2026 LA Tiger Aquatics Mardi Gras Invite

Hosted by Tiger Aquatics

January 9th-11th, 2026

Held at the LSU Natatorium

Facility

L.S.U Natatorium, site of the 1985 National Sports Festival. Indoor 50-meter pool at a constant depth of 7 feet with movable bulkheads to make two 8-lane, 25-yard pools with Non- Turbulent Lane lines. Paragon starting blocks. Daktronics Timing System with 8-lane Daktronics electronic scoreboard. A six-lane 25-yard warm-up/warm-down pool is next to the 50-meter pool. The competition course has been certified in accordance with 104.2.2C (4). The copy of such certification is on file with USA Swimming.

Swim Meet Guidelines & Facility Rules

Coaches, Parents, and Swimmers must adhere to below guidelines before, during, and/or after swim sessions. Failure to comply will result in denied usage of pool facilities and swim sessions: • We ask that ALL individuals enter the facility no more than 15 mins prior to the start of their session.

- Locker room use is available for swimmers ONLY.
- Spectators/Coaches/Officials/Volunteers must use the restrooms closest to the front lobby of the Natatorium; aka the scoreboard end.
- NO Smoking in the pool area OR within 30 feet of all doors.
- NO Glass containers allowed on the pool deck.

Athlete Limitation / Event Limitation / Meet Format

- Teams must reserve their spot by emailing rocky@swimtag.net.
- Athletes may swim up to 10 individual events.
- This is a Timed Finals meet for all events.
- All Distance events will be swum fastest to slowest.
- Distance Freestylers must supply their own counter & timer.

Sanction

Held under the Sanction of USA Swimming, Inc., issued by Louisiana Swimming, Inc. Sanction #

Meet Staff

MEET DIRECTOR	MEET REFEREE	MEET MARSHAL
Rocky Smith rocky@swimtaq.net	Andrew Wilkinson mr_monkey_man_23@yahoo.co m	Pamela Bishop pamela@swimtaq.net

Session	Day	Arrival	Warm-up	Meet Start	Age Group
1	Friday January 9th	4:15pm	4:30-5:30pm	5:45pm	ALL
2	Saturday January 10th	7:15am	7:30–8:30am	8:45am	OPEN
3	Saturday January 10th	1:15pm	1:30-2:30pm	2:45pm	12 & Under
4	Sunday January 11th	7:15am	7:30 – 8:30am	8:45am	OPEN
5	Sunday January 11th	1:00pm	1:15-2:15pm	2:30pm	12 & Under

- These are the unofficial times. Please view the warm up assignments posted on the website, <u>www.swimtaq.net</u>, to find your team's assigned warm up times. These assignments will be posted Tuesday evening prior to the meet.
- There will be 2 x 30 minute warm up periods for all sessions.

Warm Up

In accordance with USA Swimming guidelines, there will be a published warm-up procedure for all swimmers and coaches attending the meet. The Marshal will ensure all teams, coaches, and swimmers follow all warm-up procedures. Meet Management reserves the right to change warm-up times according to the number of entries.

Deadline & Meeting Summary

Entry Deadlines	Time	For:
January 2nd, 2026	11:59 pm	January 9th. 2026
Session	Meeting Time	For:
1	TBD	Official Briefings

Technical Suit Ban 12&Unders

A technical suit is one that has the following components:

• Any males or female suit with bonded or taped seams regardless of fabric or silhouette; or • Any male or female suit with woven fabric extending to the knee or mid-thigh regardless of the seam type.

MAAPP

All applicable adults participating in or associated with the meet acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Protection Policy ("MAAPP"), and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition.

Safe Sport

The USA Swimming Safe Sport program is USA Swimming's comprehensive abuse prevention program dedicated to creating a healthy and positive environment free from abuse for all its members. Components of the program include, but are not limited to, providing education and training, enforcing policies (such as the Minor Athlete Abuse Prevention Policy), rules and best practice guidelines, promoting healthy boundaries and mandatory reporting of violations. iii)

Minor Athlete Abuse

The Minor Athlete Abuse Prevention Policy (www.usaswimming.org/maapp) prohibits Adult Participants (as defined) from having one-on-one interactions with minor athletes which are not within an observable and interruptible distance from another adult participant. Adult Participants are required to abide by this policy in full during this meet. iv)

