



Read this on our website: <http://www.crawfishaquatics.com/swim-team/weekly-newsletter/>

Announcements & Reminders

- **Tuesday, November 12:** All Groups will train inside due to the incoming weather. *We will make the decision on Wednesday as it gets closer to that practice.*
- **Upcoming Meets November through January by Division** from previous Enews: http://www.crawfishaquatics.com/docs/Meet_Information/Fall_Meets_List.pdf
- **Thanksgiving, week of November 25-30**
 - All groups: Regular schedule Monday/Tuesday
 - Novice, 8 & U, AG, Senior Prep, Junior Red: no practice Wed, Nov 27- Sat, Nov 30
 - J White/Black and Senior: no practice Thurs, Nov 28 - Sat, Nov 30 (there will be morning practice on Wed, Nov 27)
- **Outdoor Practice Groups change over- starting November 20**
 - Groups currently swimming in the outdoor pool will move to the indoor pool starting Wed, Nov 20.
 - All groups will be inside the week of November 25 (see Thanksgiving week schedule)
 - Starting Monday, December 2 through December 12:
 - Age Group 2 (Coach Cameron, Erin and Coach Elias) and Age Group 3 (Coach James) will practice in the outdoor pool.
 - Senior Black (M/W) and Senior Red & White (Tues/Thurs) will practice in the outdoor pool.
 - For the school holiday practice schedule when many groups are on "break", we will only utilize the indoor pool for practices. The Senior group will return to this outdoor pool rotation as of January 6 but all Age Group practices will remain inside until later in the Spring.

Invoice questions? Log in to your Team Unify account!

- To view past or upcoming invoices or change your payment method, log in to your Team Unify account! <https://www.teamunify.com/team/laca/page/home>
 - **Team Unify app:** Connect to your TU account through the app and access account & event info. Please note that the app does not show billing history- you will need to log in to your account through the TU website for that. <https://www.teamunify.com/swim-team-management-software/swim-app/>
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It's a Swim Meet Weekend! Sign up deadline is Monday, November 11.

Crawfish Developmental Meet: Sat, Nov 16

Warm up: 12:00pm / Meet Begins: 12:30pm

Eligible Groups

-For Novice, 8 & U, Age Group.

-8 & U-3 (Coach James), Age Group 2 (Coach Cameron) and Age Group 3 (Coach James) are encouraged to participate in the Crawfish Classic taking place in 2 sessions on Saturday (in the morning and afternoon).

<http://www.crawfishaquatics.com/calendar/crawfish-aquatics-developmental-meet-nov-2019>

Crawfish Classic: November 15-16

Meet Schedule

-Friday (Session 1), 4:45pm warm up/ Meet begins 5:30pm

Events: 200 / 400 IM, 500/1000/1650 Free. This will mostly be Senior, Junior Black and some Junior White.

-Saturday (Session 2 & 3)

Session 2- 8:00am warm up/ 8:45am start and Session 3- 2:30pm warm up/ 3:15pm start.

Both Sessions on Saturday are open to all eligible groups- the goal is for them to swim in both sessions Saturday! See event order info on the website.

Eligible groups

-Junior, Senior (S White/S Black participating in HS Swimming will be entered in 1 event of the meet), Senior Prep, 8 & U-3, Age Group-2 (Coach Cameron), Age Group-3 (Coach James).

<http://www.crawfishaquatics.com/calendar/crawfish-aquatics-november-classic>

Practice Schedule: Week of November 11

- **Novice Division, Last Week of Fall Season**
 - 3:40-4:20pm (4-8yrs, M/W and T/Th group)
 - 4:30-5:10pm (4-8yrs, M/W and T/Th group)
 - 5:15-5:55pm (8-9yrs, M/W and T/Th; 6-7yrs also on M/W)
 - 6:00-7:00pm (10-14 yrs, M/W or T/Th group)

- **8 & Under**
Mon/Wed, Tues/Thurs or Mon-Thurs groups
-3:40-4:30pm and 4:30-5:20pm groups

- **Age Group**
M/W/F or S and T/Th/S or F groups:
-Mon-Thurs, 5:30-6:45pm
-No Friday or Saturday practice due to swim meets

