

2019 SHORT COURSE STATE CHAMPIONSHIPS

THE WHOLE EXPERIENCE

Commitment is a driving force in competitive athletics, and that is always exemplified by Crawfish Aquatics athletes at the State Championship Meets each season. It is one trait that helped us win another combined Short Course Team Championship; our 13th Short Course Title in the history of CA. I witnessed this first hand at the 13 & Over meet as well as the 12 & Under meet.

At the first meet, I saw a handful of senior athletes competing in their final competition of their swimming careers. The conversations with Coach Billy and these athletes focused on Coach Billy expressing his gratitude for their commitment to their training, their teammates and to what he asked of them day in and day out over their time on the team. The athletes were emotional upon realization that this journey may be over, but the lessons of commitment learned will be carried on for a lifetime in all that they pursue.

I then witnessed an amazing example at LSU on Saturday evening during the second meet. Two athletes are in their final preparations for Sectionals and decided to come out to the meet to support the next generation of Crawfish athletes when they could have been home resting. And then even more senior group swimmers came on Sunday! We even had one of the senior swimmers on Saturday provide a five-minute pep talk to an athlete competing by sharing from her own experiences and providing a boost to help that younger athlete excel in her next two races of the evening. The result ended up being two event wins! More important than the wins that resulted in part from the conversation, is that our staff knows first hand, that the conversation made more of an impact than anything a parent or coach could have said at that moment. It meant that much more from a peer and one who had been in her shoes, just recently. It demonstrates the commitment that these senior athletes have to the team that has given them so much. They are committed to being better, but it makes me incredibly proud to see them committed to the next generation.

However, while I listed examples from two competitions, it is not just a 3.5 day or 2.5 day journey, and it is not just exemplified solely by our state team members. It is a trait that is shared in all team members, families and staff. It is one of the defining characteristics of being a part of Crawfish Aquatics. Even if athletes did not compete at State, each athlete, their parents and their coaches are equally as committed. It is a commitment to practice, to teammates, to coaches and to families. The results of those commitments go beyond fast swims. We see them in the lessons learned and the character developed that will be carried on through life. I want to commend all of our state team members, staff and **ALL** of our entire team on their continued commitment to everything we do and offer at Crawfish Aquatics. I look forward to celebrating 20 years of Crawfish Aquatics at our Swim-A-Thon and Silent Auction event here in Baton Rouge on April 13.

Dig Deep,

Coach Jayme



12 & UNDER STATE CHAMPIONSHIP

HIGHLIGHTS

TEAM RESULTS

First place scoring **1835 points**, over 700 points ahead of the second place team.

INDIVIDUAL WINNERS

11-12

Elizabeth Benoit - 500 Free, 200 Free, 100 Fly

Kate Fawley - 50 Free

Claire Smith - 50 Breast, 100 Breast, 100 IM, 200 IM, 100 Free

Kevin Zheng - 50 Free

Mathew Nguyen - 50 Breast, 100 Breast, 100 IM, 200 IM

RELAY WINNERS

11-12

Girls 200 Free Relay - E. Benoit, K. Fawley, M. Williams, C. Smith

Boys 200 Free Relay - M. Nguyen, A. Cooper, T. Duncan, K. Zheng

Girls 200 Medley Relay - K. Fawley, C. Smith, E. Benoit, M. Williams

Boys 200 Medley Relay - T. Duncan, M. Nguyen, K. Zheng, P. Nguyen

TOP 8 FINISHERS

Andi Clement, **Alex Cooper**, Thomas Daigle, **Thomas Duncan**, Grace Martin, Molly Mayo, **Brady Naquin**, Phillip Nguyen, **Doruk Sayal**, Jemia Thomas, Ava Schoen, and Cavan Tran
***Top 3 finisher**

TOP 16 FINISHERS

Leea Breeding, Ryli Cazenave, James De Luna, Kaden Howard, Ryan Feng, Piper Hull, Garrett Ide, James Meher, Aiden Monistere, Van Nguyen, Chelsea Pham, Caroline Roberts, Mary Clair Roberts, Riley Roedel, Shreyas Talluri, Aiden Templet, Jeremiah Thomas, Noah Vargas, Helen Wang, Libby Wilkinson, Owen Willaman, Charlie Williams, and Malia Williams

TEAM RECORDS

11-12

Kate Fawley, 50 Free **25.25**

Kate Fawley, 50 Back **28.48**

Claire Smith, 50 Breast **33.57**

Elizabeth Benoit, 500 Free **5:18.13**

E. Benoit, K. Fawley, M. Williams, C. Smith, Girls 200 Free Relay **1:45.56**

HIGH POINT

Claire Smith, 11-12 Girls

Matthew Nguyen, 11-12 Boys



13 & OLDER STATE CHAMPIONSHIP

HIGHLIGHTS

TEAM RESULTS

First place scoring **3589 points**, nearly double the second place finishing team.