Rules & Regulations

Pursuant to USA Swimming Rules and Regulations and federal law, it is every member's responsibility to immediately (i.e., within 24 hours) report any incident of child abuse, including physical or sexual abuse, to law enforcement and the U.S. Center for SafeSport. Reporting must occur when an individual has firsthand knowledge of misconduct or where specific and credible information has been received from a victim or knowledgeable third party. A report to the U.S. Center for SafeSport may be made via telephone at 833-5US-SAFE (833-587-7233) or online at www.uscenterforsafesport.org/report-a concern. Various state laws may also require reporting to law enforcement or to a designated child protection agency. v) For information on how to report other alleged violations, including without limitation, the USA Swimming Code of Conduct and the Minor Athlete Abuse Prevention Policy, please visit www.usaswimming.org/report. vi)

Athlete Protection Training

All athletes age 18 and older must complete Athlete Protection Training in order to be a USA Swimming registered member in good standing. Any athlete who turns 18 on or after January 9th 2026, who has not completed Athlete Protection Training by the first day of competition, will be prohibited from participating in the competition until 4 such time as all membership requirements are completed. Times achieved by an athlete who turns age 18 on or after January 9th 2026, who competes in this USA Swimming sanctioned event without completing this membership requirement, will NOT count for qualification or recognition.

This includes participation as a member of a relay.

Eligibility to Compete

All swimmers must be registered with USA Swimming, Inc. and all Adult Athletes must hold current APT certification to compete.

Swimmers must be registered prior to entry deadline.

Entries listed as "Registration Applied For" will not be accepted.

There will be no on deck registration available at this meet.

A swimmer's age as of *January 9th*, 2026 determines their age for the entire meet.

Members with Disabilities or Medical Conditions

Tiger Aquatics welcomes all swimmers with disabilities as described in the USA Swimming Rules and Regulations, Article 105, to participate in our meets. Coaches entering swimmers with disabilities that require any accommodations are required to provide advance notice in writing to the Meet Director by the entry deadline accompanying their meet entry file, including the need for any personal assistants required and/or registered service animals. Members who are unable to wear face coverings because of a documented medical condition must notify the Meet Director in advance and may have limited deck access. Failure to provide advance notice may limit Tiger Aquatics' ability to accommodate all requests.

Entries / Entry Deadline

Entries are to be submitted through members' Team Unify account on swimtaq.com. A swimmer's age on the first day of the meet will determine their age for the entire meet. Swimmers will be entered on a first-come-first-served basis, due to athlete number limitations. Meet management has the right to limit the number of athletes in order to comply with Louisiana Swimming, Inc.'s four-hour rule. Meet management reserves the right to reassign events/age groups to different courses. The order of events shall not be changed, but at the discretion of the meet management, breaks may be added. • Entries must be received by Friday January 2nd, 2026

- No late entries will be accepted.
- Email entries to rocky@swimtaq.net.
- Make entry fee check payable to *Tiger Aquatics*.
 - Email Pamela Bishop if you intend on mailing a check; pamela@swimtag.com

Entry Fees

All fees are non-refundable		
Individual Event \$5.00 per event		
Surcharge	\$16.50 per swimmer	

Seeding

The conforming time standard for this meet is short course yards. All events 200 and below will be swum slowest to fastest. All distance events 400IM, 500 Free, 1000 Free, and 1650 Free will be swum fastest to slowest. There will be no penalty for scratching pre-seeded events.

CHECK-IN

Check in located on the table underneath the admin booth on the competition side of the pool will be required for the following events:

- 500 FR, 400 IM
- 1000, 1650 FR

Check in for events will be open until 30 Minutes prior to session start.

Scoring

Scoring will be done for all 12&Under events.

- The age brackets will include be SINGLE age group: 6&Under, 7yr old, 8yr old, 9yr old, 10yr old, 11yr old, 12yr old.
- High point awards will be given for 1st, 2nd, and 3rd place high point winner's female and male for the single age group brackets listed above.
- No trophies or ribbons will be given in addition to the high point awards.

Results / Live Streaming

Results can be found live on Meet Mobile throughout the meet. Results will also be posted on swimtaq.com at the conclusion of the meet. This event will be live-streamed. The link will be posted on swimtaq.com on the event page.

Coaches

All coaches on deck must be registered and certified with USA Swimming. Meet Management will require all coaches to show proof of such by prominently displaying their registration card or be prepared to show their Deck Pass virtual membership card upon request. Other Meetings may be held at the meet referee's discretion (listed in the Deadline and Meeting Summary).

