



Read this on our website: <http://www.crawfishaquatics.com/swim-team/weekly-newsletter/>

## Announcements & Reminders

- **9 Day Countdown to the Senior (15 & Older) State Championship!**
  - Team dinner will be on Friday evening at SPAR, following finals! We are looking for 2-3 parent volunteers to help with picking up food and help with set up. Please email the office and we will be in touch directly with details.
  - *More communications will be sent out directly to the State Meet swimmers and updated online:* <http://www.crawfishaquatics.com/calendar/senior-short-course-state-championship-2020>
- **Sign up by Monday for the CA Developmental Meet this Friday**  
Sign up: <http://www.crawfishaquatics.com/calendar/crawfish-developmental-meet-feb-2020>
- **14 & Under Championship at LSU, March 12-15**
  - First state meet? We have posted info on the Meet Format and how "prelims/finals" works and special meet format notes.
  - *Qualified swimmers (see times on the website) MUST sign up to be entered:* <http://www.crawfishaquatics.com/calendar/age-group-sc-state-championship>

## Stars & Strokes 2020! Crawfish Swim-A-Thon & Auction event

Join us at the CA BR location on April 4 for our annual fundraiser, silent auction and fun event for swimmers and families. We are bringing back the coaches dunking booth back, will have lunch for the entire family, giveaways and more! **Watch for an email and link to the Swim-A-Thon (SAT) website** with the registration info for our swimmers, full event schedule, prize list and opportunity to buy raffle tickets to pie face your favorite head coach or win a YEAR of free swimming dues...and more! You can also acquire items for the auction which can be used toward fundraising obligations (specifics will be sent out soon, but start thinking of possible donors!).

To raise money in the Swim-A-Thon, swimmers receive pledges and donations from family members, friends, neighbors, and local businesses. During Swim-A-Thon, swimmers are allowed to swim a maximum of 200 laps or for a period of 2 hours, whichever comes first (you will be amazed at how much your young athlete can swim at this event!).

Fundraising is part of our overall budget and business plan that allows us to keep member dues affordable without compromising quality. The fundraising obligation and agreement document is always



available for review in the footer of the weekly Enews, along with other parent resource items. [Lafayette Policy](#)

---

### Practice Schedule: Week of February 3

#### **Sr Black/ Sr White**

*Monday and Friday 5:15- 6:30am (Sr Black swimmers that are not going to Senior State Meet)*

Monday- Friday 3:45- 6:00pm

Saturday 6:45- 9:00am

#### **Sr Red**

Mon, Wed, Friday 5:45- 6:15 Drylands, 6:20- 7:30p Swim

Saturday 9:00- 10:30am

#### **Jr Red**

Mon, Wed, Friday 5:30- 7:00 Bring Dryland Gear!

NO SATURDAY PRACTICE

***Jr White** will practice 4:00- 5:30 Tuesday and Thursday in addition to normal Jr Red schedule (no Dryland gear needed) NO SATURDAY PRACTICE*

#### **Age Group**

Monday, Wednesday 4:30- 6:00

Saturday 9:00- 10:30am Bring Dryland Gear!

#### **8&Under**

Tuesday, Thursday, Friday 4:30- 5:30pm

**Novice Team** (must pass swim assessment before registering)

Tuesday, Thursday 5:40- 6:20pm

---

### Upcoming 2020 Season Breaks / Holiday Practice Schedules

#### **Mardi Gras, week of February 24-29**

- Senior White/ Black: AM practices on Mon/Tues, 6:45- 9:00am, Feb 24-25.  
Wed 3:45- 6:00pm  
Thursday 6:00- 7:30pm  
Friday 5:45- 7:00pm  
Saturday No Practice (14&Under State swimmers will have practice 7:30- 9:00am)
- Team One members will have altered schedules this week due to SECTIONALS! We will swim Monday and Tuesday morning 6:45- 9:00am, swimmers will be given practice times based on when they leave for Sectionals.
- Jr White will swim Monday and Tuesday Morning, 7:00- 8:30am  
Altered practice schedule Wednesday- Friday,  
Saturday No Practice (14&Under State swimmers will swim 7:30- 9:00am)
- 8&under: No Practice Tuesday, regular practices rest of week.

