



Read this on our website: <http://www.crawfishaquatics.com/swim-team/weekly-newsletter/>

Facility Guidelines and Procedures

Please take a moment to review our Facility Guidelines, procedures and protocols for athletes and family members at Crawfish Aquatics. While we are thrilled to enter our sixth week back at the facility, it is imperative that everyone continue to follow these guidelines so that Crawfish Aquatics can continue to responsibly offer all of the programming currently taking place.

http://www.crawfishaquatics.com/docs/Swim_Team_Facility_Guidelines_Nicholls.pdf

Announcements & Reminders

- **Swim-A-Thon Caps are ready for pick up at the Office**
Once you sign up for the Swim-A-Thon and get your first online donation, you will get your navy cap at practice (head to the Info Booth)! Wear it every day at practice and of course at the Swim-A-Thon! Whether you are acquiring event sponsors or not, all participants will need a SAT cap for the event; these can also be purchased on the SAT website (and then picked up at the Info Booth following your online order/payment).
- **Summer Practice Schedule**
- http://www.crawfishaquatics.com/docs/Schedule_June_8_to_July_26.pdf



Upcoming Events Schedule and Important Dates

- **July 3-4:** No Practices for any group (Senior, Junior, Age Group, 8 & U)
- **July 10:** Crawfish Aquatics Swim-A-Thon and Silent Auction (*This is our annual fundraiser originally scheduled for April 4*). SAT website: <https://crawfishaquatics.dojiggy.com/>
- **July 24:** CA Developmental Meet (Novice, 8 & U, Age Group)
<http://www.crawfishaquatics.com/calendar/ca-developmental-meet-at-ca-br>
- **July 25-26:** CA Summer Meet (Junior, Senior Prep, Senior)
<http://www.crawfishaquatics.com/calendar/ca-summer-meet-2020>
- **July 30:** Final practice for the Summer Season for Junior, Age Group, and 8 & U
- **August 10:** resume practice for Senior, Junior and at school year schedule
- **August 10-11:** New Swimmer Placement evaluations
- **Aug 12-13 or Aug 17-18:** resume practices for Age Group and 8 & U at school year schedule.

Safe Sport: Request for our Athletes (12yrs+) and Parents

We have posted some resources from USA Swimming and the Safe Sport program. We are requesting that parents and/or parents and athletes review the Safe Sport info and take the online training course. We are in the process of obtaining a Safe Sport designation with USA Swimming and our membership participation in the online training is a crucial component.

More info here: <http://www.crawfishaquatics.com/swim-team/safe-sport/>

CA Developmental Meet: Friday, July 24

Developmental meets offer a great first meet experience for both swimmers and parents!

Eligible athletes are in the Novice, 8 & U and Age Group division.

- **Session 1:** 8 & Under and Age Group division swimmers ages 4-10yrs
4:00-4:15pm warm up and meet starts 4:30pm
 - **Session 2:** Age Group division swimmers ages 11 & Older
5:30-5:50pm warm up and meet starts 6:00pm
 - Sign up here: <http://www.crawfishaquatics.com/calendar/ca-developmental-meet-at-ca-br>
-

Crawfish Summer Meet: July 25-26

We are excited to have our swimmer RACE at the end of the Summer! Meet procedures and protocols will be announced closer to the meet date (limitations on spectators, event line up procedures, etc.).

Eligible Athletes:

- Senior, Junior, Age Group and 8 & U.
**Coaches Ali and Sara will let the swimmers and families know which meet to sign up for. This applies to the Developmental Meet or the Crawfish Summer Meet.*
- Sign up here: <http://www.crawfishaquatics.com/calendar/ca-summer-meet-2020>

Sanctioned USA Swimming Meet: We are awaiting meet sanction updates from LA Swimming but fully plan to sanction the meet so that times are officially submitted to the USA Swimming database (SWIMS). However, even if we cannot obtain a meet sanction, we will run the meet as outlined in the meet invitation.

Stars & Strokes! Swim-A-Thon Countdown: 18 days

Our annual SAT event did not take place on April 4 but we are excited to reschedule to July 10 and we want to invite YOUR swimmer to take part in the fun!

Who participates? EVERYONE! Whether you are using SAT to meet your annual fundraising obligation or not, we want ALL our swimmers to take part in the Swim-A-Thon team event!

Schedule:

-RSVP

-July 10, 10:15am-12:00pm for Senior division

-July 10, 10:30am-12:00pm for Junior division

-July 10, 11:00am-12:00pm for 8 & U and Age Group

-Food will be served following completion of SAT. Arrive no more than 15 minutes prior to the start time.

