



Read this on our website: <http://www.crawfishaquatics.com/swim-team/weekly-newsletter/>

Announcements & Reminders

- **October 9 is the sign up deadline for upcoming swim meets** on October 16, 17-18. Meet schedule and the event list for the day is posted on the website with additional meet details. *Check the meet for eligible groups before signing up!*
 - **Regular Practice Schedule this week!**
[View Current Fall Practice Schedule here](#)
 - **Facility Guidelines and Procedures:** [View Here](#)
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Team Store Sale this week at the Info Booth, 3:45-6:00pm

In addition to these items, we have a small stock/limited sizes of gray and black hoodies, red and gray t-shirts) and CA Swim Caps (latex & silicone) available for purchase. Get your swim cap for the upcoming swim meets!

- Long Sleeve Red Shirts- \$10
 - Short Sleeve heathered white t-shirt (20 years design)- \$10
 - Raglan style shirt- \$15
 - Stars & Strokes shirts- \$15
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Dates & Season Transitions

- **Junior, Senior Prep and Senior division** run year-round; swimmers will remain active on rosters through December & January unless an online drop form is completed (website: Swim Team > Parent Resources). There are typically 2 scheduled "practice breaks" each year following the end of the Short Course season (as announced in Feb/March) and again at the end of Long Course Season (as announced at the end of July/start of August).
View the December school holiday schedule here: <https://tinyurl.com/y4juk3j9>
- **8 & Under and Age Group** runs year-round; swimmers will remain active on rosters through December & January unless an online drop form is completed (website: Swim Team > Parent Resources).
December practices run Dec 1-17. Dues will be prorated due to following a partial month schedule (\$40 for 8 & U/ \$45 for Age Group). No practice December 18-January 3. Resume regular schedule Mon, January 4, 2021.
- **Novice Division** runs in 3 seasons throughout the year: Fall, Spring, Summer.
 - Novice season finishes November 12 for the 3:40pm, 4:30pm, 5:15pm groups.
 - Novice season finishes December 10 for the 6:00pm group.
 - The Spring session will begin late-January. Details are TBD based on the indoor pool schedule and lane layout.

Safe Sport: Request for our Athletes (12yrs+) and Parents

We have posted some resources from USA Swimming and the Safe Sport program. We are requesting that parents and/or parents and athletes review the Safe Sport info and take the online training course. We are in the process of obtaining a Safe Sport designation with USA Swimming and our membership participation in the online training is a crucial component. More info here:

<http://www.crawfishaquatics.com/swim-team/safe-sport>

Sign up by Friday: Crawfish Aquatics Developmental Meet (October 16)

Our first official meet of the Fall season will be at our BR location on Friday, October 16. This meet will be broken into 3 age group sessions to allow for capacity limitations and for parents/spectators to have outdoor viewing. More details on the meet flow will be published as we get closer to the meet.

Swimmers from these groups are eligible: Novice, 8 & Under, Age Group (all), Junior Red.

This is a great meet for swimmers & parents that are new to swim meets. Each session will be finished in under 1 hour, including warm up! Coaches will select events for the swimmers (see the meet info pdf on the website for the events offered).

Sign up through your TU account by October 9. More info/ Sign up is here:

<http://www.crawfishaquatics.com/calendar/crawfish-developmental-meet-october-2020-at-ca-br>

Sign up by Friday: Crawfish Aquatics Fall Invitational (October 17-18)

Our first official USA Swimming meet of the Fall season will be October 17-18 at our Baton Rouge location (*update- this meet has been officially sanctioned with USA Swimming along with our upcoming meets in November/December*).

Meet Entry Deadline: Friday, October 9 (this is a hard deadline!)

Info & Sign Up: <http://www.crawfishaquatics.com/calendar/2020-crawfish-fall-invitational-br>

Meet Schedule: See the website / meet invitation document for schedule. The meet will be broken up into smaller sessions to allow for capacity limitations.

