



Read this on our website: <http://www.crawfishaquatics.com/swim-team/weekly-newsletter/>

Announcements & Reminders

- **Regular Practice Schedule Monday-Saturday this week (Oct 19-25)**
-[View Current Fall Practice Schedule here](#)
 - **Facility Guidelines and Procedures:** [View Here](#)
-

Swim Meet Weekend!

What a great weekend of swimming: 9 swim meet sessions run from Friday afternoon through Sunday afternoon. Our first session on Friday was kicked off by SIXTY 4-7 year old swimmers, many participating in their first meet. It felt good to have our athletes from all 3 CA locations together on the same pool deck to race, even though we were split up into smaller groups than we are used to. Huge thanks to our parents for your support as we continue to navigate and adjust how we put on meets. Meets are a bit quieter than we are used to but that did not stop our athletes from getting up on the blocks and racing hard.

- Meet Results from the weekend are published here:
<http://www.crawfishaquatics.com/swim-team/meet-information/meet-results/>
 - If you did not check out the live feed during the meet, all of the meet streams are stored on the Crawfish Broadcasting youtube page:
<https://www.youtube.com/channel/UCuooAdb-gG4aZvvAU76nXZg>
-

12 & Older Parents- Safesport

We are working to become Safesport compliant which is going to be a requirement for all USA Swimming Clubs in the near future. *We want to be ahead of the curve.*

We are requesting for our 12 & older parents to take a very short course from USA Swimming. This course is designed for parents to help our team create a safe, welcoming, and fun community not only for the athletes, but for your families as well. Parents with athletes of all ages are welcome to take this course; for the accreditation with USA Swimming only parents with athletes 12 & Older count toward our team percentage.

Get started here: <https://learn.usaswimming.org>

Instructions here: http://www.crawfishaquatics.com/docs/Safe_Sport_for_Parents_Instructions.pdf

Cooler Weather and the Outdoor Pool

The outdoor pool is heated and kept warm for our athletes practicing in the outdoor pool. It may seem odd for our younger athletes to swim outside through the Fall, but the outdoor pool stays at a warmer temperature than the indoor pool and with the quieter setting, it is the best place for them to be!

The most important thing to remember is to bring a towel, jacket or sweatshirt out to the pool deck so you can bundle up once you are out of the water! Wear a swim cap. Remember that staying active keeps you healthy and wet hair in the cooler months will not make you sick.

We will rotate our 8 & U /Novice athletes to the indoor pool toward the end of November and make daily adjustments if needed on extreme weather days (we will email notifications when it is time to officially rotate to the indoor pool and which pool to report to for daily practice).

Dates & Season Transitions

- **Junior, Senior Prep and Senior division** run year-round; swimmers will remain active on rosters through December & January unless an online drop form is completed (website: Swim Team > Parent Resources). There are typically 2 scheduled "practice breaks" each year following the end of the Short Course season (as announced in Feb/March) and again at the end of Long Course Season (as announced at the end of July/start of August).
View the December school holiday schedule here: <https://tinyurl.com/y4juk3j9>

 - **8 & Under and Age Group** runs year-round; swimmers will remain active on rosters through December & January unless an online drop form is completed (website: Swim Team > Parent Resources).
December practices run Dec 1-17. Dues will be prorated due to following a partial month schedule (\$40 for 8 & U/ \$45 for Age Group). No practice December 18-January 3. Resume regular schedule Mon, January 4, 2021.

 - **Novice Division** runs in 3 seasons throughout the year: Fall, Spring, Summer.
 - Novice season finishes November 12 for the 3:40pm, 4:30pm, 5:15pm groups.
 - Novice season finishes December 10 for the 6:00pm group.
 - The Spring session will begin late-January. Details are TBD based on the indoor pool schedule and lane layout.
-

Upcoming Events & Important Dates

See all Meet dates/details/sign up links for all upcoming meets:

<http://www.crawfishaquatics.com/swim-team/meet-information>

- **November 13: Crawfish Developmental Meet**
-Eligible groups: Novice, 8 & Under, Age Group (all groups), Junior Red.
-Sign up: <http://www.crawfishaquatics.com/calendar/crawfish-developmental-meet-november-2020-at-ca-br>

