

Read this on our website: http://www.crawfishaquatics.com/swim-team/weekly-newsletter/

<u>Announcements & Reminders</u>

• Annual Admin Fee posting to January 1 invoice

This \$15 fee is invoiced to each athlete on the roster for 8 & U, Age Group, Junior, Senior & Adult/Masters for 2021 on the upcoming January 1 invoice. Swimmers in Novice will pay this fee with their online registration for the Spring season/ next season enrollment.

• Dec 11 Developmental Meet Results:

http://www.crawfishaquatics.com/docs/dev_results_5.pdf

• Swim Outlet is doing a 25% off promo for Arena teams

This coupon is good for 25% off any Arena items, including custom team apparel. It will run from now-end of the year. Use "ArenaTeams25" at checkout through our team store. https://www.swimoutlet.com/crawfish

• Spring Novice Enrollment

Priority registration will be available to returning swimmers from the Fall and registration links will be sent out this week.

Practice Schedule this week & upcoming

• This week: regular school year (winter) schedule with these changes/reminders

- No Age Group on Fri / Sat. Last practice for 2020 is Dec 17. Return Jan 6-7, 2021.
 Swimmers remain active on the roster until a withdrawal form is submitted. No actions are needed if you plan to return to the pool in January!
- Updates for Senior Red / Senior White this Friday & Saturday:
 -Friday, 4:00-6:15pm both groups and Saturday, 7:00-9:30am White, 9:45-11:30am Red
- http://www.crawfishaguatics.com/docs/Winter 2020 1.pdf

• December 21-January 3 schedule for Junior, Senior groups

http://www.crawfishaquatics.com/docs/CA_Christmas_Training_2020.pdf

Invoice questions? Log in to your Team Unify account!

- To view past or upcoming invoices or change your payment method, log in to your Team Unify account! https://www.teamunify.com/team/laca/page/home
- <u>Team Unify app</u>: Please note that the app does not show billing history- you will need to log in to your account through the TU website for that.

https://www.teamunifv.com/swim-team-management-software/swim-app/

USA Swimming Club Excellence Program

We are proud to be recognized in the USA Swimming Club Excellence Program as a Silver Medal Club for 2021! This program highlights the top 200 clubs within USA swimming annually, using athlete performance, development and athlete progression as ranking items to generate this list. Full team list: https://www.usaswimming.org/articles-landing-page/2020/11/23/2021-club-excellence-results

2021 Short Course State Championship Meets

No decisions have been made at this time. There is a Louisiana Swimming meeting coming up this month where teams will discuss proposed formats which include splitting the meet into 3 to 4 locations (with merged results for final standings) and hosting the Senior and the Age Group meets on the same weekend (with Senior taking place in the AM and Age Group in the PM). There are no tentative dates; more than likely, it will be later March given the warmer weather required for some of the potential meet host locations and to allow teams to compete in more sanctioned meets to allow for qualifying, etc. Crawfish Aquatics will be bidding to be a host site for our team and the other teams assigned by LA Swimming. *As we know more, we will share and keep you posted on dates and details!*

CA December Meet: New Team & State Records, Sectional Cuts

- Jeffrey Talbot is a NEW Sectionals qualifier in the 100 Free!
- New Team Records:
 - Jacques Rathle, 400 IM (this is also a new STATE record)
 - o Collin Klingman, 1650 Free
 - Senior Boys 200 Free Relay (Jacques Rathle, Avery Henke, Garrett Accardo, Riley Brown)
- <u>Team Black Wins the Senior Meet!</u> For the Senior session, swimmers were split into 2 teams: Team Black and Team White, represented by their coordinating team cap color. See Scores
- Full Results here: http://www.crawfishaquatics.com/swim-team/meet-information/meet-results/

Sunday live stream: We had an ISP issue Sunday and the upload speed through Cox was not allowing us to broadcast the meet in the final session along with issues during session 5. We apologize for not having this stream available for friends and family to watch.

2020 High School State Meet Wrap Up

The weekend before Thanksgiving Crawfish Aquatics athletes had tremendous showings swimming for their schools at the 2020 Louisiana High School State Swimming Championship Meets, contested in Shreveport. Fast swimming was displayed by all of our athletes and it was rewarding for coaches, parents and fans to see athletes from all of our locations excel, not only representing their schools but also Crawfish Aquatics so well.

As with the CCSL Championships and other meets hosted at our sites and other locations across the state, there were numerous modifications in place to meet COVID19 regulations. Ultimately, we were pumped that the athletes had a chance to race and compete. Outside of high school season we look to continue that moving forward.

Highlights

• First, the incredible number of best times showing continued improvement from our athletes. Swimmers are racing one another but also themselves and the clock. It is very rewarding to see improvement regardless if an athlete won a title or broke a record.

