

Read this on our website: http://www.crawfishaquatics.com/swim-team/weekly-newsletter/

2021 SHORT COURSE STATE CHAMPIONSHIPS: OPPORTUNITY SEIZED

Read the full meet wrap up & highlights reel here

As things continue to move back to the 'norm' there have been endless conversations about the challenges each and every single one of us were presented due to the COVID19 Pandemic. We have all dealt with those challenges and we have seen team members and families deal in different ways with alterations to everyday life. From these struggles and limitations in what we are allowed to do, I have seen so many rise up and face this pandemic head on.

As it relates to swimming competitively there have been endless roadblocks. There were even roadblocks for many of our competitive athletes prior to the pandemic. The last true, unaltered State Meet for many of our team members was not since the spring of 2019! In the summer of 2019 the Age Group Meet was delayed and forced to be moved to Sulphur. Then that same Championships was the first swim meet canceled in the March 2020 due to the pandemic. So many have had to wait two full years to compete at the State Championships. That is a long time to wait!

I do not believe it is hyperbole to say that our athletes and our team have endured a lot. While enduring a lot they all have shown so much resiliency and your efforts should be recognized. When finally given an opportunity, each athlete competing "seized the day" and raced their hearts out. They have gone months and even years without a BIG opportunity to show what they have been working for endlessly. When those younger ones and even the older ones who have really only had to wait a year were given a lane at the State Meet, albeit split between three hosts sites, they got in and raced... and raced fast! There were best times everywhere we looked and smiling faces inside and outside the pool area. It was so rewarding to see.

When it comes to taking advantage of an opportunity, I also want to address how amazing our staff was in their efforts to host this meet. From day 1, when Louisiana Swimming met via Zoom to discuss what this year would look like, our staff stepped up and said we would be a host. While our venue typically is not catered for BIG Championship Meets, we knew we had to do everything we could so all of the kids on our team and other teams could finally get to have a State Meet. Through the months there was endless preparation and days were long and tiring. It did not matter as each staff members' goal was to allow our athletes a chance to compete. I am thankful to Billy, Courtney, Helen, Nan, OJ, Thomas, Elias, Mr. Bobby, all of the other coaches and to each and every single volunteer from the pool deck as an official to those in the meet booth to all of our timers and all other needs we asked to be filled. Without everybody's individual efforts, we collectively could not have had such a great weekend.

While I want us to celebrate the accomplishments from this weekend for our competitive team, I know we all are looking forward to even more normalcy in the future in regards to training and competition. If things remain altered due to the pandemic, I can rest assured knowing all at Crawfish Aquatics will take advantage of the opportunities presented to them and "SEIZE THE DAY".

Dig Deep,

Coach Jayme

Read the full meet wrap up & highlights reel here

Announcements, Reminders, Updates

• April 23: Developmental Meet (sign up by Friday, April 16)

Eligible athletes: Novice, 8 & U, Age Group, Junior Red

Sign up: http://www.crawfishaquatics.com/calendar/ca-developmental-meet-april-23-at-ca-br

May 1: CA Swamp Invitational (sign up by Friday, April 23)

Age Group 2 & 3, Junior Division, Senior Prep, Senior division

Sign up: http://www.crawfishaquatics.com/calendar/ca-swamp-paradise-one-day-meet-at-ca-nicholls

• **Outdoor pool & inclement weather:** Please review the Inclement weather procedure for the outdoor pool (groups cannot move inside due to capacity) and sign up for text alerts through TU (we will send text & email in the event of cancelation). Groups will swim on rainy days provided there is no lightning and pool visibility is not diminished. More info and a help doc for signing up for texts is posted here:

http://www.crawfishaguatics.com/swim-team/weekly-newsletter/

Senior Rose Ceremony: On the Friday afternoon of the State Championship meet, we honored 24 HS Seniors & their families. See the rose ceremony highlights video here:
 https://www.facebook.com/crawfishaquaticsbatonrouge/posts/1864280353724314
 https://www.rempics.com/Sports/Swimming/2021-Crawfish-Senior-Presentation

Additional Resources are listed on the last page of the Enews, including how to purchase a team suit, how to review your bill, how to find us on social media + More!

