

AGE GROUP: FRIDAY & SATURDAY schedule August through December 2026

Reminder: Age Group swimmers can change out their Friday & Saturday practices as needed. No pre practice notification needed to switch up a Friday to Saturday (or vice versa).

- **Friday practices: 4:45-6:00pm, outdoor pool.** During Sept/Oct, we will move inside on most rainy days (there will be Middle School meets inside). Text alerts will be sent.
- **Saturday practices: 9:15-10:30am, outdoor pool.** During Sept/Oct, we cannot move inside on a rainy day due to school league meets taking place in the indoor pool. **Starting in January, the Saturday practice will change to 10:00-11:15am, indoor pool.*
- [Be sure to sign up for Text Alerts for Inclement Weather/Practice Cancellation Notifications!](#)
- Aug 21, 22: regular practice
- Aug 28, 29: regular practice
- Sept 4, 5: regular practice
- Monday, Sept 7: no practice (Labor Day)
- Sept 12, 13: regular practice
- Sept 18, 19: regular practice
- Sept 25, Sept 26: regular practice
- Friday, October 2: **NO PRACTICE.** Crawfish Next Gen meet. (Novice, 9 & U, Age Group)
Meet Info/Sign up: <http://www.crawfishaquatics.com/calendar/crawfish-next-gen-meet-baton-rouge>
- October 3: **NO PRACTICE.** CA October (Magic in the Middle) meet.
**only swimmers in AG2, AG3 are eligible and will be emailed info about this meet*
- October 9, 10: regular practice
- October 16, 17: regular practice
- October 23: **NO PRACTICE.** Middle School Swim Championship
- October 24: regular practice
- Fri, October 30: regular practice
- October 31: Practice moved to **9:00-10:15am** due to CCSL Championship meet at CA.
- November 6, 7: regular practice
- Friday, November 13: **NO PRACTICE.** Crawfish Next Gen Meet (Novice, 9 & U, Age Group)
Meet Info/Sign up: <http://www.crawfishaquatics.com/calendar/crawfish-next-gen-meet-baton-rouge-1>
- November 14: **NO PRACTICE.** CA November Classic (9 & U 3, AG 2, AG 3)
**only swimmers in 9 & U3, AG2, AG3 are eligible and will be emailed info about this meet*
- November 20: regular practice
- Saturday 21: **NO PRACTICE.** CA Fitter Faster Camp. More Information TBA
- Wednesday, November 25- Saturday, November 28: **No practice.**
- December 4, 5: regular practice.
- Friday, December 11: *Crawfish Next Gen Meet (Novice, 9 & U, Age Group)*
Meet Info/Sign up: <http://www.crawfishaquatics.com/calendar/crawfish-next-gen-meet-baton-rouge-2>
- December 12: **NO PRACTICE.** CA December one Day Meet
**only swimmers in 9 & U3, AG2, AG3 are eligible and will be emailed info about this meet*
- Last week of Practice for 2026: Mon, Dec 7 to Thurs, Dec 10. Resume Jan 6/7, 2027.