



Read this on our website: <http://www.crawfishaquatics.com/swim-team/weekly-newsletter/>

Announcements & Reminders

- **Developmental Meet Results**

<http://www.crawfishaquatics.com/swim-team/meet-information/meet-results/>

- **Arena rep coming to Crawfish (BR location), May 28**

Representatives from Arena will be coming to do tech suit fittings at our Baton Rouge location on Tuesday, May 28 during morning workouts. If you need to purchase a tech suit for the upcoming LC Championship Season, this is a great chance to try out suits / get sizing assistance directly from Arena.

- **Summer Practice Schedule begins May 27 for Junior/Senior/Senior Prep**

http://www.crawfishaquatics.com/docs/Enews_BR/Summer_Practice_Schedule_BR_2019.pdf

- **8 & U and Age Group: Last week of practice until June 3!**

- Practices for Novice, 8 & U, Age Group run at the school year schedule until May 16.
- Summer Practice schedule begins June 3-July 25. 8 & U and Age Group remain active on the roster unless a drop form is completed.
- To move to the AM practice for the Summer or change days (8 & U), go to the form to learn more & complete request. <https://forms.gle/tDKNrUACTgesmwNd9>

- **Novice Spring Season ends May 16 / Summer Registration is open**

In order for a current Novice group swimmer to be on a roster as of June 3rd, you must enroll swimmer through the website registration form.

- Novice season ends May 16 and the Summer season begins June 3.
 - Swimmers continuing in Novice register for the Summer season on the website: <https://tinyurl.com/y4o5xf14>
 - Swimmers that were notified to move to 8 & U or AG as of the Summer, use the link in the email to register accordingly for that group (not the "summer season" registration form on the website).
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Crawfish Aquatics Long Course Invitational this weekend

Entries, Team Dress, Volunteer Sign Up form is posted:

<http://www.crawfishaquatics.com/calendar/crawfish-aquatics-long-course-invitational-2019>

Meet Schedule: *Any changes to the schedule will be published on Tuesday.*

- Friday, Warm-up: 4:30PM Meet: 5:30PM
 - Saturday and Sunday: 13 & Older Session Warm-up: 7:00 or 7:30AM
 - Saturday and Sunday: 12 & Under Session Warm-up: not before 12:00PM
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GPAC Swim Meet: May 31-June 1 (sign up deadline, May 15)

Meet Invitation (order of events, schedules, etc.) is now posted on the website!

Sign up by May 15: <http://www.crawfishaquatics.com/calendar/gpac-tom-lalor-invitational-2019>

Schedule

-13 & Older, Fri/Sat/Sun: Warm up, 7:00am or 7:40am; Meet begins 8:30am

-12 & Under, Fri/Sat/Sun: Warm up, not before 12:30pm; Meet begins 1 hour after warm up start time.

Entries: First round of entries are posted on the website. Entries will be updated following the CA Long Course invitational for updated times or revised events.

New Swimmer Placements & Summer Swim Season registration

Have a friend interested in trying out a swim team program this summer? Registration is now open for Summer Season of Novice and a "Summer Season only" registration for 8 & U and Age Group.

We will hold **New Swimmer Evaluations on May 21 & 22** and are taking online registration NOW for practices starting June 3.

***Reminder, current swimmers in the 8 & U or Age Group will remain ACTIVE on the roster unless a withdrawal form is completed. Swimmers in 8 & U or Age Group do NOT need to register for the Summer as they are automatically on the roster unless you drop. Novice swimmer DO need to register for the Summer Season of Novice through the website.*

Group info, new swimmer evaluation info and links to register online are available here:

<http://www.crawfishaquatics.com/swim-team/groups/groups-baton-rouge/>

Practice Schedule: Week of May 13

- **Novice, 4-9yrs**
 - Regular schedule Mon-Thurs
 - 4-8 years, M/W & T/Th groups: 3:40-4:20pm or 4:30-5:10pm
 - 6-7 years or 8-9 years, M/W & T/Th groups: 5:15-5:55pm
- **Novice, 10-14yrs**
 - Regular schedule Mon-Thurs
 - M/W or T/Th group, 6:00-7:00pm