Practice Schedule This Week & Coming Up

• Current Practice Schedule

http://www.crawfishaquatics.com/docs/Spring 2021 through March 8-May 13.pdf

Upcoming Schedule Notes:

- No practices Friday, April 2- Saturday, April 10.
- Resume regular schedule on Monday, April 12 (we will have a regular Mon-Sat schedule that week!)
- Friday, April 23: No practices for Junior, S Prep or S Red (Developmental Meet at CA)
- Age Group Friday & Saturday Practice Schedule Overview, now through May 2021
 http://www.crawfishaguatics.com/docs/AG Fri and Sat 1.pdf
- Summer Swim Lessons Registration at Crawfish Aquatics

Registration for 1 week private and 1 & 2 week group swimming lessons at our Bluebonnet location is now open. Lessons kick off in May and run through July. Adult lessons are also available! http://www.crawfishaquatics.com/lessons/br-lessons-registration/

8 & U, Age Group, MS Group: Transition from Spring to Summer Schedule in May/June and Return to School Year Schedule in August

- Swimmers in these groups remain active on the roster until submitting a drop form.
- Week of May 10-13 is the last week of the school year practice schedule.
 - -No practices Friday, May 14- Saturday, June 5.
 - -May dues are pro-rated for the partial month (\$35 for 8 & U and \$40 for AG).
 - -The 6:50pm HS group will practice through May at the school year schedule. A separate info email will be sent regarding end of Spring/Summer the week of April 12.
- Summer Practice Schedule runs June 7-July 29 with morning and afternoon practice options available. The week of April 12 we will send an email with information on how to change your days or change to a morning practice for the Summer Season. We open enrollment to the public in early May! If you have a friend that is interested, please direct them to to email the office to be placed on the summer placement/evaluation schedule. See Summer Schedule here:

http://www.crawfishaguatics.com/docs/Summer Practice Schedule 2021.pdf

- **Swimmers remain on the roster unless a <u>drop form</u> is completed.** We will reach out in April to see if you want your athlete to move to a morning practice in the Summer or remain in the afternoons (summer schedule TBA).
- **No practices July 30-August 15.** School year schedule resumes August 16, tentatively (August is also a pro-rated dues month due to the partial month schedule).

Upcoming Events & Important Dates

SWIM MEETS

Meet dates/details for all upcoming meets: http://www.crawfishaquatics.com/swim-team/meet-information

• April 23: Developmental Meet

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May 1: CA Swamp Invitational

Age Group 2 & 3, Junior Division, Senior Prep, Senior division

Sign up: http://www.crawfishaquatics.com/calendar/ca-swamp-paradise-one-day-meet-at-ca-nicholls

• May 14-16: CA Long Course Invitational

Age Group 2 & 3, Junior Division, Senior Prep, Senior division

Sign up: http://www.crawfishaguatics.com/calendar/crawfish-long-course-invitational-at-ca-br

- June Meet Dates Coming Soon
- July Meet Dates Coming Soon
- **Tentative** Long Course State Championship Dates

- July 8-11: 15 and Over State
- July 16-18: 14 and Under State
- Location and finalized dates, meet structure/age groups will be announced in May. There
 is a possibility that the meet will be on one weekend and split similar to this SC State so
 please remember these are not firm dates. We will communicate as quickly as we have
 additional information/confirmed dates.

PRACTICE & SCHEDULE NOTICES

- April 2-3 and Week of April 5 (Spring Break)
 - No practice, all groups: Friday, April 2 through Sunday, April 11. Resume regular schedule on Monday, April 12.

Week of May 10

- Novice: last week of Spring Season (Summer season begins June 7- registration will open late April/early May- we will email about summer placements later April!).
- 8 & U and Age Group: last week of the School year schedule is Thurs, May 13. No practice May 14-June 6. Summer practice schedule runs June 7- July 29. Tentative return date for the Fall is August 16. Reminder that these groups are perpetual, so a drop form is required to be removed from the roster even with the season/schedule transitions. We will be in touch in April regarding moving to the AM schedule for the Summer, drops for the Summer, etc.!
- Week of May 31: Summer Practice Schedule begins for Junior/Senior groups.
 Junior & Senior groups will continue to practice at the school year schedule through May 29 and transition to the Summer schedule May 31.
- **Week of June 7:** Summer Practice Schedule for 8 & U, Age Group, HS Prep begins. Summer Session of Novice begins.
- Summer Practice Schedule: http://www.crawfishaquatics.com/swim-team/weekly-newsletter/

