm up: 12:15-12:40pm, Meet Start:1:20pm

Indoor Pool

Lane 1 CRAW - JB
Lane 2 CRAW - JB & JW
Lane 3 CRAW - JW
Lane 4 CRAW - JW
Lane 5 CRAW - LAF
Lane 6 SLST
Lane 7 PAC
Lane 8 PAC

Outdoor Pool

Lane 1 CRAW - ALL JR & 9&U
Lane 2 CRAW - ALL JR & 9&U
Lane 3 CRAW - AG 2A
Lane 4 CRAW - AG 2A
Lane 5 CRAW - AG2B & 3
Lane 6 CRAW - OPEN
Lane 7 CRAW - OPEN
Lane 8 CRAW - OPEN

Second Warm up: 12:45-1:10pm

Indoor Pool

Lane 1 CCSC
Lane 2 FINS
Lane 3 FINS
Lane 4 WAVE
Lane 5 WAVE
Lane 6 ES
Lane 7 TRST, AMYZ
Lane 8 SHAC, COAS, CLAC

Meet Start: 1:20pm

Outdoor Pool

Lane 1 OPEN
Lane 2 OPEN
Lane 3 OPEN
Lane 4 OPEN
Lane 5 OPEN
Lane 6 OPEN
Lane 7 OPEN
Lane 8 OPEN

Timing- 1 per Lane

Lane 1 CRAW
Lane 2 CRAW
Lane 3 CRAW
Lane 4 FINS
Lane 5 WAVE
Lane 6 PAC
Lane 7 ES
Lane 8 CCSC
Head CRAW

Seating/Bleacher Assignments

The garage doors will be open as weather allows along the outdoor bleacher seating areas. Spectators can walk up along the garage doors on the indoor pool deck up to the designated stopping point for heat viewing if/when the garage doors are down.

[Bleacher Map Layout](#)

Friday Afternoon

Team	Bleacher(s)
Crawfish	1-4 (+ Back Hallway)
NuWave	5 & 6
Thibodaux	6
SwimPAC	7
Christus & CCSC	8
Elmwood & Americana YMCA	9
Swim Houston & Coast	10
Fins	11 & 12

13 and Over Sessions Saturday/Sunday

Team	Bleacher(s)
Crawfish	1-3 (+ Back Hallway)
NuWave	4 & 5
Christus	6
Fins & Swim Houston	7
SwimPAC	8 & 9
Thibodaux	8 & 9
SLST	10 & 11
Elmwood	12
Coast	12

12 and Under Session Saturday/Sunday

Team	Bleacher(s)
Crawfish	1-3 (+ Back Hallway)
NuWave	4
Fins	5
SwimPAC	6
CCSC & Coast	7
Swim Houston & Thibodaux	8
SLST	9
Elmwood	10
Christus	11