- **Junior Red**
-Mon-Thurs, 4:30-5:30pm
- **Junior White**
-Mon-Thurs, 6:00-7:15pm swim
-Mon/Wed, 5:30-6:00pm drylands
-Friday/Saturday- swim meet
- **Junior Black**
-Mon/Wed: 4:00pm drylands and swim 4:30-6:00pm
-Tues/Thurs: 4:00-4:15 dryland/core; swim 4:15-6:00pm
-Friday/Saturday- swim meet
- **Senior Prep**
-Monday/Wednesday, 6:00-7:15pm swim
-Tues/Thurs, 7:15-7:30pm core
-Saturday- Crawfish Classic, sign up!
- **Senior Red**
-Monday - Thursday, 6:00-7:30pm (drylands Tues/Thurs)
-Friday/Saturday- swim meet
- **Senior White**
-Monday- Thursday, 4:00-6:00pm
-Friday/Saturday- swim meet
- **Senior Black**
-Monday: 5:00-6:30am Swim / 3:45-6:15pm Swim and Strength
-Tuesday: 3:45-6:00pm Swim and Core
-Wednesday: 3:45-6:15pm Swim and Strength
-Thursday: 3:45-6:00pm Swim and Core
-Friday: 3:45-5:15pm Swim or Meet
-Saturday: Meet
*** Monday morning Black 1 only*

Fundraising Obligation- December 1 invoice

As outlined in the Parent Handbook and previous Enews, all families that have been members beyond 6 month have an annual fundraising obligation, with the first half invoiced in April and second half invoiced in November. **Please note that you may see the fundraising invoice on your account BEFORE your account is credited for funds raised. Both items will be completed and posted by November 20. Please log in to your TU account directly to review your upcoming invoice after November 20.*

How much is due for the year and how much is billed on December 1?

Developmental Competitive (8 & U / Age Group/Senior Prep) is \$150 per year and Advanced Competitive (Junior/Senior) is \$300 per year. Fundraising balances for the first half of 2019 were posted on the May 1 invoice through your TU account with applicable credits applied at that time. Remaining funds raised through Swim-A-Thon or Business Sponsor program and the applicable amounts will be credited to your Dec 1 invoice toward this second half of the year billing.

There is no carry over from year to year and the maximum amount to be credited to your account annually is either \$150 or \$300 depending on your annual obligation amount. See handbook for full policy.

Example of how funds are applied to the account:

Example 1: Your family owes \$300 annually and you raised \$250 in the SAT; \$150 of your SAT funds were credited to your account in May and in November the remaining \$100 will be credited to your account for the Second Half of year billing. The remaining \$50 owed for fundraising for 2019 will be posted with your Dec 1 invoice.

Example 2: Your family owes \$150 annually and raised \$50 in the SAT. You were invoiced the \$75 First Half of year fundraising obligation in May, had your account credited the \$50 from fundraising and the remaining \$25 balance was debited on May 1. Then the Second Half billing of \$75 will post to your account with the December 1 invoice.

Upcoming Events Schedule and Important Dates

Go to Meet page on website: <http://www.crawfishaquatics.com/swim-team/meet-information>

- **December 14: Crawfish 14 & Under Meet (USA Swimming sanctioned)**
Sign up: <http://www.crawfishaquatics.com/calendar/2019-crawfish-aquatics-14-under-meet>
 - **December 14: Crawfish Developmental Meet**
Sign up: <http://www.crawfishaquatics.com/calendar/crawfish-developmental-meet-december-2019-at-ca-br>
 - **December 14: Crawfish Senior Fun Meet**
Sign up: <http://www.crawfishaquatics.com/calendar/2019-crawfish-senior-race-day>
 - **January 10-12: Crawfish Winter Invitational**
Sign up: <http://www.crawfishaquatics.com/calendar/2020-crawfish-aquatics-winter-invitational>
 - **January 24-26: Mardi Gras Meet at LSU**
Sign up: <http://www.crawfishaquatics.com/calendar/mardi-gras-meet-at-lsu>
 - **February 8: CA Developmental Meet**
Sign up: <http://www.crawfishaquatics.com/calendar/crawfish-developmental-meet-feb-2020>
 - **February 13-16: Senior State Championship**
Sign up: <http://www.crawfishaquatics.com/calendar/senior-short-course-state-championship-2020>
 - **March 12-15: 14 & Under Championship**
Sign up: <http://www.crawfishaquatics.com/calendar/age-group-sc-state-championship>
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Upcoming Season Breaks / Holiday Practice Schedules