- The continuation of athletes achieving All American status. This is the seventh straight year that we will have Crawfish swimmers honored as NISCA High School All Americans. Six swimmers this weekend and seven in total for the fall high school season, Jacques Rathle, Chris Richardson, Avery Henke, Eugene Jiang, Rylee Moore, Anni Thompson and Riley Brown earned NISCA All American automatic and/or consideration times and will be recognized as All Americans. We look forward to them being honored in early summer time as official All Americans when all states have completed their school swim seasons.
- The VAST number of high school state records set by Crawfish athletes individually or as part of a relay- we had twelve high school state records. All but one of those were at the Division 3 State Meet and three of them were overall LHSAA records.
- Additionally, athletes set four Crawfish Aquatics team records at the meet. Since the high school swimming State competitions are observed competitions with sanctioned and certified officials, all of their times count personally and for records. Four records were set by Jacques Rathle (two for Senior and two for Open). In total this fall there were six team records set as Rylee Moore had broken her own senior and open 100 backstroke records going 54.30.
- Four Louisiana Swimming (USA Club) records were set between Jacques Rathle, Avery Henke and Chris Richardson. Avery Henke broke the 15-16 100 breaststroke record with a time of 54.96. Jacques Rathle set both the 200 IM and the 100 breaststroke records for the 17-18 age group swimming in times of 1:46.45 and 54.40. Lastly, Chris Richardson broke the 15-16 100 backstroke record going 49.58.

We are so proud of our athletes for being disciplined this fall, staying healthy and giving themselves an opportunity to swim fast for themselves and for their schools. This was not a normal Fall. The athletes never stepped working and never stopped believing in their abilities. It showed, as documented. We have seen the top end of high school swimming in our state continue to evolve and get faster and Crawfish Aquatics athletes continue to be stars and blazing the trail!

See a Division by Division Highlights Reel here:

http://www.crawfishaguatics.com/docs/HS State Wrap Up 2020.pdf

<u>Upcoming Events & Important Dates</u>

See all Meet dates/details/sign up links for all upcoming meets: http://www.crawfishaquatics.com/swim-team/meet-information

• January 16: Crawfish One Day Meet

Eligible athletes: Junior, Senior groups

Sign up: http://www.crawfishaquatics.com/calendar/crawfish-aquatics-one-day-meet-1

• January 30-31: Crawfish Winter Invitational

Eligible athletes: Junior, Senior groups

Sign up: http://www.crawfishaquatics.com/calendar/ca-winter-invitational-1

• **February 5:** tentative date for CA Developmental Meet

ADDITIONAL RESOURCES

Team Suit and Training Equipment Requirements

View Info/Order here: http://www.crawfishaquatics.com/swim-team/team-outfitting/

- Team Suit Orders through Swim Outlet online
 - Not required for Novice, 8 & U or AG (encouraged if swimming in meets!)
 - There is a sizing booth at the Info Booth that you can use to check sizes before ordering.
 - Ordering is available all year long.
 - Wear a black Crawfish cap at the meets (purchase at Info Booth)
- Training Equipment:
 - -Junior White/Black, Senior Prep and Senior Division have equipment requirements. These are listed on the website by group.
- Swim Store on Swim Outlet for Team Suits & Training Gear: http://www.swimoutlet.com/crawfish
 Shopping for regular practice suits, goggles, etc.? Start by going to our team store page on SwimOutlet and then search/shop from there. Crawfish will get a percentage back on purchases made by CA members!

Withdraw from Program/ Pause Membership

Monthly enrollment groups can be cancelled with completion of this form, by the 25th of the month prior to your "drop month". Please note that Novice division groups are seasonal, not monthly, and swimmers are not automatically renewed season to season. Additionally, swimmers that joined 8 & U or Age Group for the Summer season will not be automatically renewed in the Fall and will require re-enrollment to continue (therefore an end of Summer "drop" is not required).

Withdrawal form: http://www.crawfishaquatics.com/crawfishaquatics withdrawal form

Fundraising Policy

Fundraising invoices have been suspended at this time.

Fundraising obligations allow flexibility for families and a lower monthly dues amount, which is reviewed annually by our staff. You can utilize the fundraisers (Swim-A-thon or the Business Sponsor program) or have the amount post to your May and December invoices. 50% of your family's obligation is invoiced/due in May and the other 50% is invoiced/due in December. **Review full policy from the**handbook here: http://www.crawfishaquatics.com/docs/Crawfish Aquatics Fundraising Policy BR.pdf

**There is a 6 month grace period for new members before fundraising obligation begins.

Connect with Crawfish Aquatics online

- Facebook: www.facebook.com/crawfishaguaticsbatonrouge
- Instagram: https://www.instagram.com/crawfishaguatics.br/

- <u>Twitter: https://twitter.com/crawfishaquatic</u>
- Website: www.crawfishaquatics.com
- Rate & Review us on Google! Crawfish Aquatics, Baton Rouge: https://goo.gl/1sPxqS
- Rate & Review us on Yelp! Crawfish Aquatics, Baton Rouge: https://tinyurl.com/yd8x9n6x
- Meet Mobile app: This is a good app to have for searching meet results!
- <u>Inclement Weather Notifications:</u> Sign up for Text Alerts: http://www.crawfishaquatics.com/docs/SMS_Notifications.pdf