

Read this on our website: http://www.crawfishaquatics.com/swim-team/weekly-newsletter/

# **Announcements & Reminders**

- No Practices Friday June 21st or Saturday, June 22nd for any group due to the meet. There will be no practices on Friday or Saturday for any group due to the meet this weekend in Baton Rouge. There is also a summer club meet hosted at our pool Saturday.
- Senior Training Day on Friday, June 21st is cancelled.

  Due the length of the Friday evening session of the meet, the Senior Coaching Staff has decided to cancel the Senior Training Day for our members in Senior Red, White, and Black. We plan on having another one in the future.
- <u>Swim Meet Questions? Need to order a Team Suit?</u>
  -Meet FAQ- <u>http://www.crawfishaquatics.com/swim-team/parent-resources/swim-meet-faqs/</u>
  -Team Suits-<u>http://www.crawfishaquatics.com/swim-team/team-outfitting/</u>

# RSVP for the Pre-State Meet Team Dinner, July 7

We will come together to share a meal and make posters on Sunday, July 7 in preparation for the upcoming State Championship meets. <u>Dinners will be hosted at each location.</u> Crawfish Aquatics will provide the spaghetti and we are asking for families to sign up to bring salads, bread, fruit or desserts. <u>Dinner will be served at 5:30pm! RSVP online for the Baton Rouge location here:</u> <a href="http://www.crawfishaquatics.com/calendar/championship-season-team-dinner-nicholls">http://www.crawfishaquatics.com/calendar/championship-season-team-dinner-nicholls</a>

# **CA Summer Invitational this weekend- Meet Updates**

We are pleased to have such a large turnout for the meet this Friday and Saturday! Please review the meet updates below and on the website.

- Athlete entry report and psych sheet are posted.
- Updated Meet Schedule is posted. Crawfish has the first warm up for each meet session (3:30-4:00pm on Friday, 7:30-8:00am on Sat for 12 & U, 11:30am-12pm Sat for 13 & O).
- Volunteers- we will need many hands to help with timing, hospitality snacks, officials, grilling on Friday afternoon. Please sign up sooner than later for a slot. Please note that Friday evening is a FULL 4 hour session (we start the meet with 41 heats of 50 Free!). CA staff along with a few volunteers will cover timing for the 200 Free but will need parents to cover the first 5 shifts.

http://www.crawfishaquatics.com/calendar/ca-summer-invitational-2019

# Practice Schedule: Week of June 17

#### 8 & Under

- -Mon 4:30-5:30pm
- -Tues-Thurs 8:30-9:30am

### Age Group

- -Mon 4:30-5:30pm
- -Tues-Thurs 8:30-9:30am

### • Junior Group

- -Mon, Tues, Thurs, Fri, 7:00-8:30am
- -Wed swim 7:00-8:30am, dryland 8:40-9:10am
- Friday, No Practice due to the Meet

#### Senior Red

- -Mon, 4:00-5:30pm
- -Tues/Thurs 9:00-10:30am
- -Friday cancelled due to Crawfish Swim Meet
- -Sat Cancelled due to Summer Club Meet

#### Senior White

- -Mon to Thurs, 7:00-9:00am
- -Tues dryland 3:00-3:45pm, swim 4:00-5:30pm
- -Fri Cancelled due to Crawfish Meet
- -Sat Cancelled due to Summer Club Meet

### Senior Black

- -Mon to Thurs, 7:00-9:00am
- -Mon/Wed, 2:00-4:00pm
- -Tues dryland 3:00-3:45pm, swim 4:00-5:30pm
- -Fri Cancelled due to Crawfish Meet
- -Sat Cancelled due to Summer Club Meet

# **Rate or Review Crawfish Aquatics Online!**

Sharing of your positive experience with Crawfish Aquatics swim lessons and swim team is one of the best methods to grow our program and help other parents looking for a place to grow their child as an athlete and to learn water safety and life skills in a positive environment. Please consider making a review or rating on one of these platforms:

- Rate & Review us on Google! Crawfish Aquatics, Baton Rouge: <a href="https://goo.gl/1sPxqS">https://goo.gl/1sPxqS</a>
- Rate & Review us on Yelp! Crawfish Aquatics, Baton Rouge: https://tinyurl.com/yd8x9n6x

# **Upcoming Events Schedule & Important Dates**

### Eligible Groups for each meet are listed on the specific meet info page on the website.

Full Meet Calendar: <a href="http://www.crawfishaguatics.com/swim-team/meet-information/">http://www.crawfishaguatics.com/swim-team/meet-information/</a>

- June 20-21: CA Summer Invitational http://www.crawfishaquatics.com/calendar/ca-summer-invitational-2019
- July 7: Pre-State Meet Team Dinner. Sign up for Nicholls location dinner: <a href="http://www.crawfishaquatics.com/calendar/championship-season-team-dinner-nicholls">http://www.crawfishaquatics.com/calendar/championship-season-team-dinner-nicholls</a>
- July 11-14: Sectional Championship in Austin <a href="http://www.crawfishaquatics.com/calendar/sectional-championship-lc-2019">http://www.crawfishaquatics.com/calendar/sectional-championship-lc-2019</a>
- July 12-14: 12 & Under Long Course State Championship

  Sign up: http://www.crawfishaquatics.com/calendar/2019-12-under-long-course-state-championship
- July 18-21: 13 & Older Long Course State Championship

  Sign up: http://www.crawfishaquatics.com/calendar/2019-long-course-13-older-state-championship

### End of Summer /Fall 2019 Schedule & Practice notes

- o July 26-August 10: End of Summer Season Practice Break (no practice, all groups)
- o August 12: Resume School Year Practice Schedule, Junior/Senior
- o August 12-13: NEW swimmer placement evaluations.
- August 14/15: Resume School Year Practice Schedule, 8 & U/Age Group (Wed/Thurs)

### **Fundraising Policy**

Fundraising obligations allow flexibility for families and a lower monthly dues amount, which is reviewed annually by our staff. You can utilize the fundraisers (Swim-A-thon or the Business Sponsor program) or have the amount post to your May and December invoices. 50% of your family's obligation is invoiced/due in May and the other 50% is invoiced/due in December. **Review full policy from the handbook here:** 

http://www.crawfishaquatics.com/docs/Crawfish Aquatics Fundraising Policy Nicholls.pdf
\*\*There is a 6-month grace period for new members before fundraising obligation begins.

# **Invoice questions? Log in to your Team Unify account!**

- To view past or upcoming invoices or change your payment method, log in to your Team Unify account! <a href="https://www.teamunify.com/team/laca/page/home">https://www.teamunify.com/team/laca/page/home</a>
- <u>Team Unify app</u>: Connect to your TU account through the app and access account, billing, event info & more! <a href="https://www.teamunify.com/swim-team-management-software/swim-app/">https://www.teamunify.com/swim-team-management-software/swim-app/</a>

#### **Connect with Crawfish Aquatics online**

- Rate & Review us on Google! Crawfish Aquatics, Baton Rouge: <a href="https://goo.gl/1sPxqS">https://goo.gl/1sPxqS</a>
- Rate & Review us on Yelp! Crawfish Aquatics, Baton Rouge: https://tinyurl.com/yd8x9n6x
- Facebook: www.facebook.com/crawfishaguaticsbatonrouge
- Instagram: https://www.instagram.com/crawfishaguatics.br/
- Twitter: https://twitter.com/crawfishaquatic
- Website: www.crawfishaquatics.com
- Meet Mobile app: This is a good app to have for searching meet results!