



# LA 2023 Crawfish Aquatics Summer Invitational

## Crawfish Aquatics Pool, Baton Rouge

### June 24-25, 2023

#### **Meet Sanction and Host Team**

This meet is sanctioned by Louisiana Swimming, Inc., Sanction #  
Crawfish Aquatics, LLC Meet Host

#### **Meet Administration**

Erik Cooper                      Meet Referee  
OJ Mesina                         Meet Director, [meets@crawfishaquatics.com](mailto:meets@crawfishaquatics.com)

#### **Meet Schedule**

***Final schedule will be published to the website the Tuesday prior to the meet.***

- Saturday, Session 1. 12 & Older: Warm Up 7:30am. Meet Begins 8:30am.
- Saturday, Session 2. Distance (13 & O / 12 & U): Warm Up 10:00am. Meet Begins 10:40am.  
[warm up during Session 1 outside]
- Saturday, Session 3. 12 & Under: Warm up 11:30am. Meet Begins 12:15pm.
- Sunday, Session 4. 12 & Older: Warm Up 7:30am. Meet Begins 8:30am.
- Sunday Session 5: 12 & Under: Warm up 11:30am. Meet Begins 12:15pm.

#### **Facilities**

-Crawfish Aquatics, located inside Ketcham Health & Fitness Bldg., campus of Jimmy Swaggart Ministries,  
**7150 Bluebonnet Boulevard, Baton Rouge, La. 70810**

-Indoor, heated, eight-lane 25 yard pool. Non- turbulent lane ropes, lane width seven feet

-Separate warm-up/warm-down area available.

-Colorado 6000 electronic timing system with Infinity starter, touch pads with button and stopwatch backup.

#### **Parking**

Crawfish Aquatics parking lot is located off of Anselmo Lane. Do not park in the Ketcham Fitness lot off of Bluebonnet! From Bluebonnet, turn on Anselmo and follow it past the Capital One Bank. Turn left at the first paved road, Crawfish Aquatics sign. Continue 1/4 mile, the pool is in the first building on the left.

#### **COVID 19/ Facility & Meet Guidelines**

All local guidance and health protocols including, but not limited to gathering limits, sanitization processes, and social distancing will be followed to safely conduct this competition. As guidelines change frequently, we will publish final competition/facility guidelines for the event 5 days prior to the meet.

#### **Rules and Meet Regulations**

-Current USA Swimming technical and administrative Rules, including the Minor Athlete Abuse Prevention Policy ("MAAPP"), will govern this meet.

-All applicable adults participating in or associated with this meet, acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy ("MAAPP"), and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition.

-“Swimmers with a disability as described in the USA Swimming Technical Rules, Article105, shall be permitted to enter any meet sanctioned by Louisiana Swimming Inc.”

-Coaches and officials (meet directors, referees, starters, and stroke and turn judges) are required to show proof of USA Swimming membership. The Meet referee reserves the right to ask for coach credential display and/or deny deck access if coach does not comply or card is no longer valid or current.

-All meet directors, referees, starters, and stroke and turn judges, serving in an official capacity must be members of USA Swimming.

-It is understood and agreed that USA Swimming and Louisiana Swimming, Inc. shall be free from any liabilities or claims for damages arising by reason of injury to anyone during the conduct of the event.

-Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms, or locker rooms.

-Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any times athletes, coaches, officials and/or spectators are present. Exceptions may be granted with prior written approval by the Crawfish Aquatics Meet Director.

### **Pool Measurement and Depth**

-The competition course has been certified in accordance with 104.2.2C (4). The copy of such certification is on file with USA Swimming.

The water depth as measured for 1 meter from the wall to 5 meters from the wall is as follows:

Start End: 13'      Turn End: 4'

### **Eligibility**

-The meet is open to Crawfish Aquatics swimmers from eligible groups and invited USA Swimming teams.

-No entrant will be permitted to compete unless the entrant is a member of USA Swimming as provided in Article 302.

-Swimmer's age as of June 24, 2023 determines age for the meet.

-Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

### **Conduct**

-All events are timed final events, swum slowest to fastest. Meet Management reserves the right to combine female/male events.

-Event Limit- 3 Individual Per Session.

### **Entry Deadline**

-All meet entries are due by Thursday, June 15, 2023.

