



Read this on our website: <http://www.crawfishaquatics.com/swim-team/weekly-newsletter/>

## Crawfish 20 Year Celebration & Swim-A-Thon Countdown: 38 days

APRIL 13, 2019 AT CRAWFISH AQUATICS BATON ROUGE

Go to the website NOW, sign up to RSVP & get started! <http://www.crawfishaquatics.com/swim-a-thon/>

We hope that everyone has marked their calendar, **made their list of potential sponsors** and checked out all of the resources on the event page and event website. Don't forget that we will also **host an auction** in the gym during the event and are looking for individuals who can help obtain awesome items for this event! Sales of those items will go directly to your fundraising invoice.

The event website offers direct email or social media sharing to get the need and awareness of this important fundraiser out! **Lets get those new pool heaters and other needs secured with a successful event!**

There is a lot of **FUN** planned for that day but there is much **work to be done** between now and then. When the athletes return to practice March 11, we will begin distributing the **RED swim caps** to swimmers that have registered for the event and obtained their first online donation/sponsor.

Whether you are using SAT to meet your annual fundraising obligation or not, **we want ALL of our swimmers to take part in the Swim-A-Thon and 20 Year Celebration**. We need our full membership to come together through the SAT sponsors or auction donations, to celebrate 20 years of Crawfish Aquatics and help set the organization up for future success.

## Announcements & Reminders

- Fundraising Policy  
As a reminder, fundraising obligations are invoiced twice per year, once in May and once in November. Review full policy from the handbook here:  
[http://www.crawfishaquatics.com/docs/Crawfish\\_Aquatics\\_Fundraising\\_Policy\\_BR.pdf](http://www.crawfishaquatics.com/docs/Crawfish_Aquatics_Fundraising_Policy_BR.pdf)
- Spring Schedule starts Monday, March 11  
When we return from the March 4-10 practice break, we will be following the spring schedule. Here is the link to that schedule. Please be aware of any changes to practice time
- 8 & Under Regionals- Sign up by March 6- HARD DEADLINE  
8 & Under Championship is Saturday, March 16 at UNO!
  - *Eligible Swimmers:* 8 years or younger as of March 16 from 8 & U, AG, Junior Red.
  - *More Info/Sign up:* <http://www.crawfishaquatics.com/calendar/8-under-championship-3>
- March 30 Meet at CA Lafayette Cancelled  
With a busy Spring and the upcoming CA 20 Year Celebration and Swim-A-Thon/Silent Auction, this meet has been cancelled. We will look at a possible reschedule later in the year.

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## Looking ahead: Summer /Fall 2019 Schedule & Practice notes

- March 12- Senior Red  
*(prorated dues for these groups in May to reflect partial month)*
  - May 27-July 26: Summer Practice Schedule for Junior/Senior ([See Schedule](#))
  - June 3-July 26: Summer Practice Schedule for Novice, 8 & U, Age Group ([See Schedule](#))
  - July 27-August 10: End of Summer Season Practice Break (no practice, all groups)
  - August 12: Resume School Year Practice Schedule, Junior/Senior
  - August 12-13: NEW swimmer placement evaluations.
  - August 14/15: Resume School Year Practice Schedule, 8 & U/Age Group (Wed/Thurs)
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## Sectional Championship Wrap Up

Our 24 Team One athletes concluded a successful Championship season with their performances at the Speedo Sectionals in College Station this past weekend. The athletes were focused on fast individual performances in short course yards in the morning and long course finals in the evening.

The team did an amazing job of supporting one another and showing that special Crawfish spirit to all at the meet. Our presence was definitely felt and known.

***Here are some highlights including having a majority of personal best times.***

### Second Swims (scoring swims listed with place)

- Anni Thompson- 500(400) Free, 400 IM
- Jolee Liles- 200 Fly, 400 IM (8th)
- Rylee Moore- 200 Back, 100 Back
- James Henderson- 200 Back (6th), 100 Free , 100 Back (6th), 50 Free
- Sion Cavana- 100 Free, 200 Free, 50 Free
- David Boylan- 200 Fly, 400 IM (16th), 200 IM
- Riley Brown- 200 Back, 400 IM, 200 IM
- Jacques Rathle- 100 Free, 200 Breast (12th), 400 IM (15th), 100 Breast, 200 IM
- Collin Klingman- 200 Fly (10th), 400 IM

