



Read this on our website: <http://www.crawfishaquatics.com/swim-team/weekly-newsletter/>

Announcements & Reminders

- **Quick Reference Links**

- ***Don't Forget to Sign Up for the Kick-Off Meet! More Information Below!***
- ***Team Suit Orders through DJ Sports online*** (Arena or Dolfin- use sort menu on left) <http://www.crawfishaquatics.com/swim-team/team-outfitting/>
**Reminder- not required for Novice, 8 & U or AG. There is a sizing kit available at the Info Booth to check sizes before order. Wear a black Crawfish cap at the meets!*

Nationally Ranked Athletes

Each year USA Swimming recognizes athletes that are in the Top 20 in the country for each age group. Crawfish Aquatics has had numerous athletes over the years earn this special distinction and increasingly more athletes in recent years swim fast enough to be nationally ranked in the Top 20.

In the 2018-2019 year, we had our highest number of ranked swimmers in CA history: FOURTEEN (14!) Top 20 times posted! Congratulations to Collin Klingman, Jacques Rathle, Avery Henke, Rylee Moore and David Boylan on their results and rankings. See where they ranked along with our previously Top 20 ranked athletes here: <http://www.crawfishaquatics.com/swim-team/stats/>

CA Kick Off Meet and Lunch!

Join us as we kick off the 2019 Fall Season with our first swim meet and lunch afterward! This meet will be Crawfish Aquatics swimmers from the Baton Rouge location and is a great way to meet new team members.

Eligible athletes:

- 8 & Under, Age Group, Senior Prep, Junior & Senior
- Novice athletes will be notified by email the week of Sept 9 if eligible to compete in this first meet. Regardless, make plans to join us for the lunch after the meet!

Sign up & Meet Event Information: <http://www.crawfishaquatics.com/calendar/crawfish-kick-off-meet-nicholls>

Event Schedule CA Kickoff Meet

7:45-9:15 am Senior Red, Senior White, and Senior Black practice

8:45-9:15am warm up for all other groups

9:30am Meet Start Time

**once 8 & u warm up is finished, the 8 & unders will be organized into their race heats and walked straight to the bulkhead by the coaches to line up for their races.*

Practice Schedule: Week of September 9

- **Novice Division**
-Mon/Wed 6:30-7:30pm
 - **8 & Under**
-Mon-Thurs, 5:00-6:00pm
 - **Age Group**
-Mon-Thurs, 5:00-6:00pm
 - **Junior Red**
-Mon-Thurs, 6:00-7:15pm
-Tues Dryland, 5:20-5:50pm
-Sat 9:00-10:30am
 - **Junior White**
-Mon-Thurs, 6:00-7:30pm swim
-Tues Dryland, 5:20-5:50pm
-Sat Dryland 8:20-8:50am
-Sat 9:00-10:30am
 - **Senior Red**
-Mon-Thurs, 4:15-5:45pm
-Dryland Mon/Wed, 5:55-6:25pm
-Fri, 3:45-5:00pm
-Fri, 5:00-5:30pm Set up for Middle School Meet
 - **Senior White**
-Mon/Wed, 3:45-5:45pm (Abs Mon/Wed 5:45-6:00pm)
-Tues/Thurs, 3:45-5:30pm
-Dryland Tues/Thurs, 5:40-6:20pm
-Fri, 3:45-5:00pm
-Fri, 5:00-5:30pm Set up for Middle School Meet
-Sat, 7:00-9:00am
-No practice on Monday, September 2
 - **Senior Black**
-Mon/Wed, 3:45-5:45pm (Abs Mon/Wed 5:45-6:00pm)
-Mon/Fri, 5:00-6:30am
-Tues/Thurs, 3:45-5:30pm
-Dryland Tues/Thurs, 5:40-6:20pm
-Fri, 3:45-5:00pm
-Fri, 5:00-5:30pm Set up for Middle School Meet
-Sat, 7:00-9:00am
-No practice on Monday, September 2
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Upcoming Events Schedule & Important Dates

Eligible Groups for each meet are listed on the specific meet info page on the website. Full Meet Calendar: <http://www.crawfishaquatics.com/swim-team/meet-information>

- **September 21: Crawfish Kick Off Meet**
*All Groups eligible; Novice swimmers will be notified week of September 9.
Sign up: <http://www.crawfishaquatics.com/calendar/crawfish-kick-off-meet-nicholls>
- **October 19: CA Fall Invitational**
*Eligible groups: 8 and Under, Age Group, Junior Division, Senior division not in HS Swimming
Sign up: <http://www.crawfishaquatics.com/calendar/crawfish-aquatics-fall-invitational-ca-br>

2020 State Championship Meet Dates & Changes

***State Championship format and final age divisions will be determined by October 7.*

More info here: <http://www.crawfishaquatics.com/swim-team/meet-information/2020-state-championship-meet-information>

- February 13-16: Senior State Championship (Sulphur) Open or 13 & Older
- March 13-15: Age Group State Championship (LSU), 14 & Under or 12 & Under
- July 10-12: Age Group State Championship (LSU), 14 & Under or 12 & Under
- July 17-19: Senior State Championship (UNO), Open or 13 & Older

Invoice questions? Log in to your Team Unify account!

- To view past or upcoming invoices or change your payment method, log in to your Team Unify account! <https://www.teamunify.com/team/laca/page/home>
- **Team Unify app:** Connect to your TU account through the app and access account, billing, event info & more! <https://www.teamunify.com/swim-team-management-software/swim-app/>

Fundraising Policy

Fundraising obligations allow flexibility for families and a lower monthly dues amount, which is reviewed annually by our staff. You can utilize the fundraisers (Swim-A-thon or the Business Sponsor program) or have the amount post to your May and December invoices. 50% of your family's obligation is invoiced/due in May and the other 50% is invoiced/due in December. **Review full policy from the handbook here:**

http://www.crawfishaquatics.com/docs/Crawfish_Aquatics_Fundraising_Policy_Nicholls.pdf

***There is a 6-month grace period for new members before fundraising obligation begins.*

Connect with Crawfish Aquatics online

- Facebook: www.facebook.com/crawfishaquaticsbatonrouge
- Instagram: <https://www.instagram.com/crawfishaquatics.br/>
- Twitter: <https://twitter.com/crawfishaquatic>
- Website: www.crawfishaquatics.com
- Rate & Review us on Google! Crawfish Aquatics, Baton Rouge: <https://goo.gl/1sPxqS>
- Rate & Review us on Yelp! Crawfish Aquatics, Baton Rouge: <https://tinyurl.com/yd8x9n6x>
- Meet Mobile app: This is a [good app to have](#) for searching meet results!