

SWIM-A-THON 2019

GIVE THE GIFT OF SWIMMING. DONATE TODAY!

20
YEARS

Read this on our website: <http://www.crawfishaquatics.com/swim-team/weekly-newsletter/>

5 day Countdown: 20 Year Celebration & Swim-A-Thon

Thank you for your hard work so far- keep it up! We are at at \$53,000 raised as of April 8.

We will send out an overview and what to expect for the day email mid-week!

- **Check out our Auction Sponsors**

Invite your friends and family to come out and bid! [Auction Sponsors](#)

Important! If you have solicited an auction item and it is not listed on the website, please email office.br@crawfishaquatics.com regarding the item OR please enter the information using the In Kind donation form on the event website. We need information on all items- individual and baskets by Wednesday to allow for set up and planning to be completed.

- **Volunteer!**

We are in need of Grill Masters, volunteers to bring dessert or snack items to go with lunch, T-shirt distribution table, loan your large ice chest for the day, Auction and more!

[Online Sign up Form](#)

- **Make Up day:** Can't join us on the 13th but still participating in the fundraiser? We have a make up day on April 12, 4-6pm. [Sign up here](#)

- **Top fundraiser is going to Top Golf!** The winner is getting a *Platinum Member Experience* package and bringing 5 friends along to enjoy the fun!

- **Upcoming Coach Tapings:**

- Remember if you didn't make the \$200 raised by April 1 cut off, you can "buy in for \$10" to help tape the coach
- Monday: Coach OJ- CA Nicholls and Coach Daniel, CA Baton Rouge
- Tuesday: Coach Krystal (starting at 5:25pm)

- **You will need a red cap to swim at the SAT.** If you have not registered on the event site and received your first online donation, you can also purchase a red cap on the event site which can serve as an RSVP. [Purchase Red CA cap.](#)

- **Schedule:**

- Senior group swimmers will swim from 7:00-9:00am.
- Swimmers in 8 & U, Age Group, Junior, will swim from 9:00-11:00am. Please plan to check in at 8:30am to get your pool assignment, pick up your event shirt or pre-purchased Dunk Booth or Raffle tickets and get prepared for your swim!
- After all that swimming we will have all sorts of fun and serve lunch for everyone until 1pm! *Coach Dunking Booth schedule will be posted later this week.*
- [See the full schedule on the event website here.](#) Pre-purchase dunk booth throws or raffle tickets on the Products page (& receive a bonus ticket through Monday at 12pm!).

More Swim-A-Thon Items

- **Important Dates**

- **April 29-** Deadline to submit funds towards award totals.
- **May 1-** May invoice charges with 1st half of 2019 fundraising posting. All SAT donations received/credits from auction items solicited will credit to accounts on April 30.
- **May 3-** Prize winners announced.

- **May 1 Team Unify May Invoice note:** this invoice will include first half of 2019 fundraising obligation of \$75 for 8 & U and Age Group families and \$150 for Jr/Sr group families. SAT funds will be applied to the May 1 invoice on April 30. All accounts will be invoiced for the obligation fee; you will see this post to your invoice BEFORE the fundraising credits are applied. This does not mean that we do not have your fundraising credit totals- those will not be posted until April 30. You will be credited up to the amount needed for your first half of 2019 obligation. Example, if you raise \$500 in SAT and your annual obligation is \$300, you are invoiced \$150 in May and \$150 in November. Your account will be credited \$150 during each of those invoice periods to cover your fundraising obligation.

- **SAT Links**

- [What to do with Check/Cash Donations & Entering estimated Laps](#)
- [Lap Goals by Group](#)
- [Prizes](#)
- [Promotional Images](#) (for letters/emails/social media)
- [SAT info page on CA website](#)
- [Event Website](#) (schedule, pre-purchase Raffle tickets & dunking booth throws, more!)

Announcements & Reminders

- **Spring Break- Practice Schedule Reminders**

- **Thursday, April 18 - Monday, April 22:** No practice for Novice, 8 & U, Age Group
**Junior White will swim 4:30-6:00pm on Thursday, April 18*
- **Friday, April 19- Monday, April 22:** No practice for Junior, Senior Prep or Senior
- All groups resume regular practice on Tuesday, April 23. *No make ups non-practice days.*

- **Crawfish Aquatics Swim Lessons**

- 1 Week Private and Group Classes going on NOW. We switch to the 2 week format for Group Classes for 2 year olds, 3-14 years (split by age/skill) and adults begin May 27.
[ONLINE REGISTRATION & CLASS LISTING](#)

- **Summer Practice Schedule shift & the month of May: 8 & U and Age Group**

Please see March 31 email outlining the month of May, Summer Schedules and how to request a drop for the Summer or a move to the AM practice slot. Jump to Form:
<https://forms.gle/tDKNrUACTgesmwNd9>

Raising Funds with Raising Cane's- THURSDAY, APRIL 11

Join your Crawfish coaches and teammates at Raising Cane's on 10020 Perkins (near Bluebonnet) as we kick off our 20 Year Celebration and Swim-A-Thon weekend! Raising Cane's is giving 15% back on all sales when you mention Crawfish Aquatics (this is important- must tell them Crawfish Aquatics!). The official fundraiser hours are 4:00-8:00pm but in extra support of our upcoming fundraiser event, they will honor this all day long.