Eligible Groups:

- Age Group Division swimmers in AG2 (Coach Jack, Elliot, Brandon, James) and AG3 (Coach Connor).
- Senior Prep, Junior Division, Senior Division
- *Swimmers in Junior Red / Age Group 2-3 can sign up for the developmental meet on Fri, Oct 16 and 1 day of the Fall Invitational or both days of the Fall Invitational. Maximum of 2 meet days between Fri-Sun.*

Meet Fees & USA Swimming membership:

- \$15 surcharge and \$3.5 per event entered. Posted to your November 1st invoice.
 - USA Swimming Membership required for this meet.
 - Age Group division athletes that do not have a current USA Swimming membership and sign up for this meet will be registered with USA Swimming as a Flex Member and invoiced \$20 per athlete. The \$20 Flex membership will be valid until 12/2021 and allows the athlete to compete in 2 sanctioned meets now through Dec 2021. After the 2 meets, if signing up for a 3rd meet your membership will be upgraded to a full membership with an upgrade fee of \$60 (the full membership fee is \$80).
 - Crawfish Developmental meets do NOT count toward the 2 sanctioned meets allowed using the Flex Membership.
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[Arena Team Suits/Apparel AND Technical Suit sale in the Crawfish SwimOutlet.com store](#)

Our team store on the swimoutlet.com website offers our team suit (branded with or without the logo) along with warm up jackets/pants and NOW a Parka, with a permanent 25% off for CA members.

Looking to purchase a team suit or team gear?

- suits, warmups, parka: <https://tinyurl.com/y5lgzkqu>
Reminder- team suit is not required for Novice, 8 & U or AG. See more details in the ADDITIONAL RESOURCES section of the Enews or on the team apparel page of the website.
- training equipment for Senior & Junior groups: <https://www.swimoutlet.com/crawfish/> (go to the link and find your swimmer's group; all training equipment listed for your group is the full list of items needed).

Looking to purchase a new technical suit?

- Arena is offering a Fall special on tech suits now through October 25 through our CA team store. <https://tinyurl.com/y3e92mj3>
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[Swim Meet Live Stream!](#)

We now have a live stream set up for all upcoming swim meets hosted at Crawfish Aquatics. Subscribe to the youtube page: Crawfish Broadcasting (or just go to this link directly during an event).

<https://www.youtube.com/channel/UCuooAdb-gG4aZvvAU76nXZg>

The link is published to the following pages on the CA website for reference any time:

- HS League page: <http://www.crawfishaquatics.com/school-swim-leagues/capital-city-swim-league>
 - MS League page: <http://www.crawfishaquatics.com/school-swim-leagues/middle-school/>
 - CA Meets page: <http://www.crawfishaquatics.com/swim-team/meet-information>
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[Upcoming Events & Important Dates](#)

See all Meet dates/details/sign up links for all upcoming meets:

<http://www.crawfishaquatics.com/swim-team/meet-information>

- **October 16: Crawfish Developmental Meet**
 - Eligible groups: Novice, 8 & Under, Age Group (all groups), Junior Red.

-Sign up: <http://www.crawfishaquatics.com/calendar/crawfish-developmental-meet-october-2020-at-ca-br>

- **October 17-18: CA Fall Invitational**
 - Eligible groups: Age Group 2 & 3, Junior Division, Senior division
 - USA Swimming membership required- see website for more info.
 - Sign up: <http://www.crawfishaquatics.com/calendar/2020-crawfish-fall-invitational-br>
 - **November 13: Crawfish Developmental Meet**
 - Eligible groups: Novice, 8 & Under, Age Group (all groups), Junior Red.
 - Sign up: <http://www.crawfishaquatics.com/calendar/crawfish-developmental-meet-november-2020-at-ca-br>
 - **November 14-15: Crawfish Classic**
 - Eligible groups: Age Group 2 & 3, Junior Division, Senior division
 - USA Swimming membership required- see website for more info
 - Sign up: <http://www.crawfishaquatics.com/calendar/crawfish-classic>
 - **Week of November 23 (Thanksgiving):**
 - Regular Schedule Mon/Tues (except for Senior Black- morning practices these days)
 - Wednesday: morning practice for Senior groups and Junior Black/White. All other groups off.
 - Thursday-Sunday: All groups are off of practice. Resume regular schedule Monday, Nov 30.
 - **For Meets in December and 2021, go to the Meets page:**
<http://www.crawfishaquatics.com/swim-team/meet-information>
 - **December Schedule / School Break Training Schedule (Dec 18-Jan 3)**
[http://www.crawfishaquatics.com/docs/CA Christmas Training Schedule 2020 2021.pdf](http://www.crawfishaquatics.com/docs/CA_Christmas_Training_Schedule_2020_2021.pdf)
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ADDITIONAL RESOURCES