-Deck entries will be accepted at the discretion of the Meet Director and the fee is double and payable at the time of entry. This includes ANY changes from one event to another during the meet.

**Entry Fees**      \$4.00 per event  
                         \$8.00 LA Swimming swimmer surcharge,  
                         \$7.00 facility charge (per swimmer, includes digital heat sheet)

### **Meet Program**

The meet program ("heat sheet") will be posted online ([www.crawfishaquatics.com](http://www.crawfishaquatics.com)) and through the Meet Mobile app the Thursday prior to the meet. There will not be any meet program sales at the event.

### **Scoring**

- There is no scoring for this competition.

### **Awards**

-There are no awards.

### **Timing Assignments**

-Each team will provide timers in proportion to meet entries in a session.

- Events in Sessions 2 & 6 will be provide own timer.
- Timers will report 10 minutes prior to the start of each session.

**Warm-up & Procedures**

- Lane assignments to be announced prior to the start of warm-up.
- USA Swimming rules require that all warm-ups must be closely supervised by a certified USA Swimming coach or team representative. The Meet Referee shall assist the athlete in making arrangements for such supervision.

**Deck Changing:**

Changing into or out of swimsuits other than in locker rooms or other designated areas is not permitted.

**Order of Events**

<b>Saturday</b>		<b><u>SUNDAY</u></b>	
<b>Session 1</b>	<b>12 &amp; Over</b>	<b>Session 4</b>	<b>12 &amp; Over</b>
<u>MIXED</u>		<u>MIXED</u>	
1	200 Free	15	200 IM
2	100 Breast	16	200 Fly
3	200 Back	17	100 Back
4	100 Fly	18	200 Breast
5	50 Free	19	100 Free
			** 10 Minute Break
<b>Session 2</b>	<b>DISTANCE 1</b>	<b>20</b>	800 12 & Over
<u>MIXED</u>		<b>21</b>	1500 12 & Over
<b>6</b>	400 IM- 12 Under		
<b>7</b>	400 IM- 13 & Over		
<b>8</b>	400 Free- 12 Under		
<b>9</b>	400 Free- 13 & Over		
<b>Session 3</b>	<b>12 and Under</b>	<b>Session 5</b>	<b>12 and Under</b>
<u>MIXED</u>		<u>MIXED</u>	
10	200 Free	22	200 IM
11	50 Back	23	50 Fly
12	100 Fly	24	100 Back
13	50 Free	25	50 Breast
14	100 Breast	26	100 Free

***\*All Events in Session 2 and Events 20, 21 are provide own timer***

### **Condition of Sanction**

As a condition of this sanction, HOST TEAM agrees to comply and to enforce all COVID 19 health and safety mandates and guidelines (including face coverings, social distancing, and mass gatherings) of USA Swimming, Louisiana Swimming, the State of Louisiana, local jurisdictions, and the HOST TEAM Meet Plan detailed below. Meets conducted in violation of these requirements and safety plans are subject to having the sanction revoked and will not be issued sanctions for future meets during the COVID 19 sanctioning period.

### **Assumption of Risk Disclaimer**

The HOST CLUB has taken enhanced health and safety measures for athletes, coaches, officials, spectators, and others participating in this meet. You must follow all safety instructions in the following meet sanction. An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. Senior citizens and those with underlying medical conditions are especially vulnerable. By attending this meet, you assume all risks related to exposure to COVID- 19.

### **Post Meet**

- Full Results and Scores will be posted online following the meet
- Results will be posted to Meet Mobile during the meet (as frequently as possible)
- All shared equipment (i.e. chairs, watches, clipboards, official's equipment), locker rooms & portable toilets will be sanitized)

### **Additional Items**

- Concessions will not be provided at this time- please plan accordingly
- Restrooms
  - Portable Toilets are outside and available for usage

### **SPECTATOR LIMITATIONS**

Spectators are allowed, but limited to two spectators per athlete. They will be able to watch the competition from outside the garage doors to limit our indoor count in the facility. There is a yellow rope that is blocking them from coming into the facility and on deck. There is also a live stream available and more information can be found on our meet page as the platform and source may change. By having the stream we will have fewer additional people allowing for greater participation by athletes in the competition.

### **PARENTAL ACCESS FOR SAFE SPORT**

Parents are allowed to be at the competition as spectators, meet administration, timers and officials and all safe sport rules documented later are applicable.