



Read this on our website: <http://www.crawfishaquatics.com/swim-team/weekly-newsletter/>

Announcements & Reminders

- **Developmental Meet Results**

Thanks to everyone that participated and helped with the CA Developmental meet this past Saturday. It is so great to see our athletes expanding their events and trying new things and improving in repeat events. Go sign up for our December 15 meet today! We will be collecting for Toys for Tots at this meet also.

- Ribbons for Top 8 finishers will be available for pick up at the Info Booth starting Tues.
- Results: <http://www.crawfishaquatics.com/swim-team/meet-information/meet-results/>

- **Practice Schedule for week of November 19-24 (Thanksgiving):**

- Regular Schedule Mon/Tues, Nov 19-20*.
- Nov 21 (Wed): Senior White/Red: 8:00-9:30am and Junior White/Black: 9:30-11:00am
- No practice for J Red, Adv AG, Age Group, Novice or 8 & U Nov 21-24.
- No practice, Wednesday PM through Saturday (21-24).
- *Senior Black- AM on Mon-Wed; Mon PM, Fri, Sat practice for Junior Nationals

- **Outdoor Practice Groups moving inside- starting November 14**

- Groups currently swimming in the outdoor pool will move to the indoor pool starting Wed, Nov 14. Please note that due to
- Starting Monday, November 26 Senior Black (M/W) and Senior Red & White (Tues/Thurs) will practice in the outdoor pool.
- For the school holiday practice schedule when many groups are on "break", we will only utilize the indoor pool for practices. The Senior group will return to this outdoor pool rotation as of January 7.

Next Round of Swim Meets & Toys for Tots drive: December 15

On December 15 we will host THREE swim meets in one day at the CA BR Pool. In Partnership with Toys for Tots, families are asked to bring gift donations to the meet (unwrapped toy/gift).

- **14 & Under Meet, 9:00am.** This meet is for our Junior division, Advanced Age Group, 13-14s from the Senior division that are not taking part in HS State Meet (or as directed by Coach Billy/Coach Daniel) and Age Group 2 or Age Group 3 athletes that have USA Swimming membership (required for this meet).

Sign up: <http://www.crawfishaquatics.com/calendar/crawfish-aquatics-december-meet>

- **Developmental Meet, 12pm** (*tentative & confirmed week of meet*)

For athletes in Novice, 8 & Under, Age Group division! Junior Red can swim in this meet rather than the 14 & U meet (email Coach Helen if not sure which is best).

Sign up: <http://www.crawfishaquatics.com/calendar/ca-developmental-meet-dec-2018>

- **Crawfish Senior "Fun Meet", 1:15pm** (*tentative & confirmed week of meet*)

This meet is for our Senior division swimmers and will be a mix of "non-standard" races and challenges! Any 13-14 year old from the Senior division that is swimming in the morning 14 & U meet can also sign up for (and encouraged to) the Senior Fun Meet. Be sure to sign up for both meets separately in Team Unify if you will swim in both / to declare what you will participate in.

Sign up: <http://www.crawfishaquatics.com/calendar/ca-senior-fun-meet-dec-2018>

Fundraising Obligation- December 1 invoice:

As outlined in the Parent Handbook and previous Enews, all families that have been members beyond 6 months have an annual fundraising obligation, with the first half invoiced in April and second half invoiced in November. **Please note that you may see the fundraising invoice on your account before your account is credited for funds raised. Both items will be completed and posted by November 19. Please log in to your TU account directly to review your upcoming invoice on/after November 19.*

How much is due for the year and how much is billed on December 1? Developmental Competitive (8 & U / Age Group) is \$150 per year and Advanced Competitive (Junior/Senior) is \$300 per year. Fundraising balances for the first half of 2018 were posted on the May 1 invoice through your TU account with applicable credits applied at that time. Remaining funds raised through Swim-A-Thon or Business Sponsor program and the applicable amounts will be credited to your Dec 1 invoice toward this second half of the year billing.

There is no carry over from year to year and the maximum amount to be credited to your account annually is either \$150 or \$300 depending on your annual obligation amount. [See handbook for full policy.](#)

Example of how funds are applied to the account:

Example 1: Your family owes \$300 annually and you raised \$250 in the SAT; \$150 of your SAT funds were credited to your account in May and in November the remaining \$100 will be credited to your account for the Second Half of year billing. The remaining \$50 owed for fundraising for 2018 will be posted with your Dec 1 invoice.

Example 2: Your family owes \$150 annually and raised \$50 in the SAT. You were invoiced the \$75 First Half of year fundraising obligation in May, had your account credited the \$50 from fundraising and the remaining \$25 balance was debited on May 1. Then the Second Half billing of \$75 will post to your account with the December 1 invoice.