Hospitality / Concessions

Hospitality will be available for coaches and officials. Concessions will be sold at the meet.

Officials / Timers/ Volunteers

There will be a need for officials. Tiger Aquatics welcomes and encourages anyone willing to volunteer. All officials on deck must be registered and certified with USA Swimming. Certification will be verified by Meet Referee the day before the meet / session. There will be an officials' meeting at each meet session. A virtual meeting may be held prior to the meet / session at the referee's discretion, and all assigned officials are strongly encouraged to complete and individual personal review of applicable USAS rules for their assigned position prior to the meet. Officials should report to their assigned position 15 minutes before session start, and bring a mask, your personal water bottle, and a writing utensil.

Waiver and Release

As a team entered in this meet, upon entry you are verifying that all of the swimmers and coaches listed on the enclosed entry are registered with USA Swimming. You acknowledge that you are familiar with the Safety Rules of USA Swimming, Inc. and Louisiana Swimming, Inc. regarding warm-up procedures and meet safety guidelines, and that you shall be responsible for the compliance of your swimmers with those rules during this meet.

Tiger Aquatics, Louisiana Swimming, Inc., and USA Swimming, Inc., their agents, employees, and coaches shall be held free and harmless from any and all liabilities or claims for damages arising by reason of illness or injury to anyone during the conduct of this meet. You acknowledge that by entering this meet, you are granting permission for the names of any or all of your team's swimmers to be published on the internet in the form of Psych Sheets, Meet Results, or any other documents associated with the running of this meet.

Image Release

All participants agree to be filmed and photographed by the host club approved photographer(s) and videographers and to allow the right to use names and pictures before, during, or after the meet such as in public psych sheets, heat sheets, and results or featured on the host club or LSI website or social media or in public broadcast of the event via television or webcast. Parents and guardians of minor swimmers who do not wish their swimmers to participate in interviews or have individual pictures featured on any media should inform their team's head coach and the Meet Director prior to the meet.

ORDER OF EVENTS

Session 1 – LSU Natatorium – Friday PM January 9th, 2026

Girl's Event #	Event	Boy's Event #
1	10 & Under 200 Free	2
3	12 & Under 500 Free	4
5	13 & Over 500 Free	6
7	12 & Under 200 IM	8
9	OPEN 400 IM	10

- > Check In for events 3,4,5,6, 9, and 10 by 5:30pm.
- > Events 3-6 and events 9-10 will be swum fastest to slowest.

Attention Coaches: The events for both Saturday and Sunday AM SESSIONS are listed 13- 14 and OPEN. The OPEN events are primarily for 15 & Over with the opportunity for any 12-year-old who ages up to swim the listed events. Please monitor your athlete's event selections.

Session 2 – LSU Natatorium –Saturday AM January 10th, 2026

Girl's Event #	Event	Boy's Event #
11	13-14 100 Breast	12
13	OPEN 100 Breast	14
15	13-14 200 Fly	16
17	OPEN 200 Fly	18
19	13-14 100 Back	20
21	OPEN 100 Back	22
23	13-14 200 IM	24
25	OPEN 200 IM	26
27	13-14 50 Free	28
29	Open 50 Free	30
	10 Minute Break	
31	OPEN 1000 Free	32

- ➤ Check in for events 31-32 must be done by 8:45am.
- > Events 31-32 will be swum fastest to slowest.
- ➤ 1000 Free swimmers must supply their own COUNTER & TIMER.

Session 3 – LSU Natatorium –Saturday PM January 10th, 2026

Girl's Event #	Event	Boy's Event #
33	6 & Under 25 Free	34
35	7yr old 25 Free	36
37	8yr old 25 Free	38
39	9yr old 100 Free	40
41	10yr old 100 Free	42
43	11yr old 100 Free	44
45	12yr old 100 Free	46
47	6 & Under 25 Breast	48
49	7yr old 25 Breast	50
51	8yr old 25 Breast	52
53	9yr old 50 Breast	54
55	10yr old 50 Breast	56
57	11yr old 50 Breast	58
59	12yr old 50 Breast	60
61	6 & Under 25 Back	62
63	7yr old 25 Back	64
65	8yr old 25 Back	66
67	9yr old 100 Back	68
69	10yr old 100 Back	70
71	11yr old 100 Back	72
73	12yr old 100 Back	74
75	6 & Under 25 Fly	76
77	7yr old 25 Fly	78
79	8yr old 25 Fly	80
81	9yr old 100 Fly	82
83	10yr old 100 Fly	84
85	11yr old 100 Fly 86	
87	12yr old 100 Fly	88

