

Crawfish E-News



Read this on our website: <http://www.crawfishaquatics.com/swim-team/weekly-newsletter/>

Announcements & Reminders

- **Sign up for the CA Developmental Meet, June 28**

This is a great meet for Novice, 8 & Under, Age Group & Junior Red swimmers with the pool set up to the Short Course (25 yards) course. New swimmers welcome- will run at a comfortable pace for new meet participants, new to swim meet parents, first time lane timers, etc.!

<http://www.crawfishaquatics.com/calendar/crawfish-developmental-meet-june-28>

- **Swim Meet Questions? Need to order a Team Suit?**

-Meet FAQ- <http://www.crawfishaquatics.com/swim-team/parent-resources/swim-meet-faqs/>

-Team Suits- <http://www.crawfishaquatics.com/swim-team/team-outfitting/>

RSVP for the Pre-State Meet Team Dinner, July 7

We will come together to share a meal and make posters on Sunday, July 7 in preparation for the upcoming State Championship meets. Dinners will be hosted at each location. Crawfish Aquatics will provide the spaghetti and we are asking for families to sign up to bring salads, bread, fruit or desserts. *Dinner will be served at 5:30pm! RSVP online for the Baton Rouge location here:*

<http://www.crawfishaquatics.com/calendar/championship-season-team-dinner-baton-rouge>

CA Summer Invitational this weekend- Meet Updates

We are pleased to have such a large turn out for the meet this Friday and Saturday!

Please review the meet updates below and on the website.

- Athlete entry report and psych sheet are posted.
- Updated Meet Schedule is posted. Crawfish has the first warm up for each meet session (3:30-4:00pm on Friday, 7:30-8:00am on Sat for 12 & U, 11:30am-12pm Sat for 13 & O).
- Volunteers- we will need many hands to help with timing, hospitality snacks, officials, grilling on Friday afternoon. Please sign up sooner than later for a slot. Please note that Friday evening is a FULL 4 hour session (we start the meet with 41 heats of 50 Free!). CA staff along with a few volunteers will cover timing for the 200 Free but will need parent to cover the first 5 shifts.

<http://www.crawfishaquatics.com/calendar/ca-summer-invitational-2019>

Practice Schedule: Week of June 17

- **Novice**
 - Mon/Wed, Tues/Thurs groups
 - Ages 4-8 yrs: 8:30am, 3:45pm, or 4:30pm
 - Ages 8-9 yrs: 5:15-5:55pm
 - Ages 10-14 yrs: 9:15-10:15am or 6:00-7:00pm
- **8 & Under**
 - M/W, T/Th or Mon-Thurs groups
 - 8:30-9:15am
 - 4:10-5:00pm
- **Age Group**
 - Monday - Thursday practice group; no Fri/Sat in the summer
 - 9:15-10:30am
 - 5:00-6:15pm (Age Group 1, ages 9-14 and AG2, ages 9-11)
 - 6:15-7:30pm (AG2, ages 11-14 and Age Group 3 and HS Prep Group)
- **Junior Red**
 - Mon-Thurs, 4:00-5:00pm
 - Friday/Saturday- CA Summer Invitational
- **Junior White**
 - Mon/Wed- 5:30-6:00pm drylands and Swim- 6:00-7:15pm
 - Tues/Thurs- 5:00-6:30pm swim
 - Friday/Saturday- CA Summer Invitational
- **Junior Black**
 - Mon-Thurs, 9:00-11:00am
 - Mon/Wed drylands, 8:30am
 - Core on deck, T/Th at 9:00am (swim after)
 - Friday/Saturday- CA Summer Invitational
- **Senior Prep**
 - Monday-Thursday, 6:15-7:30pm
 - Fridays with Senior Red (4:30-6:00pm) **check Enews schedule weekly for Fridays*
- **Senior Red**
 - Mon/Wed, 4:15-6:00pm
 - Tues/Thurs, 9:00-10:30am (drylands 10-10:30am)
 - Friday/Saturday- CA Summer Invitational
- **Senior White**
 - Mon-Thurs, 7:00-9:00am
 - Mon/Wed 2:00-4:00pm strength & swim
 - Friday/Saturday- CA Summer Invitational
- **Senior Black**
 - Monday, Wednesday- 6:45 to 9AM Swim, 2-4PM Swim **Core on Mon & Wed(1:40PM)*
 - Tuesday, Thursday- 5:30AM - 9AM Strength & Swim
 - Friday/Saturday- CA Summer Invitational

