



Read this on our website: <http://www.crawfishaquatics.com/swim-team/weekly-newsletter/>

## **Announcements & Reminders**

- **Week of July 1<sup>st</sup> Practice Schedule**
  - Please see the following link for the practice schedule for the week of July 1<sup>st</sup>.
  - [Practice Schedule Week of July 1<sup>st</sup>](#)
- **Week of July 1<sup>st</sup> Practice Schedule**
  - Here is the link to the [Fall Practice Schedule](#)
  - Roster Assignments will be sent out following the 12 and under and 13 over state meets.
- **Championship Meet Countdown**
  - Speedo Sectional Championship- 11 days
  - 12 & U State Championship- 12 days
  - 13 & O State Championship- 18 days
  - 8 & Under Championship- 26 days
- **RSVP for the Pre-State Meet Team Dinner, July 7**
  - We will come together to share a meal and make posters on Sunday, July 7 in preparation for the upcoming State Championship meets. Dinners will be hosted at each location. Crawfish Aquatics will provide the spaghetti and we are asking for families to sign up to bring salads, bread, fruit or desserts. *Dinner will be served at 5:30pm!* *RSVP online for the Nicholls location here:* <http://www.crawfishaquatics.com/calendar/championship-season-team-dinner-nicholls>
  - We only have a few families signed up. Please do not miss out on this great team bonding event!

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## **Win 4 Tickets to the 2020 Olympic Trials!**



Crawfish Aquatics is sending a family of 4 to Omaha to the final 3 days of the 2020 Olympic Trials to watch the races and see the complete Olympic Team Announced!

***What's included:***

- Flights (early Fri AM and return on Monday)
- Hotel (3 nights)
- FOUR (lower level at the turn end) Tickets to Friday Finals, Saturday Prelims/Finals, Sunday Finals

### ***How do you get in the running to win this trip?***

The top fundraiser in the 2020 Swim-A-Thon will win BIG next year! Our next Swim-A-Thon is scheduled for April 4, 2020. More details on the 2020 SAT, the upcoming Olympic Trials and Games and how to spread the swimming excitement in our communities to come!

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### **Sign up for State Championship Meets**

*All swimmers qualified for this meet must sign up through their TU account to confirm participation in the upcoming state championship meet (with the exception of Senior Black who are automatically entered).*

- **July 12-14: 12 & Under Long Course State Championship**  
*Hotel booking block has been extended to June 28.*  
*Sign up:* <http://www.crawfishaquatics.com/calendar/2019-12-under-long-course-state-championship>
  - **July 18-21: 13 & Older Long Course State Championship**  
*Sign up:* <http://www.crawfishaquatics.com/calendar/2019-long-course-13-older-state-championship>
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### **Looking ahead to the 8 & Under Championship at LSU, July 27**

The 8 & Under Championship at LSU is a one-day meet featuring the 25 yard of each stroke, 50 free, 100 IM and free/medley relays. This meet is a special championship meet for swimmers 8 years and younger only, with separate age divisions for 8-years, 7 years and 6 & under for competition and awards given up to 16th place.

***This meet requires USA Swimming registration-*** Athletes can be registered with the USA Swimming Flex Membership- it allows for 2 USA Swimming sanctioned meets each calendar year. Cost is \$20. Your online sign up through TU will be the "authorization" for the fee to be charged to your account on file.

***More meet info /sign up:*** <http://www.crawfishaquatics.com/calendar/8-under-regional-championship>

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### **Practice Schedule: Week of July 1**

Please see the following link for the practice schedule for the week of July 1<sup>st</sup>.

[Practice Schedule Week of July 1<sup>st</sup>](#)

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### **Upcoming Events Schedule & Important Dates**

***Eligible Groups for each meet are listed on the specific meet info page on the website.***

***Full Meet Calendar:*** <http://www.crawfishaquatics.com/swim-team/meet-information/>

- **July 7: Pre-State Meet Team Dinner.** *Sign up for Nicholls location*  
*dinner:* <http://www.crawfishaquatics.com/calendar/championship-season-team-dinner-nicholls>
- **July 11-14: Sectional Championship in Austin**  
<http://www.crawfishaquatics.com/calendar/sectional-championship-lc-2019>

- **July 12-14: 12 & Under Long Course State Championship**

Sign up: <http://www.crawfishaquatics.com/calendar/2019-12-under-long-course-state-championship>

- **July 18-21: 13 & Older Long Course State Championship**

Sign up: <http://www.crawfishaquatics.com/calendar/2019-long-course-13-older-state-championship>

### **End of Summer /Fall 2019 Schedule & Practice notes**

- July 26-August 10: End of Summer Season Practice Break (no practice, all groups)
  - August 12: Resume School Year Practice Schedule, Junior/Senior
  - August 12-13: NEW swimmer placement evaluations.
  - August 14/15: Resume School Year Practice Schedule, 8 & U/Age Group (Wed/Thurs)
  - August 19: Novice and Middle School Begin
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### **Fundraising Policy**

Fundraising obligations allow flexibility for families and a lower monthly dues amount, which is reviewed annually by our staff. You can utilize the fundraisers (Swim-A-thon or the Business Sponsor program) or have the amount post to your May and December invoices. 50% of your family's obligation is invoiced/due in May and the other 50% is invoiced/due in December. **Review full policy from the handbook here:**

[http://www.crawfishaquatics.com/docs/Crawfish\\_Aquatics\\_Fundraising\\_Policy\\_Nicholls.pdf](http://www.crawfishaquatics.com/docs/Crawfish_Aquatics_Fundraising_Policy_Nicholls.pdf)

*\*\*There is a 6-month grace period for new members before fundraising obligation begins.*

### **Invoice questions? Log in to your Team Unify account!**

- To view past or upcoming invoices or change your payment method, log in to your Team Unify account! <https://www.teamunify.com/team/laca/page/home>
- **Team Unify app:** Connect to your TU account through the app and access account, billing, event info & more! <https://www.teamunify.com/swim-team-management-software/swim-app/>

### **Connect with Crawfish Aquatics online**

- **Rate & Review us on Google!** Crawfish Aquatics, Baton Rouge: <https://goo.gl/1sPxqS>
- **Rate & Review us on Yelp!** Crawfish Aquatics, Baton Rouge: <https://tinyurl.com/yd8x9n6x>
- **Facebook:** [www.facebook.com/crawfishaquaticsbatonrouge](http://www.facebook.com/crawfishaquaticsbatonrouge)
- **Instagram:** <https://www.instagram.com/crawfishaquatics.br/>
- **Twitter:** <https://twitter.com/crawfishaquatic>
- **Website:** [www.crawfishaquatics.com](http://www.crawfishaquatics.com)
- **Meet Mobile app:** This is a [good app to have](#) for searching meet results!