



Read this on our website: <http://www.crawfishaquatics.com/swim-team/weekly-newsletter/>

Announcements & Reminders

- **Facility Guidelines and Procedures:** [View Here](#)
 - **Fall/ School Year Practice Schedule**
[View Current Fall Practice Schedule here](#)
 - Friday/Saturday practice for Age Group is in the outdoor pool- Drop off / pick up from the side gate, not the regular outdoor pool entrance from the main parking lot.
 - Reminder: No Fri/Sat practice for Junior or Senior division groups until November, following the final School League meets at Crawfish Aquatic
 - **School League Meet Info and Results**
<http://www.crawfishaquatics.com/school-swim-leagues/>
 - **December Schedule / School Break Training Schedule Published**
http://www.crawfishaquatics.com/docs/CA_Christmas_Training_Schedule_2020_2021.pdf
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Scholastic All American Selections Announced by USA Swimming

Stars in the pool and at school! Congrats to Rylee Moore, Riley Brown, Collin Klingman, Jacques Rathle and Chris Richardson on being named to the USA Swimming Scholastic All American list for 2019-2020! See more: <https://tinyurl.com/y4ghoslq>

Cooler Weather and the Outdoor Pool

As the weather shifts, the outdoor pool is heated and kept warm for our athletes practicing in the outdoor pool. It may seem odd for our younger athletes to swim outside through the Fall, but the outdoor pool stays at a warmer temperature than the indoor pool and with the quieter setting, it is the best place for them to be! The most important thing to remember is to bring a towel, jacket or sweatshirt out to the pool deck so you can bundle up once you are out of the water! Wear a swim cap. Remember that staying active keeps you healthy and wet hair in the cooler months will not make you sick.

We will rotate our 8 & U /Novice athletes to the indoor pool toward the end of November and make daily adjustments if needed on extreme weather days (we will email notifications when it is time to officially rotate to the indoor pool and which pool to report to for daily practice).

Crawfish Aquatics Developmental Meet: October 16

Our first official meet of the Fall season will be at our BR location on Friday, October 16. This meet will be broken into 3 age group sessions to allow for capacity limitations and for parents/spectators to have outdoor viewing. More details on the meet flow will be published as we get closer to the meet.

Swimmers from these groups are eligible: Novice, 8 & Under, Age Group (all), Junior Red.

This is a great meet for swimmers & parents that are new to swim meets. Each session will be finished in under 1 hour, including warm up! Coaches will select events for the swimmers (see the meet info pdf on the website for the events offered).

Sign up through your TU account by October 9. More info/ Sign up is here:

<http://www.crawfishaquatics.com/calendar/crawfish-developmental-meet-october-2020-at-ca-br>

Crawfish Aquatics Fall Invitational, October 17-18

Our first official USA Swimming meet of the Fall season will be October 17-18 at our Baton Rouge location (having a USA Swimming sanction for official times is pending LA Swimming approval for sanctioned meets starting in Oct 2020).

Meet Entry Deadline: Friday, October 9 (this is a hard deadline!)

Info & Sign Up: <http://www.crawfishaquatics.com/calendar/2020-crawfish-fall-invitational-br>

Meet Schedule: See the website / meet invitation document for schedule. The meet will be broken up into smaller sessions to allow for capacity limitations.

Eligible Groups:

- Age Group Division swimmers in AG2 (Coach Jack, Elliot, Brandon, James) and AG3 (Coach Connor).
- Senior Prep
- Junior Division
- Senior Division
- *Swimmers in Junior Red / Age Group 2-3 can sign up for the developmental meet on Fri, Oct 16 and 1 day of the Fall Invitational or both days of the Fall Invitational. Maximum of 2 meet days between Fri-Sun.*

Meet Fees & USA Swimming membership:

- \$15 surcharge and \$3.5 per event entered. Posted to your November 1st invoice.
- USA Swimming Membership required for this meet.
 - Age Group division athletes that do not have a current USA Swimming membership and sign up for this meet will be registered with USA Swimming as a Flex Member and invoiced \$20 per athlete. The \$20 Flex membership will be valid until 12/2021 and allows the athlete to compete in 2 sanctioned meets now through Dec 2021. After the 2 meets, if signing up for a 3rd meet your membership will be upgraded to a full membership with an upgrade fee of \$60 (the full membership fee is \$80).
 - Crawfish Developmental meets do NOT count toward the 2 sanctioned meets allowed using the Flex Membership.*

Upcoming Events & Important Dates

See all Meet dates/details/sign up links for all upcoming meets:

<http://www.crawfishaquatics.com/swim-team/meet-information>

- **October 16: Crawfish Developmental Meet**
 - Eligible groups: Novice, 8 & Under, Age Group (all groups), Junior Red.
 - Sign up: <http://www.crawfishaquatics.com/calendar/crawfish-developmental-meet-october-2020-at-ca-br>
- **October 17-18: CA Fall Invitational**
 - Eligible groups: Age Group 2 & 3, Junior Division, Senior division
 - USA Swimming membership required- see website for more info.
 - Sign up: <http://www.crawfishaquatics.com/calendar/2020-crawfish-fall-invitational-br>
- **November 13: Crawfish Developmental Meet**
 - Eligible groups: Novice, 8 & Under, Age Group (all groups), Junior Red.
 - Sign up: <http://www.crawfishaquatics.com/calendar/crawfish-developmental-meet-november-2020-at-ca-br>
- **November 14-15: Crawfish Classic**
 - Eligible groups: Age Group 2 & 3, Junior Division, Senior division
 - USA Swimming membership required- see website for more info
 - Sign up: <http://www.crawfishaquatics.com/calendar/crawfish-classic>
- **Week of November 23 (Thanksgiving):**
 - Regular Schedule Mon/Tues (except for Senior Black- morning practices these days)
 - Wednesday: morning practice for Senior groups and Junior Black/White. All other groups off.
 - Thursday-Sunday: All groups are off of practice. Resume regular schedule Monday, Nov 30.
- **December Schedule / School Break Training Schedule (Dec 18-Jan 3)**
http://www.crawfishaquatics.com/docs/CA_Christmas_Training_Schedule_2020_2021.pdf

ADDITIONAL RESOURCES

Team Suit and Training Equipment Requirements

View Info/Order here: <http://www.crawfishaquatics.com/swim-team/team-outfitting/>

- Team Suit Orders through Swim Outlet online
 - Not required for Novice, 8 & U or AG (encouraged if swimming in meets!)
 - There is a sizing booth at the Info Booth that you can use to check sizes before ordering.
 - Ordering is available all year long.
 - Wear a black Crawfish cap at the meets (purchase at Info Booth)
- Training Equipment:
 - Junior White/Black, Senior Prep and Senior Division have equipment requirements. These are

listed on the website by group.

- Swim Store on Swim Outlet for Team Suits & Training Gear: <http://www.swimoutlet.com/crawfish> Shopping for regular practice suits, goggles, etc.? Start by going to our [team store page on SwimOutlet](#) and then search/shop from there. Crawfish will get a percentage back on purchases made by CA members!
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Invoice questions? Log in to your Team Unify account!

- To view past or upcoming invoices or change your payment method, log in to your Team Unify account! <https://www.teamunify.com/team/laca/page/home>
 - **Team Unify app:** Please note that the app does not show billing history- you will need to log in to your account through the TU website for that. <https://www.teamunify.com/swim-team-management-software/swim-app/>
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Withdraw from Program/ Pause Membership

Monthly enrollment groups can be cancelled with completion of this form, by the 25th of the month prior to your "drop month". Please note that Novice division groups are seasonal, not monthly, and swimmers are not automatically renewed season to season. Additionally, swimmers that joined 8 & U or Age Group for the Summer season will not be automatically renewed in the Fall and will require re-enrollment to continue (therefore an end of Summer "drop" is not required).

Withdrawal form: http://www.crawfishaquatics.com/crawfish_aquatics_withdrawal_form

Fundraising Policy

Fundraising invoices have been suspended at this time.

Fundraising obligations allow flexibility for families and a lower monthly dues amount, which is reviewed annually by our staff. You can utilize the fundraisers (Swim-A-thon or the Business Sponsor program) or have the amount post to your May and December invoices. 50% of your family's obligation is invoiced/due in May and the other 50% is invoiced/due in December. **Review full policy from the handbook here:** http://www.crawfishaquatics.com/docs/Crawfish_Aquatics_Fundraising_Policy_BR.pdf
***There is a 6 month grace period for new members before fundraising obligation begins.*

Connect with Crawfish Aquatics online

- **Facebook:** www.facebook.com/crawfishaquaticsbatonrouge
- **Instagram:** <https://www.instagram.com/crawfishaquatics.br/>
- **Twitter:** <https://twitter.com/crawfishaquatic>
- **Website:** www.crawfishaquatics.com
- **Rate & Review us on Google!** Crawfish Aquatics, Baton Rouge: <https://goo.gl/1sPxqS>
- **Rate & Review us on Yelp!** Crawfish Aquatics, Baton Rouge: <https://tinyurl.com/yd8x9n6x>
- **Meet Mobile app:** This is a [good app to have](#) for searching meet results!
- **Inclement Weather Notifications:** Sign up for Text Alerts: http://www.crawfishaquatics.com/docs/SMS_Notifications.pdf