[Rate or Review Crawfish Aquatics Online!](#)

Sharing of your positive experience with Crawfish Aquatics swim lessons and swim team is one of the best methods to grow our program and help other parents looking for a place to grow their child as an athlete and to learn water safety and life skills in a positive environment. Please consider making a review or rating on one of these platforms:

- [Rate & Review us on Google!](#) Crawfish Aquatics, Baton Rouge: <https://goo.gl/1sPxqS>
- [Rate & Review us on Yelp!](#) Crawfish Aquatics, Baton Rouge: <https://tinyurl.com/yd8x9n6x>

[Upcoming Events Schedule & Important Dates](#)

Eligible Groups for each meet are listed on the specific meet info page on the website.

Full Meet Calendar: <http://www.crawfishaquatics.com/swim-team/meet-information/>

- **June 20-21: CA Summer Invitational**
<http://www.crawfishaquatics.com/calendar/ca-summer-invitational-2019>
- **June 28: CA Developmental Meet (Novice, 8 & U, Age Group, Junior Red)**
Sign up: <http://www.crawfishaquatics.com/calendar/crawfish-developmental-meet-june-28>
- **July 7: Pre-State Meet Team Dinner.** *Sign up for BR location dinner:*
<http://www.crawfishaquatics.com/calendar/championship-season-team-dinner-baton-rouge>
- **July 11-14: Sectional Championship in Austin**
<http://www.crawfishaquatics.com/calendar/sectional-championship-lc-2019>
- **July 12-14: 12 & Under Long Course State Championship**
Sign up: <http://www.crawfishaquatics.com/calendar/2019-12-under-long-course-state-championship>
- **July 18-21: 13 & Older Long Course State Championship**
Sign up: <http://www.crawfishaquatics.com/calendar/2019-long-course-13-older-state-championship>
- **July 20: CA Developmental Meet (Novice, 8 & U, Age Group, Junior Red)**
Sign up: <http://www.crawfishaquatics.com/calendar/crawfish-developmental-meet-july-2019>
- **July 27: 8 & Under Championship (Novice, 8 & U, AG, J Red ages 5-8 yrs)**
Sign up: <http://www.crawfishaquatics.com/calendar/8-under-regional-championship>

End of Summer /Fall 2019 Schedule & Practice notes

- July 27-August 10: End of Summer Season Practice Break (no practice, all groups)
 - August 12: Resume School Year Practice Schedule, Junior/Senior
 - August 12-13: NEW swimmer placement evaluations.
 - August 14/15: Resume School Year Practice Schedule, 8 & U/Age Group (Wed/Thurs)
-

Fundraising Policy

Fundraising obligations allow flexibility for families and a lower monthly dues amount, which is reviewed annually by our staff. You can utilize the fundraisers (Swim-A-thon or the Business Sponsor program) or have the amount post to your May and December invoices. 50% of your family's obligation is invoiced/due in May and the other 50% is invoiced/due in December. **Review full policy from the handbook here:** [http://www.crawfishaquatics.com/docs/Crawfish Aquatics Fundraising Policy BR.pdf](http://www.crawfishaquatics.com/docs/Crawfish_Aquatics_Fundraising_Policy_BR.pdf)
***There is a 6 month grace period for new members before fundraising obligation begins.*

Invoice questions? Log in to your Team Unify account!

- To view past or upcoming invoices or change your payment method, log in to your Team Unify account! <https://www.teamunify.com/team/laca/page/home>
- **Team Unify app:** Connect to your TU account through the app and access account, billing, event info & more! <https://www.teamunify.com/swim-team-management-software/swim-app/>

Connect with Crawfish Aquatics online

- Rate & Review us on Google! Crawfish Aquatics, Baton Rouge: <https://goo.gl/1sPxqS>
- Rate & Review us on Yelp! Crawfish Aquatics, Baton Rouge: <https://tinyurl.com/yd8x9n6x>
- Facebook: www.facebook.com/crawfishaquaticsbatonrouge
- Instagram: <https://www.instagram.com/crawfishaquatics.br/>
- Twitter: <https://twitter.com/crawfishaquatic>
- Website: www.crawfishaquatics.com
- Meet Mobile app: This is a [good app to have](#) for searching meet results!