AGE GROUP: FRIDAY & SATURDAY schedule August through December 2026

Reminder: Age Group swimmers can change out their Friday & Saturday practices as needed. No pre practice notification needed to switch up a Friday to Saturday (or vice versa).

- **Friday practices: 4:45-6:00pm, outdoor pool.** During Sept/Oct, we will move inside on most rainy days (there will be Middle School meets inside). Text alerts will be sent.

- **Saturday practices: 9:15-10:30am, outdoor pool.** During Sept/Oct, we cannot move inside on a rainy day due to school league meets taking place in the indoor pool. **Starting in January, the Saturday practice will change to 10:00-11:15am, indoor pool.*

- Be sure to sign up for Text Alerts for Inclement Weather/Practice Cancellation Notifications!

- Aug 21, 22: regular practice
- Aug 28, 29: regular practice
- Sept 4, 5: regular practice
- Monday, Sept 7: no practice (Labor Day)
- Sept 12, 13: regular practice
- Sept 18, 19: regular practice
- Sept 25 ,Sept 26: regular practice
- October 2, 3: regular practice
- *Friday, October 9:* NO PRACTICE. *Crawfish Next Gen meet. (Novice, 9 & U, Age Group)*
  Meet Info/Sign up: http://www.crawfishaquatics.com/calendar/crawfish-next-gen-meet-baton-rouge
- October 10: NO PRACTICE. CA October (Magic in the Middle) meet.
  **only swimmers in AG2, AG3 are eligible and will be emailed info about this meet*
- October 16, 17: regular practice
- October 23: NO PRACTICE. Middle School Swim Championship
- October 24: regular practice
- Fri, October 30: no practice due to the CCSL Championship at CA
- October 31: Practice moved to 9:00-10:15am due to CCSL Championship meet at CA.
- November 6, 7: regular practice
- *Friday, November 13:* NO PRACTICE. *Crawfish Next Gen Meet (Novice, 9 & U, Age Group)*
  Meet Info/Sign up: http://www.crawfishaquatics.com/calendar/crawfish-next-gen-meet-baton-rouge-1
- November 14: NO PRACTICE. CA November Classic (9 & U 3, AG 2, AG 3)
  **only swimmers in 9 & U3, AG2, AG3 are eligible and will be emailed info about this meet*
- November 20: regular practice
- Saturday 21: NO PRACTICE. CA Fitter Faster Camp. More Information TBA
- *Wednesday, November 25- Saturday, November 28: No practice.*
- December 4, 5: regular practice.
- Friday, December 11: *Crawfish Next Gen Meet (Novice, 9 & U, Age Group)*
  Meet Info/Sign up: http://www.crawfishaquatics.com/calendar/crawfish-next-gen-meet-baton-rouge-2
- December 12: NO PRACTICE. CA December one Day Meet
  **only swimmers in 9 & U3, AG2, AG3 are eligible and will be emailed info about this meet*
- Last week of Practice for 2026: Mon, Dec 7 to Thurs, Dec 10. Resume Jan 6/7, 2027.