ADDITIONAL RESOURCES

<u>Crawfish Swim School: Indoor Pool Parties & Year Round Swim Lessons</u>

Indoor Swimming lessons at the Crawfish Swim School (Siegen & in Prairieville) start at 6 months through adult and run 7 days of the week, year round. Host an indoor pool party and never worry about a rain out! www.crawfishswimschool.com

Team Suit and Training Equipment Requirements

View Info/Order here: http://www.crawfishaguatics.com/swim-team/team-outfitting/

• **Team Suit Orders** through Swim Outlet online

- Not required for Novice, 8 & U or AG (encouraged if swimming in meets!)
- There is a sizing booth at the Info Booth that you can use to check sizes before ordering.
- Ordering is available all year long.
- Wear a Crawfish cap at the swim meets. Standard team cap is our black cap but Spring/Summer 2021 we will be wearing our Olympic year inspired swim caps at all competitions! (purchase at Info Booth)

• Training Equipment:

- -Junior White/Black, Senior Prep and Senior Division have equipment requirements. These are listed on the website by group.
- Swim Store on Swim Outlet for Team Suits & Training Gear: http://www.swimoutlet.com/crawfish Shopping for regular practice suits, goggles, etc.? Start by going to our team store page on SwimOutlet and then search/shop from there. Crawfish will get a percentage back on purchases made by CA members.

Invoice questions? Log in to your Team Unify account!

- To view past or upcoming invoices or change your payment method, log in to your Team Unify account! https://www.teamunify.com/team/laca/page/home
- If you are updating your saved payment method <u>be sure to check these 2 designations so that the appropriate method is used</u>:
 - 1) Use for all fees associated with account and 2) Use for On Demand Payments.
- <u>Team Unify app</u>: Please note that the app does not show billing history- you will need to log in to your account through the TU website for that.
 https://www.teamunify.com/swim-team-management-software/swim-app/

Withdraw from Program/ Pause Membership

Monthly enrollment groups can be cancelled with completion of this form, by the 25th of the month prior to your "drop month". Please note that Novice division groups are seasonal, not monthly, and swimmers are not automatically renewed season to season.

Withdrawal form: http://www.crawfishaquatics.com/crawfish aquatics withdrawal form

How to add Emails to your Account

Have an athlete or family member that you'd like to add to the email list? This is done through your Team Unify account- once you add them, they will receive all notifications sent to the athlete's group.

- Log in to your TU account: https://www.teamunify.com/team/laca/page/home
- Go to the My Account sidebar
- Select Account Info
- From here, you can add additional emails into the "Email 1", "Email 2", "Email 3" fields under the Account tab OR you can also select the athlete under the Member tab, and add their email address to that specific athlete email field. Either spot, they will receive the notifications.
- Only the email listed as the "log in email" gets financial notifications.

Fundraising Policy

Fundraising invoices have been suspended at this time.

Fundraising obligations allow flexibility for families and a lower monthly dues amount, which is reviewed

annually by our staff. You can utilize the fundraisers (Swim-A-thon or the Business Sponsor program) or have the amount post to your May and December invoices. 50% of your family's obligation is invoiced/due in May and the other 50% is invoiced/due in December. **Review full policy from the**handbook here: http://www.crawfishaquatics.com/docs/Crawfish Aquatics Fundraising Policy BR.pdf

**There is a 6 month grace period for new members before fundraising obligation begins.

Connect with Crawfish Aquatics online

- <u>Facebook: www.facebook.com/crawfishaquaticsbatonrouge</u>
- Instagram: https://www.instagram.com/crawfishaguatics.br/
- <u>Twitter: https://twitter.com/crawfishaguatic</u>
- Website: www.crawfishaquatics.com
- Rate & Review us on Google! Crawfish Aquatics, Baton Rouge: https://goo.gl/1sPxqS
- Rate & Review us on Yelp! Crawfish Aquatics, Baton Rouge: https://tinyurl.com/yd8x9n6x
- Meet Mobile app: This is a good app to have for searching meet results!
- <u>Inclement Weather Notifications:</u> Sign up for Text Alerts: http://www.crawfishaquatics.com/docs/SMS_Notifications.pdf