

# **2023 CA Winter Invitational Warm Up and Timing Assignments**

## **Friday Afternoon Warm-up and Timing Assignments**

**Warm Up:** 4:15-5:00pm

**Meet Start:** 5:15pm

### **Scoreboard End**

Lane 1 HSC  
Lane 2 HSC  
Lane 3 HSC  
Lane 4 HSC  
Lane 5 TRST  
Lane 6 TRST  
Lane 7 SLST  
Lane 8 SLST

### **Recordboard End Pool**

Lane 1 GCSC/Elmwood  
Lane 2 NuWave  
Lane 3 CRAW  
Lane 4 CRAW  
Lane 5 CRAW  
Lane 6 CRAW  
Lane 7 CRAW  
Lane 8 CRAW

### **Outdoor Pool**

Lane 1 CRAW  
Lane 2 CRAW  
Lane 3 CRAW  
Lane 4 CRAW  
Lane 5 CRAW  
Lane 6 CRAW  
Lane 7 CRAW  
Lane 8 CRAW

**Timing- 1 per lane**  
Lanes 1-8 CRAW

**\*Provide Own Timer for 1000 and 1650 Free\***

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## **15 & O Session Warm-Up and Timing Assignments- Saturday & Sunday**

**First Warm up:** 7:00-7:25am, Crawfish/TNT

**Second Warm up:** 7:30-7:55am

**Meet Start:** 8:05am

### **Scoreboard End Pool**

Lane 1 TRST  
Lane 2 TRST  
Lane 3 HSC  
Lane 4 HSC  
Lane 5 NuWave  
Lane 6 NuWave  
Lane 7 GCSC  
Lane 8 Elmwood

### **Recordboard End Pool**

Lane 1 Riptide  
Lane 2 FINS  
Lane 3 SLST  
Lane 4 SLST  
Lane 5 Open  
Lane 6 Open  
Lane 7 Open  
Lane 8 Open

### **Timing- 1 per lane**

Lane 1 CRAW  
Lane 2 CRAW  
Lane 3 CRAW  
Lane 4 CRAW  
Lane 5 CRAW  
Lane 6 CRAW  
Lane 7 TRST- Saturday  
Lane 7 NuWave- Sunday  
Lane 8 HSC- Saturday  
Lane 8 SLST- Sunday

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## **10 & U Warm-Up and Timing Assignments- Saturday & Sunday**

**Warm up:** 10:15-10:40am

**Meet Start:** 10:50am

### **Scoreboard End Pool**

Lane 1 HSC  
Lane 2 HSC  
Lane 3 HSC  
Lane 4 HSC  
Lane 5 TRST  
Lane 6 TRST  
Lane 7 Elmwood  
Lane 8 Riptide

### **Recordboard End Pool**

Lane 1 NuWave  
Lane 2 NuWave  
Lane 3 NuWave  
Lane 4 CRAW  
Lane 5 CRAW  
Lane 6 CRAW  
Lane 7 CRAW  
Lane 8 CRAW

### **TIMING- 1 per lane**

Lane 1 CRAW  
Lane 2 CRAW  
Lane 3 CRAW  
Lane 4 CRAW  
Lane 5 HSC  
Lane 6 HSC  
Lane 7 NuWave  
Lane 8 TRST

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## 11-14 Session Warm-Up and Timing Assignments- Saturday & Sunday

**First Warm up:** 12:30-12:55pm, Crawfish

**Second Warm up:** 1:00-1:25pm      **Meet Start:** 1:35pm

### Scoreboard End Pool

Lane 1 GCSC  
Lane 2 Elmwood  
Lane 3 Elmwood  
Lane 4 Elmwood  
Lane 5 TRST  
Lane 6 TRST  
Lane 7 TRST  
Lane 8 TRST

### Recordboard End Pool

Lane 1 NuWave  
Lane 2 NuWave  
Lane 3 NuWave  
Lane 4 HSC  
Lane 5 HSC  
Lane 6 HSC  
Lane 7 HSC  
Lane 8 HSC

### TIMING- 1 per lane

Lane 1 CRAW  
Lane 2 CRAW  
Lane 3 CRAW  
Lane 4 CRAW  
Lane 5 CRAW  
Lane 6 HSC  
Lane 7 TRST  
Lane 8 NuWave- Saturday  
Lane 8 Elmwood- Sunday

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