Team Suit and Training Equipment Requirements

View Info/Order here: <http://www.crawfishaquatics.com/swim-team/team-outfitting/>

- Team Suit Orders through Swim Outlet online
 - Not required for Novice, 8 & U or AG (encouraged if swimming in meets!)
 - There is a sizing booth at the Info Booth that you can use to check sizes before ordering.
 - Ordering is available all year long.
 - Wear a black Crawfish cap at the meets (purchase at Info Booth)
- Training Equipment:
 - Junior White/Black, Senior Prep and Senior Division have equipment requirements. These are listed on the website by group.
- Swim Store on Swim Outlet for Team Suits & Training Gear: <http://www.swimoutlet.com/crawfish>
Shopping for regular practice suits, goggles, etc.? Start by going to our [team store page on](#)

[SwimOutlet](#) and then search/shop from there. Crawfish will get a percentage back on purchases made by CA members!

Invoice questions? Log in to your Team Unify account!

- To view past or upcoming invoices or change your payment method, log in to your Team Unify account! <https://www.teamunify.com/team/laca/page/home>
 - Team Unify app: Please note that the app does not show billing history- you will need to log in to your account through the TU website for that.
<https://www.teamunify.com/swim-team-management-software/swim-app/>
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Withdraw from Program/ Pause Membership

Monthly enrollment groups can be cancelled with completion of this form, by the 25th of the month prior to your "drop month". Please note that Novice division groups are seasonal, not monthly, and swimmers are not automatically renewed season to season. Additionally, swimmers that joined 8 & U or Age Group for the Summer season will not be automatically renewed in the Fall and will require re-enrollment to continue (therefore an end of Summer "drop" is not required).

Withdrawal form: http://www.crawfishaquatics.com/crawfish_aquatics_withdrawal_form

Fundraising Policy

Fundraising invoices have been suspended at this time.

Fundraising obligations allow flexibility for families and a lower monthly dues amount, which is reviewed annually by our staff. You can utilize the fundraisers (Swim-A-thon or the Business Sponsor program) or have the amount post to your May and December invoices. 50% of your family's obligation is invoiced/due in May and the other 50% is invoiced/due in December. ***Review full policy from the handbook here:*** [http://www.crawfishaquatics.com/docs/Crawfish Aquatics Fundraising Policy BR.pdf](http://www.crawfishaquatics.com/docs/Crawfish_Aquatics_Fundraising_Policy_BR.pdf)

*****There is a 6 month grace period for new members before fundraising obligation begins.***

Connect with Crawfish Aquatics online

- Facebook: www.facebook.com/crawfishaquaticsbatonrouge
- Instagram: <https://www.instagram.com/crawfishaquatics.br/>
- Twitter: <https://twitter.com/crawfishaquatic>
- Website: www.crawfishaquatics.com
- Rate & Review us on Google! Crawfish Aquatics, Baton Rouge: <https://goo.gl/1sPxqS>
- Rate & Review us on Yelp! Crawfish Aquatics, Baton Rouge: <https://tinyurl.com/yd8x9n6x>
- Meet Mobile app: This is a [good app to have](#) for searching meet results!
- Inclement Weather Notifications: Sign up for Text Alerts:
http://www.crawfishaquatics.com/docs/SMS_Notifications.pdf