December & Christmas Holiday

- View Schedule: <http://www.crawfishaquatics.com/swim-team/weekly-newsletter/>

Reminders about "ongoing group schedules" and Season Transitions:

- Junior, Senior Prep and Senior division run year-round; swimmers will remain active on rosters through December & January unless an online drop form is completed (website: Swim Team > Parent Resources). There are typically 2 scheduled "practice breaks" each year following the end of the Short Course season (as announced in Feb/March) and again at the end of Long Course Season (as announced end of July/start of August).
- 8 & Under and Age Group run year-round; swimmers will remain active on rosters through December & January unless an online drop form is completed (website: Swim Team > Parent Resources). December dues will be pro-rated due to following a partial month schedule. *Swimmers in 8 & U 2 & 3 and AG 2 & 3 that will be participating in the TAQ Mardi Gras Meet (Jan 24-26) will have the option to attend practices December 16-January 5). See meet info page and upcoming group emails for details.*
- Novice Division runs in 3 seasons throughout the year: Fall, Spring, Summer.
 - Novice season finishes November 14 for the 3:40pm, 4:30pm, 5:15pm groups.
 - Novice season finishes December 12 for the 6:00pm group.
 - The Spring session will begin late-January. We may be able to offer a short continuation session for the younger groups through Dec 12 at select times- TBA later in October.

Mardi Gras, week of February 24-29

- J White/Black & Senior: Regular schedule with AM practices on Mon/Tues, Feb 24-25)
- 8 & U, Age Group, S Prep, Junior Red: No practice Mon/Tues; regular schedule rest of week

Post Short Course Season Practice Break

- Junior White / Junior Black- March 16-22
- Senior Red/White- March 16-22
- Senior Black- March 2-8
- All other groups will run regular schedules unless listed as having a post season practice break

Easter/Spring Break

- Senior: April 10-13
- Junior/Dev/Novice: April 9-13

Post Long Course/Summer Season Practice Break

- Junior/S Prep /Senior: July 25-August 9 and return to school year practice schedule Mon, Aug 10
- 8 & U, Age Group: July 25-August 9 and return to school year practice schedule Wed, Aug 12

Team Suit and Training Equipment Requirements

View Info/Order here: <http://www.crawfishaquatics.com/swim-team/team-outfitting/>

- Team Suit Orders through DJ Sports online (Arena or Dolphin- use sort menu on left).
 - Not required for Novice, 8 & U or AG. There is a sizing kit available at the Info Booth to check sizes before order. Wear a black Crawfish cap at the meets!
 - Ordering is available all year long.
 - There is a sizing booth at the Info Booth that you can use to check sizes before ordering!
 - Training Equipment:
 - Junior White/Black, Senior Prep and Senior Division have equipment requirements. These are listed on the website by group. Equipment can be ordered through the DJ Sports link.
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Fundraising Policy

Fundraising obligations allow flexibility for families and a lower monthly dues amount, which is reviewed annually by our staff. You can utilize the fundraisers (Swim-A-thon or the Business Sponsor program) or have the amount post to your May and December invoices. 50% of your family's obligation is invoiced/due in May and the other 50% is invoiced/due in December. **Review full policy from the handbook here:** [http://www.crawfishaquatics.com/docs/Crawfish Aquatics Fundraising Policy BR.pdf](http://www.crawfishaquatics.com/docs/Crawfish_Aquatics_Fundraising_Policy_BR.pdf)
***There is a 6 month grace period for new members before fundraising obligation begins.*

Connect with Crawfish Aquatics online

- Facebook: www.facebook.com/crawfishaquaticsbatonrouge
 - Instagram: <https://www.instagram.com/crawfishaquatics.br/>
 - Twitter: <https://twitter.com/crawfishaquatic>
 - Website: www.crawfishaquatics.com
 - Rate & Review us on Google! Crawfish Aquatics, Baton Rouge: <https://goo.gl/1sPxqS>
 - Rate & Review us on Yelp! Crawfish Aquatics, Baton Rouge: <https://tinyurl.com/yd8x9n6x>
 - Meet Mobile app: This is a [good app to have](#) for searching meet results!
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