

SWIM-A-THON 2019

GIVE THE GIFT OF SWIMMING. DONATE TODAY!

20
YEARS

Read this on our website: <http://www.crawfishaquatics.com/swim-team/weekly-newsletter/>

Extended! Campaign ends Tues, April 30

We are thrilled to have members continue to seek sponsors and help us reach our goal! We have extended the deadline for prizes, Leader Board/Wall of Fame to Tuesday! Thank you for your efforts!



Current Swim-A-Thon Wall of Fame/ Leaderboard

<https://crawfishaquatics.dojiggy.com/ng/index.cfm/b228328/regPages/pages/?p=bb1e057c>

What Prizes are we giving out?

\$500+ will receive USA Swimming prizes

\$600+ (Wall of Fame) receive Crawfish Aquatics prizes

****Someone is going to win 1 year of free dues!****

<https://crawfishaquatics.dojiggy.com/ng/index.cfm/b228328/reg-pages/pages?p=b81e6438>

Last Chance to order... Tuesday!

Finish out your Swim-A-Thon support by ordering a Vintage style Raglan with '99 on the back in honor of Crawfish Aquatics being 20 Years Strong!

<https://tinyurl.com/y2e26ocl>



Important SAT Dates to note

- **April 30-** Deadline to submit SAT funds towards award totals.
- **May 1-** May invoice charges with 1st half of 2019 fundraising posting. All SAT donations received/credits from auction items solicited will credit to accounts on April 30.
- **May 3-** Prize winners announced.

Announcements & Reminders

- **Disregard Email- “ [Event Update] - CA Program Enrollment - Admin Fee Only”**
The link to this form was sent by mistake to all current members of Crawfish Aquatics on Monday, April 29. We apologize for this unnecessary communication item- disregard this email. **Current members DO NOT need to complete this registration form.**
- **Results are posted for the Swamp Meet at CA Nicholls**
Results are posted: <http://www.crawfishaquatics.com/swim-team/meet-information/meet-results/>
- **Pictures from the 20 Years Backdrop & Swim-A-Thon**
These pictures along with some of swimmers in the indoor pool have been put in this folder; if you had the the backdrdop photographer take your pic with your “laps swum numbers”, go grab them from here! <https://tinyurl.com/yyrne5cv>
- **Summer Practice Schedule begins May 27 for Junior/Senior/Senior Prep**
http://www.crawfishaquatics.com/docs/Enews_BR/Summer_Practice_Schedule_CA_BR_2019.pdf
- **Upcoming May Schedule / Summer Practice Schedule shift for 8 & U & AG**
Practices for Novice, 8 & U, Age Group run at the school year schedule until May 16. All swimmers in 8 & U and Age Group remain active on rosters unless a withdrawal form is completed! May dues are prorated for the partial month. Summer Schedule starts June 3. More info/ change to AM practices here: <https://forms.gle/tDKNrUACTgesmwNd9>
- **Novice Summer Registration**
We will be notifying Novice group swimmers on which group they should register for this Summer later this week. Registration for Summer Novice (June 3-July 26) is open online now OR if your child is placed in 8 & U or AG, we will send you the registration link to use for enrolling in that group as of June.
- **Senior Training Day: June 21, 2019**
We will host our annual training day in Baton Rouge on Friday June 21 leading up to the CA Summer Invitational. This is open to all Senior division swimmers from all 3 locations. Info & sign up: <http://www.crawfishaquatics.com/calendar/senior-training-day-2019>
- **GPAC (Pensacola) Meet, May 31-June 2**
Book your hotel and sign up ASAP! This meet features a full 3 day format (13 & O, morning sessions and 12 & U, 12pm sessions on Fri/Sat/Sun). The host team is finalizing the meet invitation. See the 2018 info: <http://www.crawfishaquatics.com/calendar/gpac-tom-lalor-invitational-2019>
- **May 1 Fundraising Invoice / Team Unify billing:** this invoice will include first half of 2019 fundraising obligation of \$75 for 8 & U and Age Group families and \$150 for Jr/Sr group families. SAT funds will be applied to the May 1 invoice by April 30. All accounts will be invoiced for the obligation fee and then you will be credited up to the amount needed for your first half of 2019 obligation. Example, if you raise \$500 in SAT and your annual obligation is \$300, you are invoiced \$150 in May and \$150 in November. Your account will be credited \$150 during each of those invoice periods to cover your fundraising obligation.