Session 4 – LSU Natatorium –Sunday AM January 11th, 2026

Girl's Event #	Event	Boy's Event #
89	13-14 200 Free	90
91	OPEN 200 Free	92
93	13-14 100 Fly	94
95	OPEN 100 Fly	96
97	13-14 200 Breast	98
99	OPEN 200 Breast	100
101	13-14 100 Free	102
103	OPEN 100 Free	104
105	13-14 200 Back	106
107	OPEN 200 Back	108
	10 Minute Break	
109	OPEN 1650 Free	110

- > Check in for events 109-110 must be done by 8:15am.
- > Events 109-110 will be swum fastest to slowest.
- ➤ 1650 Free swimmers must supply their own COUNTER & TIMER.

Session 5 – LSU Natatorium –Sunday PM January 11th, 2026

Session 5 LSO Natatorium Sunday Fivi January 11 , 2020			
Girl's Event #	Event	Boy's Event #	
111	6&Under 50 Free	112	
113	7yr old 50 Free	114	
115	8yr old 50 Free	116	
117	9yr old 50 Free	118	
119	10yr old 50 Free	120	
121	11yr old 50 Free	122	
123	12yr old 50 Free	124	
125	7yr old 50 Back	126	
127	8yr old 50 Back	128	
129	9yr old 50 Back	130	
131	10yr old 50 Back	132	

11yr old 50 Back	134
12yr old 50 Back	136
7yr old 50 Breast 138	
8yr old 50 Breast	140
9yr old 100 Breast	142
10yr old 100 Breast	144
11yr old 100 Breast	146
12yr old 100 Breast	148
7yr old 50 Fly	150
8yr old 50 Fly	152
9yr old 50 Fly	154
10yr old 50 Fly	156
11yr old 50 Fly	158
12yr old 50 Fly	160
6&Under 100 IM	162
7yr old 100 IM	164
8yr old 100 IM 166	
9yr old 100 IM	168
10yr old 100 IM	170
11yr old 100 IM	172
12yr old 100 IM 174	
	12yr old 50 Back 7yr old 50 Breast 8yr old 50 Breast 9yr old 100 Breast 10yr old 100 Breast 11yr old 100 Breast 12yr old 100 Breast 7yr old 50 Fly 8yr old 50 Fly 9yr old 50 Fly 10yr old 50 Fly 11yr old 50 Fly 12yr old 50 Fly 6&Under 100 IM 7yr old 100 IM 8yr old 100 IM 10yr old 100 IM 10yr old 100 IM

2026 TAQ Mardi Gras Invite Summary of Fees/Release

Form

Complete and email or mail this form along with entry fees to (checks payable to Tiger Aquatics): Tiger Aquatics
15332 Veranda Park Lane
Baton Rouge
LA 70810

Email to: rocky@swimtag.net

	Email to: 10cky@3wimtaq.net
Team Name	
Club Code	
Coach	
Coach Phone	
Coach Email	
Team Address	

Item	Total Number	Cost per	Total
Individual Entries		\$5.00 per event	
Swimmers (Travel Fund & Facility Surcharge)		\$16.50 per swimmer	
Total Fees Due			

Waiver, Acknowledgement and Liability Release:

I, the undersigned coach or team representative, verify that all of the swimmers and coaches listed on the enclosed entry are registered with USA Swimming. I acknowledge that I am familiar with the Safety Rules of USA Swimming, Inc. and Louisiana Swimming, Inc. regarding warm-up procedures and meet safety guidelines, and that I shall be responsible for the compliance of my swimmers with those rules during this meet. Tiger Aquatics, LSU Natatorium, Louisiana Swimming, Inc., and USA Swimming, Inc., their agents, employees, and coaches shall be held free and harmless from any and all liabilities or claims for damages arising by reason of illness or injury to anyone during the conduct of this meet. I also acknowledge that by entering this meet, I am granting permission for the names of any or all of my team's swimmers to be published on the internet in the form of Psych Sheets, Meet Results, or any other documents associated with the running of this meet.

SIGNATURE (Coach or Club Representative) CLUB

TITLE DATE