



Want to know how to continue swimming with Crawfish Aquatics after the Middle School season? We've answered ALL of your enrollment, group & swim meet questions:

Group to Enroll: The Age Group division is one of our year round team groups, which also means you can join at any time. So if you don't continue swimming now we hope to see you back this spring and summer to prepare for your next school year season! Evaluations for Junior/Senior or Adv Age Group will be made as we approach Thanksgiving holiday.

Practice Schedule & Enrollment

Enrollment

-Registration fee of \$5 is processed with your online enrollment. Registration is processed online through our Team Unify registration website. If you participated in the CA Middle School training groups, you already have an account and will follow the registration link then sign in when prompted.

-Monthly dues are posted on the 1st of each month to your preferred credit card or bank account. Age Group is \$90 per month. Swimmers joining from the Middle School swim league will be given a special rate of \$75 in the month of November.

-Middle School swimmers can begin practice on October 22 immediately following the MS Championships! Get the last week of October free! When you register online you will make a payment for the \$5 prorated annual registration fee and the first dues payment will be posted on November 1 (special discount of \$75 for MS Swimmers in their first month/November!)

-Swim Team groups run year-round and enrollment is on a monthly basis. An adjusted schedule for Age Group will be run in December (Dec 1-15) and dues for the month will be prorated to \$35. Practices will resume on January 7 at the regular schedule.

-Swimmers remain active on the roster until withdrawn through our online form. Parent resources are available here: <http://www.crawfishaquatics.com/swim-team/parent-resources/>

REGISTER

More Group info: <http://www.crawfishaquatics.com/swim-team/groups/groups-baton-rouge/>

Registration page: https://www.teamunify.com/MemRegStart.jsp?team=laca&event_id=939215

Practice Schedule

-Age Group practice group enrollment is Mon/Wed/Fri or Tues/Thurs/Sat.

-Mon/Wed and Tues/Thurs practices from 5:30-6:45.

-Fri practice is 4:45-6:00pm; Sat practice is 9:15-10:30am.

-There is flexibility to switch between Fri and Sat practice as needed. *Note that there are some Fridays and Saturdays that the group will not practice (this is announced in advance in the weekly Enews email).*

-Swim meets are offered once per month (sometimes more) with many local options at the BR location or nearby Lafayette or New Orleans. Swimmers are not required to compete but encouraged to participate!



Determining Group Placement

Most Middle School Swimmers will begin in our Age Group Division, one of our year round swim team groups. Evaluations for Junior/Senior division or Advanced Age Group will take place later in November during regular practice sessions with group moves taking place after the Thanksgiving break. If a more appropriate group placement is needed, we will make that transition prior to the Thanksgiving break.

Let's talk SWIM MEETS

- We offer many local swim meets at Crawfish Aquatics on Friday afternoon or Saturday morning! Developmental meets are usually 1 hour or less. The USA Swimming sanctioned meets are more "full" sessions, 3 hours typically. There is an online reg link for each meet on the website.
- Full list of upcoming meets: <http://www.crawfishaquatics.com/swim-team/meet-information/>
 - Nu Wave Fall Invitational, Nov 3-4 Age Group 2 & 3 (requires USA Swim Membership)
 - CA Developmental Meet, November 10 (Age Group- all levels)
 - CA Developmental Meet, December 15 (Age Group- all levels)
- Swim Meet Apparel Requirements: None for Age Group division! However, we love to see our swimmers in the CA black logo cap at our meets (if wearing a cap, this is the cap they must wear at the meet) and if you plan to swim in meets, we encourage a team suit also.
 - Team suits can be purchased through DJ Sports (online store link is on our website under Team < Outfitting & Apparel. There is the "official" Arena brand team suit or the Dolfin brand suit which is a lower price point but a great option/great suit.

How December works

- Age Group runs year-round, so swimmers will remain active on rosters through December & January unless a drop form is completed. Practices will be run Dec 1-15 and then groups will be on a practice break Dec 17-Jan 4. <http://www.crawfishaquatics.com/swim-team/parent-resources/>
- December will be pro-rated to \$40 due to following a partial month schedule.
- See website schedule for details regarding the weeks of December 17-January 4
 - Swimmers signed up for the TAQ Mardi Gras meet in January will have some practice options during Dec 17-Jan 4.

Learn More about what is coming up at Crawfish Aquatics

Enews is sent out & posted each Monday and is the "go to" resource to keep you connected:
<http://www.crawfishaquatics.com/swim-team/weekly-newsletter/>

Connect with Crawfish Aquatics online

- Facebook: www.facebook.com/crawfishaquaticsbatonrouge
- Instagram: [crawfishaquatics.br](https://www.instagram.com/crawfishaquatics.br)
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