

Crawfish E-News



Read this on our website: <http://www.crawfishaquatics.com/swim-team/weekly-newsletter/>

Announcements & Reminders

- **CCSL (High School Swimming) League Fall 2019 Meet Schedule:**
<http://www.crawfishaquatics.com/school-swim-leagues/>
**Middle School schedule will also be published next week*
- **Swim Meet Questions? Need to order a Team Suit?**
-Meet FAQ- <http://www.crawfishaquatics.com/swim-team/parent-resources/swim-meet-faqs/>
-Team Suits- <http://www.crawfishaquatics.com/swim-team/team-outfitting/>
- **Summer Season Newsletters for Novice, 8 & U, Age Group**
 - [Newsletter for 8 & U, Age Group, HS Prep](#)
 - [Newsletter for Novice](#)
- **GPAC Meet Results**
Meet Results are posted for the Tom Lalor GPAC Summer Invitational!
https://www.teamunify.com/szsslsc/UserFiles/Image/QuickUpload/lalor-results_099659.pdf

We had SIX High Point Winners for the meet:
9-10 Girls, Andi Clement; 11-12 Girls, Kate Fawley; 13-14 Girls, Anni Thompson; 13-14 Boys, Avery Henke; Senior Girls, Rylee Moore; Senior Boys, David Boylan
- **12 & Under Long Course State Info has been published**
<http://www.crawfishaquatics.com/calendar/2019-12-under-long-course-state-championship>

Upcoming Meet Sign Ups

Upcoming swim meets at Crawfish Aquatics, Baton Rouge location:

CA Summer Invitational, June 21-22.

For AG-3, Senior Prep, Junior & Senior division swimmers

<http://www.crawfishaquatics.com/calendar/ca-summer-invitational-2019>

CA Developmental Meet, June 28

For Novice, 8 & Under, Age Group & Junior Red.

<http://www.crawfishaquatics.com/calendar/crawfish-developmental-meet-june-28>

Practice Schedule: Week of June 10

- **Novice**
 - Mon/Wed, Tues/Thurs groups
 - Ages 4-8 yrs: 8:30am, 3:45pm, or 4:30pm
 - Ages 8-9 yrs: 5:15-5:55pm
 - Ages 10-14 yrs: 9:15-10:15am or 6:00-7:00pm
- **8 & Under**
 - M/W, T/Th or Mon-Thurs groups
 - 8:30-9:15am
 - 4:10-5:00pm
- **Age Group**
 - Monday - Thursday practice group; no Fri/Sat in the summer
 - 9:15-10:30am
 - 5:00-6:15pm (Age Group 1, ages 9-14 and AG2, ages 9-11)
 - 6:15-7:30pm (AG2, ages 11-14 and Age Group 3 and HS Prep Group)
- **Junior Red**
 - Mon-Thurs, 4:00-5:00pm
- **Junior White**
 - Mon/Wed- 5:30-6:00pm drylands and Swim- 6:00-7:15pm
 - Tues/Thurs- 5:00-6:30pm swim
 - Saturday- 9:45am abs on deck and 10:00-11:15am swim
- **Junior Black**
 - Mon-Thurs and Sat, 9:00-11:00am
 - Mon/Wed drylands, 8:30am
 - Core on deck, T/Th at 9:00am (swim after)
- **Senior Prep**
 - Monday-Thursday, 6:15-7:30pm
 - Fridays with Senior Red (4:30-6:00pm) **check Enews schedule weekly for Fridays*
- **Senior Red**
 - Mon/Wed/Fri, 4:15-6:00pm
 - Tues/Thurs, 9:00-10:30am (drylands 10-10:30am)
- **Senior White**
 - Mon-Thurs, 7:00-9:00am
 - Mon/Wed/Fri, 2:00-4:00pm strength & swim (swim only on Friday)
 - Saturday, 8:00-11:00am (8-10 swim & 10-11 strength)
- **Senior Black**
 - Monday, Wednesday- 6:45 to 9AM Swim, 2-4PM Swim
 - Tuesday, Thursday- 5:30AM - 9AM Strength & Swim
 - Friday- 6:45 to 9AM Swim, 2-4:00PM Strength and Rollout
 - Saturday- 6:30-9AM Swim
 - *Core on Monday and Wednesday (1:40PM) and Rollout Friday*