May 10: Developmental Meet

This is a short course (25 yard course) meet for CA athletes only, at Crawfish Aquatics (BR location).

Entries: Novice, 8 & Under, Age Group, Junior Red sign up by May 6

Meet information:

-5:00pm warm up and 5:30pm start.

-Cost for the meet is \$10 surcharge per swimmer.

<http://www.crawfishaquatics.com/calendar/crawfish-developmental-meet-may>

May 17-19: Crawfish Aquatics Long Course Invitational

Sign Up/ Entries:

- Junior/Senior Division, Senior Prep, Age Group 3 (8 & U-3 and AG2 can sign up for Sunday)
- Sign up / Scratch deadline is Friday, May 10.
- USA Swimming Registration is required for this meet (\$75 if not currently registered).

<http://www.crawfishaquatics.com/calendar/crawfish-aquatics-long-course-invitational-2019>

Meet Information:

- Friday events: 200 free/200 IM 9-12 year olds from Junior White/Black; 400 free/400 IM for 13 & older. Friday, Warm-up: 4:30PM Meet: 5:30PM
 - Saturday and Sunday: 13 & Older Session Warm-up: 7:00 or 7:30AM **announced week of meet*
 - Saturday and Sunday: 12 & Under Session Warm-up: not before 12:00PM *(TBA week of meet)*
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Practice Schedule: Week of April 29

- **Novice, 4-9yrs**
 - Regular schedule Mon-Thurs
 - 4-8 years, M/W & T/Th groups: 3:40-4:20pm or 4:30-5:10pm
 - 6-7 years or 8-9 years, M/W & T/Th groups: 5:15-5:55pm
- **Novice, 10-14yrs**
 - Regular schedule Mon-Thurs
 - M/W or T/Th group, 6:00-7:00pm
- **8 & Under**
 - Regular schedule Mon-Thurs
 - 3:40-4:30pm and 4:30-5:20pm groups: M/W, T/Th, or M-Thu
- **Age Group Division**
 - M/W/F or T/Th/S groups (Fri/Sat can be changed out as needed)
 - Monday-Thursday, 5:30-6:45pm
 - Friday, 4:45-6:00pm
 - Saturday: 9:15-10:30am
- **Junior Red**
 - Monday-Thursday, 4:30-5:30pm

- **Junior White**
 - Monday-Thursday, 6:00-7:15pm swim
 - Mon/Wed drylands, 5:30-6:00pm
 - Friday, 4:45-6:00pm
 - Saturday: 9:15-10:30am

- **Junior Black**
 - Monday/Wednesday, 4:00-4:30 drylands and 4:30-6:00pm swim
 - Tuesday/Thursday, 4:00-4:15 core and 4:15-6:00pm swim
 - Friday, 4:15-6:00pm
 - Saturday: 8:00-10:00am

- **Senior Prep**
 - Monday-Thursday, 6:00-7:15pm
 - Tues/Thurs, core, 7:15-7:30pm
 - Friday/Sat, with Age Group Division (check schedule weekly)

- **Senior Red**
 - Monday, no practice
 - Tuesday/Wednesday/Thursday, 6:00-7:30pm
 - Tues/Thurs, drylands 7:00-7:30pm
 - Friday, 4:00-5:30pm

- **Senior White**
 - Monday/Wednesday, 3:45pm pull ups/core and 4:00-6:00pm swim
 - Tuesday/Thursday, 4:00-6:00/6:15pm with split dryland groups & swim
 - Friday, 4:00-5:30pm
 - Saturday: 8:00-10:30am

- **Senior Black**
 - Monday: 5:00-6:30am Swim/ 3:45-6:15pm Swim and Strength
 - Tuesday: 3:45-6:00pm Swim and Core
 - Wednesday: 3:45-6:15pm Swim and Strength
 - Thursday: 3:45-6:00pm Swim and Core
 - Friday: 5:00-6:30am Swim/ 3:45-5:15pm Strength
 - Saturday: Saturday: 6:30-9:00am
 - **Monday morning swim and Friday afternoon strength for Black 1 only*

Upcoming Events Schedule & Important Dates

Eligible Groups for each meet are listed on the specific meet info page on the website.