Wear your CA gear and dine there or make a drive thru run after practice. Stop by for lunch! Tell your friends and family to head to Raising Cane's too next Thursday, in support of Crawfish Aquatics!

Practice Schedule: Week of April 8

- **Novice, 4-9yrs**
 - 4-8 years, M/W & T/Th groups: 3:40-4:20pm or 4:30-5:10pm
 - 6-7 years or 8-9 years, M/W & T/Th groups: 5:15-5:55pm
- **Novice, 10-14yrs**
 - M/W or T/Th group, 6:00-7:00pm
 - Saturday: Swim A Thon (Swim 9-11am; check in at 8:30am and event goes until 1pm)
- **8 & Under**
 - 3:40-4:30pm and 4:30-5:20pm groups: M/W, T/Th, or M-Thu
 - Saturday: Swim A Thon (Swim 9-11am; check in at 8:30am and event goes until 1pm)
- **Age Group Division**
 - M/W/F or T/Th/S groups (Fri/Sat can be changed out as needed)
 - Mon-Thurs, 5:30-6:45pm
 - Friday, 4:45-6:00pm (outdoor pool)
 - Saturday: Swim A Thon (Swim 9-11am; check in at 8:30am and event goes until 1pm)
- **Junior Red**
 - Monday-Thursday, 4:30-5:30pm
 - Saturday: Swim A Thon (Swim 9-11am; check in at 8:30am and event goes until 1pm)
- **Junior White**
 - Monday-Thursday, 6:00-7:15pm swim.
 - Mon/Wed drylands, 5:30-6:00pm
 - Friday, 4:45-6:00pm
 - Saturday: Swim A Thon (Swim 9-11am; check in at 8:30am and event goes until 1pm)
- **Junior Black**
 - Monday/Wednesday, 4:00-4:30 drylands and 4:30-6:00pm swim
 - Tuesday/Thursday, 4:00-4:15 core and 4:15-6:00pm swim
 - Friday, 4:15-6:00pm
 - Saturday: Swim A Thon (Swim 9-11am; check in at 8:30am and event goes until 1pm)
- **Senior Prep (previously Adv AG)**
 - Monday-Thursday, 6:00-7:15pm
 - Tues/Thurs, core, 7:15-7:30pm
 - Friday/Sat, with Age Group Division (check schedule weekly)
 - Saturday: Swim A Thon (Swim 9-11am; check in at 8:30am and event goes until 1pm)

- **Senior Red**

- Monday-Thursday, 6:00-7:30pm
- Tues/Thurs, drylands 7:00-7:30pm
- Friday, 4:00-5:30pm
- Saturday: Swim A Thon (Swim 7-9am and remain until 1pm)

- **Senior White**

- Monday/Wednesday, 3:45pm pull ups/core and 4:00-6:00pm swim
- Tuesday/Thursday, 4:00-6:00/6:15pm with split dryland groups & swim
- Friday, 4:00-5:30pm
- Saturday: Swim A Thon (Swim 7-9am and remain until 1pm)

- **Senior Black**

- Monday: 5:00-6:30am Swim/ 3:45-6:15pm Swim and Strength
- Tuesday: 3:45-6:00pm Swim and Core
- Wednesday: 3:45-6:15pm Swim and Strength
- Thursday: 3:45-6:00pm Swim and Core
- Friday: 5:00-6:30am Swim/ 3:45-5:15pm Strength
- Saturday: Swim A Thon (Swim 7-9am and remain until 1pm)
- **Monday morning swim and Friday afternoon strength for Black 1 only*

April 26-27: Swamp Meet at CA Nicholls

We are kicking off the long course season with this 2 day meet at the CA Nicholls location!

Entries: Age Group 2-3, Junior & Senior sign up by April 22. Requires USA Swimming Membership.

Meet information:

- Friday, 4:30pm warm up / 5:15pm start
 - Saturday, 8:00am warm up for 13 & Older and 11:00am (to be confirmed) warm up for 12 & Under
- <http://www.crawfishaquatics.com/calendar/2019-crawfish-aquatics-swamp-paradise-meet>

May 10: Developmental Meet

This is a short course (25 yard course) meet for CA athletes only, at Crawfish Aquatics (BR location).