Practice Schedule: Week of November 12

- **Novice**
 - *Last week of Fall Season for 3:40pm, 4:30pm, 5:15pm (options to extend season were emailed 11/5); the 6:00pm group season ends December 13.*
 - Regular Schedule Mon-Thurs
 - Ages 4-8yrs: 3:40pm, or 4:30pm (M/W or T/Th group); Last week for Fall Season!
 - Ages 8-9yrs: 5:15-5:55pm (M/W or T/Th group); Last week for Fall Season!
 - Ages 9-12 yrs: 6:00-7:00pm (M/W or T/Th group); 6:00pm group runs until Dec 13.

- **8 & Under**
 - Regular Schedule Mon-Thursday
 - 3:40-4:30pm: M/W, T/Th or Mon-Thurs groups
 - 4:30-5:20pm: M/W, T/Th or Mon-Thurs groups
 - Week of Nov 19: Regular Schedule Mon/Tues; no practice Wed-Sat.

- **Age Group**
 - Regular Schedule Mon-Thursday
 - M/W/F group: Mon/Wed, 5:30-6:45pm
 - T/Th/S group: Tues/Thurs, 5:30-6:45pm

- Friday: 4:45-6:00pm
- Saturday: NO PRACTICE (Nov 17)
- Week of Nov 19: Regular Schedule Mon/Tues; no practice Wed-Sat.

- **Junior Red**

- Monday-Thursday, 4:30-5:30pm

- **Junior White**

- Monday - Thursday, 6:00-7:15pm swim
- Mon/Wed, 5:30-6:00pm drylands
- Friday, 4:45-6:00
- Saturday: No Practice

- **Junior Black**

- Monday/Wednesday, 4:00-4:30 drylands and 4:30-6:00pm swim
- Tuesday/Thursday, 4:00-4:15 core and 4:15-6:00pm swim
- Friday, 4:15-6:00pm
- Saturday, No Practice

- **Advanced Age Group**

- Monday-Thursday, 6:15-7:30pm swim
- Tues/Thurs, 6:00-6:15pm core
- Check AG Fri/Sat practice schedule weekly
- Week of Nov 19: Regular Schedule Mon/Tues; no practice Wed-Sat.

- **Senior Red**

- Mon/Tues/Wed, 6:00-7:30pm
- Tuesday, drylands 7:00-7:30pm
- Thursday: 6:00-7:15pm with Coach Helen (all swim)
- Friday, 4:00-5:30pm

- **Senior White**

- Monday/Wednesday, 3:45pm pull ups/core and 4:00-6:00pm swim
- Tuesday/Thursday, 4:00-6:00/6:15pm with split dryland groups & swim
- Friday, 4:00-5:30pm
- Saturday: No Practice

- **Senior Black**

- Monday-Thursday: 3:45-5:30pm Swim
- Friday: 3:45-5:00pm Swim (D3/D4 HS Athletes)
- Saturday: OFF

Upcoming Events Schedule & Important Dates

<http://www.crawfishaquatics.com/swim-team/meet-information/>

- **December 15: Crawfish 14 & Under Meet- Bring a Gift for Toys for Tots!**
Sign up: <http://www.crawfishaquatics.com/calendar/crawfish-aquatics-december-meet>
- **December 15: Crawfish Developmental Meet- Bring a Gift for Toys for Tots!**
Sign up: <http://www.crawfishaquatics.com/calendar/ca-developmental-meet-dec-2018>

- **December 15: Crawfish Senior "Fun Meet"- Bring a Gift for Toys for Tots!**
Sign up: <http://www.crawfishaquatics.com/calendar/ca-senior-fun-meet-dec-2018>
 - **December 17-January 4:**
 - Training Schedule / No practice schedules posted for ALL groups:
<http://www.crawfishaquatics.com/swim-team/weekly-newsletter/>
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2019 Practice/ Seasonal Breaks- Junior & Senior Division

- End of Short Course Season Practice Break: no practice March 4-10 (Mardi Gras week)
 - Spring Break: no practice Friday, April 19-Monday, April 22
 - End of Long Course Season Practice Break: July 27-August 9
 - Resume School Year Practice Schedule: Monday, August 11, 2019
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Connect with Crawfish Aquatics online

- Team Unify: Account Mgmt- <https://www.teamunify.com/Home.jsp?tabid=0&team=laca>
 - Facebook: www.facebook.com/crawfishaquaticsbatonrouge
 - Instagram: [crawfishaquatics.br](https://www.instagram.com/crawfishaquatics.br)
 - Twitter: <https://twitter.com/crawfishaquatic>
 - Website: www.crawfishaquatics.com
 - Team Unify app: Connect to your TU account through the app and access account, billing, event info & more! <https://www.teamunify.com/swim-team-management-software/swim-app/>
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