Full Meet Calendar: <http://www.crawfishaquatics.com/swim-team/meet-information/>

- **April 30:** Final day for SAT funds to be turned in toward prize totals
- **May 3:** SAT Prize Winners announced

- **May 10: CA Developmental Meet at CA BR**
Sign up: <http://www.crawfishaquatics.com/calendar/crawfish-developmental-meet-may>
- **May 17-19: CA Long Course Invitational at CA BR**
Sign up: www.crawfishaquatics.com/calendar/crawfish-aquatics-long-course-invitational-2019
- **May 31-June 2: GPAC (Pensacola) Meet** Book your hotel ASAP!
<http://www.crawfishaquatics.com/calendar/gpac-tom-lalor-invitational-2019>
- **June 20-21: CA Summer Invitational**
<http://www.crawfishaquatics.com/calendar/ca-summer-invitational-2019>
- **June/July meets for 8 & U, Age Group, Junior Red**
<http://www.crawfishaquatics.com/swim-team/groups/groups-baton-rouge/summer-registration/summer-meet-schedule>

Summer /Fall 2019 Schedule & Practice notes

- May 17-June 2: No practice Novice, 8 & U, Age Group
(prorated dues for these groups in May to reflect partial month)
- May 27-July 26: Summer Practice Schedule for Junior/Senior ([See Schedule](#))
- June 3-July 26: Summer Practice Schedule for Novice, 8 & U, Age Group ([See Schedule](#))
***8 & U and Age Group - use this form to request change to AM for Summer*
- July 27-August 10: End of Summer Season Practice Break (no practice, all groups)
- August 12: Resume School Year Practice Schedule, Junior/Senior
- August 12-13: NEW swimmer placement evaluations.
- August 14/15: Resume School Year Practice Schedule, 8 & U/Age Group (Wed/Thurs)

Fundraising Policy

Fundraising obligations allow flexibility for families and a lower monthly dues amount, which is reviewed annually by our staff. You can utilize the fundraisers (Swim-A-thon or the Business Sponsor program) or have the amount post to your May and December invoices. 50% of your family's obligation is invoiced/due in May and the other 50% is invoiced/due in December. **Review full policy from the handbook here:** [http://www.crawfishaquatics.com/docs/Crawfish Aquatics Fundraising Policy BR.pdf](http://www.crawfishaquatics.com/docs/Crawfish_Aquatics_Fundraising_Policy_BR.pdf)
***There is a 6 month grace period for new members before fundraising obligation begins.*

Invoice questions? Log in to your Team Unify account!

- To view past or upcoming invoices or change your payment method, log in to your Team Unify account! <https://www.teamunify.com/team/laca/page/home>
- Team Unify app: Connect to your TU account through the app and access account, billing, event info & more! <https://www.teamunify.com/swim-team-management-software/swim-app/>

Connect with Crawfish Aquatics online

- Rate & Review us on Google! Crawfish Aquatics, Baton Rouge: <https://goo.gl/1sPxqS>
- Rate & Review us on Yelp! Crawfish Aquatics, Baton Rouge: <https://tinyurl.com/yd8x9n6x>
- Facebook: www.facebook.com/crawfishaquaticsbatonrouge
- Instagram: <https://www.instagram.com/crawfishaquatics.br/>

- Twitter: <https://twitter.com/crawfishaquatic>
- Website: www.crawfishaquatics.com
- Meet Mobile app: This is a [good app to have](#) for searching meet results!