Entries: Novice, 8 & Under, Age Group, Junior Red sign up by May 6

Meet information:

- 5:00pm warm up and 5:30pm start.
 - Cost for the meet is \$10 surcharge per swimmer.
- <http://www.crawfishaquatics.com/calendar/crawfish-developmental-meet-may>

May 17-19: Crawfish Aquatics Long Course Invitational

Sign Up/ Entries:

- Junior/Senior Division, Senior Prep, Age Group 3 (8 & U-3 and AG2 can sign up for Sunday)
 - Sign up / Scratch deadline is Friday, May 10.
 - USA Swimming Registration is required for this meet (\$75 if not currently registered).
- <http://www.crawfishaquatics.com/calendar/crawfish-aquatics-long-course-invitational-2019>

Meet Information:

- Friday events: 200 free/200 IM 9-12 year olds from Junior White/Black; 400 free/400 IM for 13 & older. Friday, Warm-up: 4:30PM Meet: 5:30PM
- Saturday and Sunday: 13 & Older Session Warm-up: 7:00 or 7:30AM **announced week of meet*
- Saturday and Sunday: 12 & Under Session Warm-up: not before 12:00PM *(TBA week of meet)*

Upcoming Events Schedule & Important Dates

<http://www.crawfishaquatics.com/swim-team/meet-information/>

Eligible Groups for each meet are listed on the specific meet info page on the website.

- **April 12: Swim-A-Thon Make Up date (4:00-6:00pm)**
Sign up: <https://goo.gl/forms/E7kzQZCeZHjG6plK2>
- **April 13: Swim-A-Thon (all locations at Crawfish BR)**
<http://www.crawfishaquatics.com/swim-a-thon>
- **Thursday, April 18 - Monday, April 22:** No practice for Novice, 8 & U, Age Group
**Junior White will swim 4:30-6:00pm on Thursday, April 18*
- **Friday, April 19- Monday, April 22:** No practice for Junior, Senior Prep or Senior division
- **April 26-27: Swamp Paradise Meet at CA Nicholls**
Sign up: www.crawfishaquatics.com/calendar/2019-crawfish-aquatics-swamp-paradise-meet
- **May 10: CA Developmental Meet at CA BR**
Sign up: <http://www.crawfishaquatics.com/calendar/crawfish-developmental-meet-may>
- **May 17-19: CA Long Course Invitational at CA BR**
Sign up: www.crawfishaquatics.com/calendar/crawfish-aquatics-long-course-invitational-2019
- **GPAC (Pensacola) Meet, May 31-June 2:** Sign up and book your hotel early!
<http://www.crawfishaquatics.com/calendar/gpac-tom-lalor-invitational-2019>
- **For June-July meets, go to the Meets page:**
<http://www.crawfishaquatics.com/swim-team/meet-information/>

Summer /Fall 2019 Schedule & Practice notes

- May 17-June 2: No practice Novice, 8 & U, Age Group
(prorated dues for these groups in May to reflect partial month)
- May 27-July 26: Summer Practice Schedule for Junior/Senior ([See Schedule](#))
- June 3-July 26: Summer Practice Schedule for Novice, 8 & U, Age Group ([See Schedule](#))
***8 & U and Age Group - use this form to request change to AM for Summer*
- July 27-August 10: End of Summer Season Practice Break (no practice, all groups)
- August 12: Resume School Year Practice Schedule, Junior/Senior
- August 12-13: NEW swimmer placement evaluations.
- August 14/15: Resume School Year Practice Schedule, 8 & U/Age Group (Wed/Thurs)

Fundraising Policy

Fundraising obligations allow flexibility for families and a lower monthly dues amount, which is reviewed annually by our staff. You can utilize the fundraisers (Swim-A-thon or the Business Sponsor program) or have the amount post to your May and December invoices. 50% of your family's obligation is invoiced/due in May and the other 50% is invoiced/due in December. **Review full policy from the handbook here:** http://www.crawfishaquatics.com/docs/Crawfish_Aquatics_Fundraising_Policy_BR.pdf

***There is a 6 month grace period for new members before fundraising obligation begins.*

Invoice questions? Log in to your Team Unify account!

- To view past or upcoming invoices or change your payment method, log in to your Team Unify account! <https://www.teamunify.com/team/laca/page/home>
- Team Unify app: Connect to your TU account through the app and access account, billing, event info & more! <https://www.teamunify.com/swim-team-management-software/swim-app/>

Connect with Crawfish Aquatics online

- Rate & Review us on Google! Crawfish Aquatics, Baton Rouge: <https://goo.gl/1sPxqS>
- Rate & Review us on Yelp! Crawfish Aquatics, Baton Rouge: <https://tinyurl.com/yd8x9n6x>
- Facebook: www.facebook.com/crawfishaquaticsbatonrouge
- Instagram: <https://www.instagram.com/crawfishaquatics.br/>
- Twitter: <https://twitter.com/crawfishaquatic>
- Website: www.crawfishaquatics.com
- Meet Mobile app: This is a [good app to have](#) for searching meet results!