- **November 14-15: Crawfish Classic**
 - Eligible groups: Age Group 2 & 3, Junior Division, Senior division
 - USA Swimming membership required- see website for more info
 - Sign up: <http://www.crawfishaquatics.com/calendar/crawfish-classic>
 - **Week of November 23 (Thanksgiving):**
 - Regular Schedule Mon/Tues (except for Senior Black- morning practices these days)
 - Wednesday: morning practice for Senior groups and Junior Black/White. All other groups off.
 - Thursday-Sunday: All groups are off of practice. Resume regular schedule Monday, Nov 30.
 - **For Meets in December and 2021, go to the Meets page:**
<http://www.crawfishaquatics.com/swim-team/meet-information>
 - **December Schedule / School Break Training Schedule (Dec 18-Jan 3)**
[http://www.crawfishaquatics.com/docs/CA Christmas Training Schedule 2020 2021.pdf](http://www.crawfishaquatics.com/docs/CA_Christmas_Training_Schedule_2020_2021.pdf)
-

ADDITIONAL RESOURCES

Team Suit and Training Equipment Requirements

View Info/Order here: <http://www.crawfishaquatics.com/swim-team/team-outfitting/>

- Team Suit Orders through Swim Outlet online
 - Not required for Novice, 8 & U or AG (encouraged if swimming in meets!)
 - There is a sizing booth at the Info Booth that you can use to check sizes before ordering.
 - Ordering is available all year long.
 - Wear a black Crawfish cap at the meets (purchase at Info Booth)
 - Training Equipment:
 - Junior White/Black, Senior Prep and Senior Division have equipment requirements. These are listed on the website by group.
 - Swim Store on Swim Outlet for Team Suits & Training Gear: <http://www.swimoutlet.com/crawfish>
Shopping for regular practice suits, goggles, etc.? Start by going to our [team store page on SwimOutlet](#) and then search/shop from there. Crawfish will get a percentage back on purchases made by CA members!
-

Invoice questions? Log in to your Team Unify account!

- To view past or upcoming invoices or change your payment method, log in to your Team Unify account! <https://www.teamunify.com/team/laca/page/home>
 - Team Unify app: Please note that the app does not show billing history- you will need to log in to your account through the TU website for that.
<https://www.teamunify.com/swim-team-management-software/swim-app/>
-

Withdraw from Program/ Pause Membership

Monthly enrollment groups can be cancelled with completion of this form, by the 25th of the month prior to your "drop month". Please note that Novice division groups are seasonal, not monthly, and swimmers are not automatically renewed season to season. Additionally, swimmers that joined 8 & U or Age Group for the Summer season will not be automatically renewed in the Fall and will require re-enrollment to continue (therefore an end of Summer "drop" is not required).

Withdrawal form: http://www.crawfishaquatics.com/crawfish_aquatics_withdrawal_form

Fundraising Policy

Fundraising invoices have been suspended at this time.

Fundraising obligations allow flexibility for families and a lower monthly dues amount, which is reviewed annually by our staff. You can utilize the fundraisers (Swim-A-thon or the Business Sponsor program) or have the amount post to your May and December invoices. 50% of your family's obligation is invoiced/due in May and the other 50% is invoiced/due in December. **Review full policy from the handbook here:** http://www.crawfishaquatics.com/docs/Crawfish_Aquatics_Fundraising_Policy_BR.pdf

***There is a 6 month grace period for new members before fundraising obligation begins.*

Connect with Crawfish Aquatics online

- Facebook: www.facebook.com/crawfishaquaticsbatonrouge
- Instagram: <https://www.instagram.com/crawfishaquatics.br/>
- Twitter: <https://twitter.com/crawfishaquatic>
- Website: www.crawfishaquatics.com
- Rate & Review us on Google! Crawfish Aquatics, Baton Rouge: <https://goo.gl/1sPxqS>
- Rate & Review us on Yelp! Crawfish Aquatics, Baton Rouge: <https://tinyurl.com/yd8x9n6x>
- Meet Mobile app: This is a [good app to have](#) for searching meet results!
- Inclement Weather Notifications: Sign up for Text Alerts:
http://www.crawfishaquatics.com/docs/SMS_Notifications.pdf