### Team Records

#### *13-14*

- Anni Thompson- 500 Free 4:58.68 and 400 Free (LCM) 4:26.89 and 400 IM (LCM) 5:06.02
- Avery Henke- 100 Fly 52.96

#### *Senior*

- James Henderson- 200 Back 1:48.44 and 100 Back 49.33

### First Time Qualifiers

#### *Junior Nationals*

- James Henderson

#### *Futures*

- Michael Dela Rosa
- Ryan Rhoades (mistakenly omitted from State)
- Harrison Say

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## CA 9 & Older Meet, March 15 - Sign up by March 11

We hope your 9 or older athlete from the Age Group, Novice or Junior division will join us on Friday, March 15 for a swim meet + pizza social! (or any 9+ years in the 8 & U division!).

- **Warm up is 5:00pm with the meet start at 5:30pm.** Meet will be under 1 hour and we will have pizza for swimmers and families right after! Junior White & Junior Black will have practice 4:00-5:00pm (must sign up through TU to be entered in the meet).
  - **Meet fee is \$10 per swimmer.** No USA Swimming membership required for this meet.
  - We are going to have a **25 yard kick board race event** at the end of the meet (all swimmers will be entered in this, in addition to their other races) and for those swimming the 100 yard IM, they will get to choose the order they swim the strokes! See more meet info on the website.
  - **Register!** <http://www.crawfishaquatics.com/calendar/crawfish-9-older-meet>
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## Upcoming Events Schedule & Important Dates

<http://www.crawfishaquatics.com/swim-team/meet-information/>

**Eligible Groups for each meet are listed on the specific meet info page on the website.**

- **March 15: CA 9 & Older Meet (CA swimmers only, from Novice, 8 & U, AG, Junior)**  
Sign up: <http://www.crawfishaquatics.com/calendar/crawfish-9-older-meet>
  - **March 16: 8 & Under State Championship at UNO**  
Sign up: <http://www.crawfishaquatics.com/calendar/8-under-championship-3>
  - **April 13: Swim-A-Thon (all locations at Crawfish BR)**  
<http://www.crawfishaquatics.com/swim-a-thon>
  - **April 18 or 19 (group dependent) - Mon, April 22:** No practice, all groups
  - **April 26-27: Swamp Paradise Meet at CA Nicholls**  
Sign up: [www.crawfishaquatics.com/calendar/2019-crawfish-aquatics-swamp-paradise-meet](http://www.crawfishaquatics.com/calendar/2019-crawfish-aquatics-swamp-paradise-meet)
  - **May 10: CA Developmental Meet at CA BR**  
Sign up: <http://www.crawfishaquatics.com/calendar/crawfish-developmental-meet-may>
  - **May 17-19: CA Long Course Invitational at CA BR**  
Sign up: [www.crawfishaquatics.com/calendar/crawfish-aquatics-long-course-invitational-2019](http://www.crawfishaquatics.com/calendar/crawfish-aquatics-long-course-invitational-2019)
  - **GPAC (Pensacola) Meet, May 31-June 2:** Sign up and book your hotel early!  
<http://www.crawfishaquatics.com/calendar/gpac-tom-lalor-invitational-2019>
  - **For June-July meets, go to the Meets page:**  
<http://www.crawfishaquatics.com/swim-team/meet-information/>
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### Invoice questions? Log in to your Team Unify account!

- To view past or upcoming invoices or change your payment method, log in to your Team Unify account! <https://www.teamunify.com/Home.jsp?team=laca>
- Team Unify app: Connect to your TU account through the app and access account, billing, event info & more! <https://www.teamunify.com/swim-team-management-software/swim-app/>

### Connect with Crawfish Aquatics online

- Rate & Review us on Google! Crawfish Aquatics, Baton Rouge: <https://goo.gl/1sPxqS>
- Rate & Review us on Yelp! Crawfish Aquatics, Baton Rouge: <https://tinyurl.com/yd8x9n6x>
- Facebook: [www.facebook.com/crawfishaquaticsbatonrouge](http://www.facebook.com/crawfishaquaticsbatonrouge)
- Instagram: [crawfishaquatics.br](https://www.instagram.com/crawfishaquatics.br)
- Twitter: <https://twitter.com/crawfishaquatic>
- Website: [www.crawfishaquatics.com](http://www.crawfishaquatics.com)
- Meet Mobile app: This is a [good app to have](#) for searching meet results!