INDIVIDUAL WINNERS

13-14

Anni Thompson - 400 IM, 200 Fly, 200 IM, 100 Breast

Avery Henke - 200 Breast, 200 IM, 100 Breast

15-16

Ema Lavigne - 100 Breast

Rylee Moore - 100 Back, 200 Back

James Henderson - 100 Back

Collin Klingman - 200 Fly

Jacques Rathle - 200 Breast, 100 Breast

OPEN

Jolee Liles - 100 Fly, 400 IM, 200 Breast, 100 Breast

Ashley Richard - 200 Fly

David Boylan - 400 IM, 200 Breast, 200 Back

RELAY WINNERS

13-14

Girls 200 Free Relay - J. Brinson, A. Thompson, R. Manning, A. Bennett

Boys 200 Medley Relay - J. Duncan, A. Henke, H. Widjaja, G. Scully

15-18

Girls 200 Medley Relay - R. Moore, A. Baumgartner, J. Liles, S. Sierveld

Boys 200 Free Relay - J. Rathle, J. Henderson, D. Boylan, R. Brown

Boys 200 Medley Relay - J. Henderson, J. Rathle, D. Boylan, G. Accardo

OPEN

Girls 800 Free Relay - A. Thompson, A. Richard, R. Moore, J. Liles

Girls 400 Free Relay - A. Thompson, A. Richard, R. Moore, J. Liles

Girls 400 Medley Relay - R. Moore, A. Baumgartner, J. Liles, A. Thompson

Boys 800 Free Relay - J. Rathle, C. Klingman, D. Boylan, J. Henderson

Boys 400 Free Relay - J. Rathle, C. Klingman, J. Henderson, D. Boylan

Boys 400 Medley Relay - J. Henderson, J. Rathle, C. Klingman, D. Boylan

TOP 8 FINISHERS

Cameron Accardo, Garrett Accardo, Elena Alvarado, Abby Baumgartner, Caroline Beck, Alexa Bennett, John David Boylan, Julia Brinson, Riley Brown, Olivia Brunet, William Cooper, Jackson Courville, Rory Daigle, Wes Daniel, Michael Dela Rosa, Nick Domingue, Joe Duncan, Ryder Foreman, James Henderson, Avery Henke, Gabrielle Joffrion, William Kitto IV, Collin Klingman, Ema Lavigne, Hope Lewis, Jolee Liles,



TOP 8 FINISHERS (continued)

Regan Manning, James Martin, Brooks Moore, Rylee Moore, Patrick Murphy, Ben Naquin, Stan Newport, Luke Pennison, Alyssa Pentas, Jered Poland, Justin Pollock, Jacques Rathle, Ryan Rhoades, Ashley Richard, Isabella Sabbaghian, Harrison Say, Eli Schion, George Scully, Sophie Sierveld, Austin Smith, Anni Thompson, Stone Wang, Isabel Webre and Hugo Widjaja and Timothy Barras.

TEAM RECORDS

13-14

Anni Thompson, 100 Free **52.48**
Anni Thompson, 200 Free **1:53.35**
Anni Thompson, 200 Breast **2:27.50**
Anni Thompson, 200 IM **2:06.99**
Anni Thompson, 400 IM **4:27.60**
Avery Henke, 100 Back **54.01**
Avery Henke, 100 Fly **53.05**

SENIOR

James Henderson, 100 Back **50.04**

SENIOR & OPEN

Jolee Liles, 200 Breast **2:19.59**
Jolee Liles, 400 IM **4:15.88**
Rylee Moore, 100 Back **54.41**
J. Rathle, C. Klingman, D. Boylan, J. Henderson, Boys Open 800 Free Relay **6:53.04**

OPEN

A. Thompson, A. Richard, R. Moore, J. Liles, Girls 800 Free Relay **7:33.57**

STATE RECORDS

15-16

Rylee Moore, 100 Back **54.41**
James Henderson, 100 Back **50.04**

17-18

Jolee Liles, 400 IM **4:15.88**

FIRST-TIME QUALIFIERS

SECTIONALS

Ben Naquin
Brenton Cooper
Sophie Sierveld

FUTURES

Anni Thompson (*previously qualified, but not recognized by mistake*)
Ryan Rhodes

WINTER JUNIORS

Collin Klingman