- Jr Red, Age Group, and Sr Red: No Practice Monday or Tuesday, Regular Schedules Wed-Friday Only Swimmers going to 14&U State Meet in Jr or Sr groups will practice 7:30- 9:00am, there will be no Senior Red/ White/ Black practices on Saturday. Age Group will have normal practice Saturday from 9:00- 10:30am.
- 

### Upcoming Events Schedule and Important Dates

Go to Meet page on website: <http://www.crawfishaquatics.com/swim-team/meet-information>

- **February 7: CA Developmental Meet**  
8 & Under, Age Group, Junior Red, Senior Prep  
Sign up: <http://www.crawfishaquatics.com/calendar/crawfish-developmental-meet-feb-2020>
  - **February 13-16: Senior State Championship in Sulphur**  
Sign up: <http://www.crawfishaquatics.com/calendar/senior-short-course-state-championship-2020>
  - **March 5: CA Developmental Meet**  
Sign up: <http://www.crawfishaquatics.com/calendar/crawfish-developmental-meet-march-2020-at-ca-br>
  - **March 12-15: 14 & Under Championship at LSU**  
Sign up: <http://www.crawfishaquatics.com/calendar/age-group-sc-state-championship>
  - **March 21: 8 & Under Championship**  
Sign up: <http://www.crawfishaquatics.com/calendar/8-under-championship-4>
  - **April 4: Crawfish Aquatics Swim-A-Thon and Silent Auction in Baton Rouge**
  - **April 24-25: Swamp Paradise Meet at CA Nicholls**  
Sign up: <http://www.crawfishaquatics.com/calendar/2020-crawfish-aquatics-swamp-paradise>
  - **May 8: CA Developmental Meet:**  
Sign up: <http://www.crawfishaquatics.com/calendar/crawfish-developmental-meet-may-2020-at-ca-br>
  - **May 15-17: CA Long Course Invitational**  
Sign up: <http://www.crawfishaquatics.com/calendar/2020-crawfish-aquatics-long-course-invitational>
  - **GPAC (Pensacola) Meet, May 29-31:** Sign up and book your hotel early!  
<http://www.crawfishaquatics.com/calendar/gpac-summer-invitational-pensacola>
    - Official 2020 official meet invitation has not been released but we expect the meet to be structured the same as 2019; please use the meet info from 2019 that is posted on the website when planning for days you will swim, travel, etc.
    - The hotel block is set up for Friday/Saturday night but individuals can add on Thursday evening (since 13 & O competition starts Friday morning) or add on Sunday night if prefer not to do return travel on Sunday, etc. You may have to call after online reservations when adding Thurs/Sun night.
-

## Team Suit and Training Equipment Requirements

View Info/Order here: <http://www.crawfishaquatics.com/swim-team/team-outfitting/>

- Team Suit Orders through DJ Sports online (Arena or Dolfin- use sort menu on left).
    - Not required for Novice, 8 & U or AG. There is a sizing kit available at the Info Booth to check sizes before order. Wear a black Crawfish cap at the meets!
    - Ordering is available all year long.
    - There is a sizing booth at the Info Booth that you can use to check sizes before ordering!
  - Training Equipment:
    - Junior White/Black, Senior Prep and Senior Division have equipment requirements. These are listed on the website by group. Equipment can be ordered through the DJ Sports link.
- 

## Fundraising Policy

Fundraising obligations allow flexibility for families and a lower monthly dues amount, which is reviewed annually by our staff. You can utilize the fundraisers (Swim-A-thon or the Business Sponsor program) or have the amount post to your May and December invoices. 50% of your family's obligation is invoiced/due in May and the other 50% is invoiced/due in December. ***Review full policy from the handbook here:***

[Lafayette Fundraising Policy](#)

*\*\*There is a 6 month grace period for new members before fundraising obligation begins.*

---

## Connect with Crawfish Aquatics online

- **Rate & Review us on Google! Crawfish Aquatics, Lafayette:** <https://goo.gl/cPWT3A>
  - **Rate & Review us on Yelp! Crawfish Aquatics, Lafayette:**<https://tinyurl.com/yajx5hog>
  - **Twitter:** <https://twitter.com/crawfishaquatic>
  - **Website:**[www.crawfishaquatics.com](http://www.crawfishaquatics.com)
-