[Rate or Review Crawfish Aquatics Online!](#)

Sharing of your positive experience with Crawfish Aquatics swim lessons and swim team is one of the best methods to grow our program and help other parents looking for a place to grow their child as an athlete and to learn water safety and life skills in a positive environment. Please consider making a review or rating on one of these platforms:

- [Rate & Review us on Google!](#) Crawfish Aquatics, Baton Rouge: <https://goo.gl/1sPxqS>
 - [Rate & Review us on Yelp!](#) Crawfish Aquatics, Baton Rouge: <https://tinyurl.com/yd8x9n6x>
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[Upcoming Events Schedule & Important Dates](#)

Eligible Groups for each meet are listed on the specific meet info page on the website.

Full Meet Calendar: <http://www.crawfishaquatics.com/swim-team/meet-information/>

- **June 20-21: CA Summer Invitational**
Sign up: <http://www.crawfishaquatics.com/calendar/ca-summer-invitational-2019>
- **June 21: Senior Training Day**
Sign up: <http://www.crawfishaquatics.com/calendar/senior-training-day-2019>
- **June 28: CA Developmental Meet (Novice, 8 & U, Age Group, Junior Red)**
Sign up: <http://www.crawfishaquatics.com/calendar/crawfish-developmental-meet-june-28>
- **July 11-14: Sectional Championship in Austin**
<http://www.crawfishaquatics.com/calendar/sectional-championship-lc-2019>
- **July 12-14: 12 & Under Long Course State Championship**
Sign up: <http://www.crawfishaquatics.com/calendar/2019-12-under-long-course-state-championship>
- **July 18-21: 13 & Older Long Course State Championship**
Sign up: <http://www.crawfishaquatics.com/calendar/2019-long-course-13-older-state-championship>
- **July 20: CA Developmental Meet (Novice, 8 & U, Age Group, Junior Red)**
Sign up: <http://www.crawfishaquatics.com/calendar/crawfish-developmental-meet-july-2019>
- **July 27: 8 & Under Championship (Novice, 8 & U, AG, J Red ages 5-8 yrs)**
Sign up: <http://www.crawfishaquatics.com/calendar/8-under-regional-championship>

End of Summer /Fall 2019 Schedule & Practice notes

- July 27-August 10: End of Summer Season Practice Break (no practice, all groups)
 - August 12: Resume School Year Practice Schedule, Junior/Senior
 - August 12-13: NEW swimmer placement evaluations.
 - August 14/15: Resume School Year Practice Schedule, 8 & U/Age Group (Wed/Thurs)
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Fundraising Policy

Fundraising obligations allow flexibility for families and a lower monthly dues amount, which is reviewed annually by our staff. You can utilize the fundraisers (Swim-A-thon or the Business Sponsor program) or have the amount post to your May and December invoices. 50% of your family's obligation is invoiced/due in May and the other 50% is invoiced/due in December. **Review full policy from the handbook here:** [http://www.crawfishaquatics.com/docs/Crawfish Aquatics Fundraising Policy BR.pdf](http://www.crawfishaquatics.com/docs/Crawfish_Aquatics_Fundraising_Policy_BR.pdf)
***There is a 6 month grace period for new members before fundraising obligation begins.*

Invoice questions? Log in to your Team Unify account!

- To view past or upcoming invoices or change your payment method, log in to your Team Unify account! <https://www.teamunify.com/team/laca/page/home>
- **Team Unify app:** Connect to your TU account through the app and access account, billing, event info & more! <https://www.teamunify.com/swim-team-management-software/swim-app/>

Connect with Crawfish Aquatics online

- Rate & Review us on Google! Crawfish Aquatics, Baton Rouge: <https://goo.gl/1sPxqS>
- Rate & Review us on Yelp! Crawfish Aquatics, Baton Rouge: <https://tinyurl.com/yd8x9n6x>
- Facebook: www.facebook.com/crawfishaquaticsbatonrouge
- Instagram: <https://www.instagram.com/crawfishaquatics.br/>
- Twitter: <https://twitter.com/crawfishaquatic>
- Website: www.crawfishaquatics.com
- Meet Mobile app: This is a [good app to have](#) for searching meet results!