AGE GROUP: FRIDAY & SATURDAY schedule August through December 2025

Reminder: Age Group swimmers can change out their Friday & Saturday practices as needed. No pre practice notification needed to switch up a Friday to Saturday (or vice versa).

- **Friday practices: 4:45-6:00pm, outdoor pool.** During Sept/Oct, we will move inside on most rainy days (there will be Middle School meets inside). Text alerts will be sent.
- **Saturday practices: 9:15-10:30am, outdoor pool.** During Sept/Oct, we cannot move inside on a rainy day due to school league meets taking place in the indoor pool. **Starting in January, the Saturday practice will change to 10:00-11:15am, indoor pool.*
- Be sure to sign up for Text Alerts for Inclement Weather/Practice Cancellation Notifications!
- Aug 22, 23: regular practice
- Aug 29, 30: regular practice
- Monday, Sept 1: no practice (Labor Day)
- <u>Sept 5, 6</u>: regular practice
- Sept 13, 14: regular practice
- Sept 19, 20: regular practice
- <u>Sept 26 ,Sept 27</u>: regular practice
- <u>Friday, October 3</u>: NO PRACTICE. Crawfish Next Gen meet. (Novice, 9 & U, Age Group)

 Meet Info/Sign up: http://www.crawfishaquatics.com/calendar/crawfish-next-gen-meet-oct-2025
- October 4: NO PRACTICE. CA Fall Invitational meet
 *only swimmers in AG2, AG3 are eligible and will be emailed info about this meet
- October 10, 11: regular practice
- October 17, 18: regular practice
- October 24, 25: regular practice
- Frir, October 31: NO PRACTICE.
- November 1: Practice moved to 9:00-10:15am due to CCSL Championship meet at CA.
- November 7: NO PRACTICE. Middle School Swim Championship.
- November 8: regular practice
- Friday, November 14: NO PRACTICE. Crawfish Next Gen Meet (Novice, 9 & U, Age Group)

 Meet Info/Sign up: http://www.crawfishaguatics.com/calendar/crawfish-next-gen-meet-nov-2025
- November 15: NO PRACTICE. CA November Classic (9 & U 3, AG 2, AG 3) *only swimmers in 9 & U3, AG2, AG3 are eligible and will be emailed info about this meet
- November 21: regular practice
- Saturday 22: NO PRACTICE. CA Fitter Faster Camp. More Information TBA
- Wednesday, November 26- Saturday, November 29: No practice.
- <u>December 5, 6</u>: regular practice.
- Friday, December 12: Crawfish Next Gen Meet (Novice, 9 & U, Age Group)

 Meet Info/Sign up: http://www.crawfishaguatics.com/calendar/crawfish-next-gen-meet
- <u>December 13</u>: NO PRACTICE. CA December one Day Meet
 *only swimmers in 9 & U3, AG2, AG3 are eligible and will be emailed info about this meet
- Last week of Practice for 2025: Mon, Dec 8 to Thurs, Dec 11. Resume Jan 5, 2026.