- **8 & Under**
 - Regular schedule Mon-Thurs
 - 3:40-4:30pm and 4:30-5:20pm groups: M/W, T/Th, or M-Thu
- **Age Group Division**
 - M/W/F or T/Th/S groups (Fri/Sat can be changed out as needed)
 - Monday-Thursday, 5:30-6:45pm
 - No practice Friday / Saturday due to swim meet at Crawfish
- **Junior Red**
 - Monday-Thursday, 4:30-5:30pm
- **Junior White**
 - Monday-Thursday, 6:00-7:15pm swim
 - Mon/Wed drylands, 5:30-6:00pm
 - Friday-Sunday: Meet at Crawfish BR
- **Junior Black**
 - Monday/Wednesday, 4:00-4:30 drylands and 4:30-6:00pm swim
 - Tuesday/Thursday, 4:00-4:15 core and 4:15-6:00pm swim
 - Friday-Sunday: Meet at Crawfish BR
- **Senior Prep**
 - Monday-Thursday, 6:00-7:15pm
 - Tues/Thurs, core, 7:15-7:30pm
- **Senior Red**
 - Monday-Thursday, 6:00-7:30pm
 - Tues/Thurs, drylands 7:00-7:30pm
 - Friday-Sunday: Meet at Crawfish BR
- **Senior White**
 - Monday/Wednesday, 3:45pm pull ups/core and 4:00-6:00pm swim
 - Tuesday/Thursday, 4:00-6:00/6:15pm with split dryland groups & swim
 - Friday-Sunday: Meet at Crawfish BR
- **Senior Black**
 - Monday: 5:00-6:30am Swim/ 3:45-6:15pm Swim and Strength
 - Tuesday: 3:45-6:00pm Swim and Core
 - Wednesday: 3:45-6:15pm Swim and Strength
 - Thursday: 3:45-6:00pm Swim and Core
 - Friday-Sunday: Meet at Crawfish BR
 - **Monday morning swim for Black 1 only*

[Upcoming Events Schedule & Important Dates](#)

Eligible Groups for each meet are listed on the specific meet info page on the website.

Full Meet Calendar: <http://www.crawfishaquatics.com/swim-team/meet-information/>

- **May 17-19: CA Long Course Invitational at CA BR**
www.crawfishaquatics.com/calendar/crawfish-aquatics-long-course-invitational-2019
- **May 31-June 2: GPAC (Pensacola) Meet**
<http://www.crawfishaquatics.com/calendar/gpac-tom-lalor-invitational-2019>
- **June 20-21: CA Summer Invitational**
Sign up: <http://www.crawfishaquatics.com/calendar/ca-summer-invitational-2019>
- **June 21: Senior Training Day**
Sign up: <http://www.crawfishaquatics.com/calendar/senior-training-day-2019>
- **June 28: CA Developmental Meet**
Sign up: <http://www.crawfishaquatics.com/calendar/crawfish-developmental-meet-june-28>
- **July meets for 8 & U, Age Group, Junior Red**
<http://www.crawfishaquatics.com/swim-team/groups/groups-baton-rouge/summer-registration/summer-meet-schedule>

Summer /Fall 2019 Schedule & Practice notes

- May 17-June 2: No practice Novice, 8 & U, Age Group
- May 27-July 26: Summer Practice Schedule for Junior/Senior ([See Schedule](#))
- June 3-July 26: Summer Practice Schedule for Novice, 8 & U, AG, S Prep ([See Schedule](#))
*****8 & U and Age Group - use this form to request change to AM for Summer***
- July 27-August 10: End of Summer Season Practice Break (no practice, all groups)
- August 12: Resume School Year Practice Schedule, Junior/Senior
- August 12-13: NEW swimmer placement evaluations.
- August 14/15: Resume School Year Practice Schedule, 8 & U/Age Group (Wed/Thurs)

Fundraising Policy

Fundraising obligations allow flexibility for families and a lower monthly dues amount, which is reviewed annually by our staff. You can utilize the fundraisers (Swim-A-thon or the Business Sponsor program) or have the amount post to your May and December invoices. 50% of your family's obligation is invoiced/due in May and the other 50% is invoiced/due in December. **Review full policy from the handbook here:** http://www.crawfishaquatics.com/docs/Crawfish_Aquatics_Fundraising_Policy_BR.pdf
***There is a 6 month grace period for new members before fundraising obligation begins.*

Invoice questions? Log in to your Team Unify account!

- To view past or upcoming invoices or change your payment method, log in to your Team Unify account! <https://www.teamunify.com/team/laca/page/home>
- **Team Unify app:** Connect to your TU account through the app and access account, billing, event info & more! <https://www.teamunify.com/swim-team-management-software/swim-app/>

Connect with Crawfish Aquatics online

- Rate & Review us on Google! Crawfish Aquatics, Baton Rouge: <https://goo.gl/1sPxgS>
- Rate & Review us on Yelp! Crawfish Aquatics, Baton Rouge: <https://tinyurl.com/yd8x9n6x>

- Facebook: www.facebook.com/crawfishaquaticsbatonrouge
- Instagram: <https://www.instagram.com/crawfishaquatics.br/>
- Twitter: <https://twitter.com/crawfishaquatic>
- Website: www.crawfishaquatics.com
- Meet Mobile app: This is a [good app to have](#) for searching meet results!