-Pie Face Coach OJ (Fri @ 12:05pm).

Raffle winner will be announced July 9. [Purchase Raffle Tickets!](#)

You will need a **navy cap for the actual event day**, which you receive once you register and receive your first \$10 online donation. OR, purchase your event cap through the [Products page of the SAT site](#).

Event Shirts Restock: we are placing one more shirt order and will take orders on the website Tues-Thurs of this week. Order options will be updated on the [Products page](#) of the SAT site.

Silent Auction: Don't forget that we will also **host an online auction!** If you have an item that you solicited on behalf of the event, please email the info to office.br@crawfishaquatics.com ASAP and drop off by July 1.

More about this event: Each April Crawfish Aquatics hosts a Swim-A-Thon and Silent Auction fundraising event, one of our most important sources of income for those items outside our normal operating expenses. It is a fun team event, social and highlight each year, especially as we watch our youngest athletes swim MORE LAPS than they (or their parents!) thought possible. A successful fundraiser allows us to meet our annual budget needs, make capital improvements, and support our Community Outreach Swim Lessons and Scholarships.

BE THE HIGHEST EARNER & YOU (+3) ARE HEADING TO THE OLYMPIC TRIALS -JUNE 2021!

Quick Links

- [Products page](#) (purchase Raffle tickets, Event Swim Caps, Event t-shirt)
 - [Lap Goals by Group](#)
 - [Prizes](#)
 - [Event website](#)
-

[Connect with Crawfish Aquatics online](#)

- [Facebook: www.facebook.com/crawfishaquaticsbatonrouge](#)
 - [Instagram: https://www.instagram.com/crawfishaquatics.br/](https://www.instagram.com/crawfishaquatics.br/)
 - [Twitter: https://twitter.com/crawfishaquatic](https://twitter.com/crawfishaquatic)
 - [Website: www.crawfishaquatics.com](http://www.crawfishaquatics.com)
 - [Rate & Review us on Google!](#) Crawfish Aquatics, Baton Rouge: <https://goo.gl/1sPxqS>
 - [Rate & Review us on Yelp!](#) Crawfish Aquatics, Baton Rouge: <https://tinyurl.com/yd8x9n6x>
 - [Meet Mobile app:](#) This is a [good app to have](#) for searching meet results!
-

[Team Suit and Training Equipment Requirements](#)

View Info/Order here: <http://www.crawfishaquatics.com/swim-team/team-outfitting/>

- [Team Suit Orders](#) through DJ Sports online (Arena or Dolphin- use sort menu on left).
 - Not required for Novice, 8 & U or AG. There is a sizing kit available in the office to check sizes before order. Wear a black Crawfish cap at the meets!
 - Ordering is available all year long.
 - There is a sizing booth at the Info Booth that you can use to check sizes before ordering!
- [Training Equipment:](#)
 - Junior Red/White and Senior Division have equipment requirements. These are listed on the website by group. Equipment can be ordered through the DJ Sports link.

Invoice questions? Log in to your Team Unify account!

- To view past or upcoming invoices or change your payment method, log in to your Team Unify account! <https://www.teamunify.com/team/laca/page/home>
 - Team Unify app: Please note that the app does not show billing history- you will need to log in to your account through the TU website for that. <https://www.teamunify.com/swim-team-management-software/swim-app/>
-

Fundraising Policy

Fundraising obligations allow flexibility for families and a lower monthly dues amount, which is reviewed annually by our staff. You can utilize the fundraisers (Swim-A-thon or the Business Sponsor program) or have the amount post to your May and December invoices. 50% of your family's obligation is invoiced/due in May and the other 50% is invoiced/due in December. **Review full policy from the handbook here:**

http://www.crawfishaquatics.com/docs/Crawfish_Aquatics_Fundraising_Policy_Nicholls.pdf

***There is a 6-month grace period for new members before fundraising obligation begins.*

Withdraw from Program/ Pause Membership

Monthly enrollment groups can be cancelled with completion of this form, by the 25th of the month prior to your "drop month". Please note that Novice division groups are seasonal, not monthly, and swimmers are not automatically renewed season to season. Additionally, swimmers that joined 8 & U or Age Group for the Summer season will not be automatically renewed in the Fall and will require re-enrollment to continue (therefore an end of Summer "drop" is not required).

Withdrawal form: http://www.crawfishaquatics.com/crawfish_aquatics_withdrawal_form
