

Read this on our website: http://www.crawfishaquatics.com/swim-team/weekly-newsletter/

Tune in to all of Olympic Swimming, through August 1!

OlympicStay up to date on all coverage of the U.S. Olympic Swimming Team by going to www.usaswimming.org/Tokyo2020

- o Read up on the USA Team's medal count so far in this article from USA Swimming
- o Or check out some highlight stories from SwimSwam's most recent enews

<u>Announcements, Reminders, Updates</u>

• 2021 Southern Zone Age Group Meet

Five Crawfish swimmers, Kate Fawley, Ava Ostendorf, Doruk Sayal, Rylee Simoneaux & Jemia Thomas are representing Louisiana in the Southern Zone Age Group Championship , July 27 to July 31 in Tupelo, MS. In addition to these five swimmers being selected for the Zones team, Coach Daniel was selected as one of the LA Swimming coaches that is managing and coaching the team during the Championship Meet. Go follow along on Meet Mobile this week as they race Tuesday to Saturday!

• STATE CHAMPIONS!

Congratulations to swimmers taking part in the 14 & Under and 15 & Over State Championship meets earlier this month. Miss the state meet wrap up? It's posted on our Team News page: http://www.crawfishaguatics.com/swim-team/weeklv-newsletter/

• Fall Registration for Novice, 8 & U and Age Group

- Novice Swimmers: emails were sent this past weekend confirming Fall group placement with registration information. Please register ASAP- some days/timeslots are close to full!
- Summer Season participants in 8 & U and Age Group (those that joined June-July). Emails were sent with Fall group placement & registration links. All swimmers that joined as of June must re-register to be on the Fall rosters.
- 8 & U / Age Group swimmers in our year round enrollment (ie, monthly payments/ on roster prior to June): you were sent emails confirming your practice days/times for the Fall. To change your practice days (or to 3:40pm for eligible 8 & U swimmers), be sure to email the office ASAP as we have a lot of new enrollment coming in and rosters will fill!
- Have a friend interested in Fall Swimming? All new swimmers will participate in a
 placement evaluation. There is a form on our website along with more Fall season info.
 http://www.crawfishaquatics.com/swim-team/groups/groups-baton-rouge/fall-2021-registration/

• Connect with Crawfish Aquatics online

- o Facebook: www.facebook.com/crawfishaguaticsbatonrouge
- o <u>Instagram: https://www.instagram.com/crawfishaguatics.br/</u>

Additional Resources are listed on the last page of the Enews, including how to purchase a team suit, how to review your bill, how to find us on social media + More!

End of Summer Practice Schedule & Fall Schedules

• Fall Practice Schedule

http://www.crawfishaguatics.com/swim-team/weekly-newsletter/

- Junior /Senior, return to practice on August 10.
- Novice Fall season begins Aug 23/24.
- o 8 & U and Age Group return to practice (Wed/Thurs), Aug 18/19

• Practice Notes this week

- Novice, 8 & U, Age Group- Last week of Summer practices.
 **Mon-Thurs only for all groups. No Fri/Sat for Age Group this week.
- o Junior & Senior Groups- No practices this week. Return Aug 10.

11 & Older Summer Meet

Our 11 & O crew showed great improvements as they raced this past Friday, wrapping up the Summer Season. Thank you to everyone who helped with lane timing at the meet!

Full results are here: http://www.crawfishaquatics.com/swim-team/meet-information/meet-results/

10 & Under Summer Olympic Championship Meet

115 CA swimmers took part in the 10 & U Summer Olympic Championship meet this past Saturday at Crawfish Aquatics. It was inspiring to see so many new and young swimmers participate in their first meet and see our more experienced swimmers show a steady improvement from the Spring as they closed out the Summer Season. Thank you to our Senior swimmers and Meet Officials for volunteering your time to help us put on this meet.

Congratulations to all of our swimmers! Awards are given for top 8 finishers (individual & relay) in each event- coaches are handing these out at practice this week- be sure to check with them at practice! Full results are here: http://www.crawfishaquatics.com/swim-team/meet-information/meet-results/

Sadie Allen set a new 8 & U Girls Team Record in the 100 IM.

Crawfish made a sweep of the High Point Winners- winning 10 of the 12 High Point Awards!

- 5yr old Girls- Maddie Padgett
- 5yr old Boys- Keller Roedel
- 6yr old Girls- Sophie Burton
- 6yr old Boys- Austin Allen
- 7yr old Girls- Allie Demouy
- 7yr old Boys- Willie Chapman

- 8yr old Girls- Sadie Allen
- 9yr old Girls- Gracie McIlwain
- 10yr old Girls- Amelia Hartdegen
- 10yr old Boys- Loic Bastien

2021 Long Course Sectionals

While our graduating seniors chose to prepare for college, we had an amazing group of twelve go to Austin, TX and compete in the 2021ST TXLA Speedo Southern Sectionals. The following swimmers competed: Elizabeth Benoit, William Dejean, Eugene Jiang, Collin Klingman, Regan Manning, Patrick Murphy, Chris Richardson, Jeffrey Talbot, Wes Templet, Anni Thompson, Miguel Vasquez and our guest swimmer from last month, Abby Dunford. The athletes had a majority of best times and competed with heart and passion. Here are some finishing highlights.

Scoring Athletes

Abby Dunford- 200 Back 2nd, 200 Free 14th and 400 Free 3rd

Regan Manning- 1500 7th Anni Thopmson- 1500 3rd

Collin Klingman- 400 IM 9th and 1500 9th

Chris Richardson- 200 Back 5th, 200 Free 12th and 100 Back 11th

Patrick Murphy- 200 Breast 11th

** 1500 Timed Finals

Second Swims in Finals

Elizabeth Benoit- 400 Free

Anni Thompson- 200 Fly, 200 Free and 100 Fly

William Dejean- 200 Fly, 400 IM, 400 Free and 200 IM

Eugene Jiang- 400 Free and 50 Free Collin Klingman- 200 Fly and 400 Free Patrick Murphy- 100 Breast and 200 IM

Chris Richardson- 100 Free, 100 Fly and 50 Free

Miguel Vasquez- 100 Free and 50 Free

Team Records- Senior and Open: Anni Thompson- 1500m Free

First Time Winter Junior Nationals Qualifiers: Anni Thompson- 200 Fly

NISCA Announces Swimming 2020 - 2021 All Americans

The National Interscholastic Swimming Coaches Association (NISCA) has released its All-America lists for high school swimmers in the 2020-2021 school year.

Congratulations to these Crawfish Aquatics athletes:

- Riley Moore (100 Back)
- Riley Brown (200 IM)
- Christopher Richardson (200 Free, 100 back)
- Jacques Rathle (200 IM, 100 breast)
- Avery Henke (200 IM, 100 breast)
- Anni Thompson (500 Free)

 Relay Members: Garrett Accardo (12), Joseph Duncan (11), William DeJean(10) on CHS 200 Free Relay

ADDITIONAL RESOURCES

Team Suit and Training Equipment Requirements

View Info/Order here: http://www.crawfishaquatics.com/swim-team/team-outfitting/

- **Team Suit Orders** through Swim Outlet online
 - Not required for Novice, 8 & U or AG (encouraged if swimming in meets!)
 - There is a sizing booth at the Info Booth that you can use to check sizes before ordering.
 - Ordering is available all year long.

• Training Equipment:

- -Junior White/Black, Senior Prep and Senior Division have equipment requirements. These are listed on the website by group.
- Swim Store on Swim Outlet for Team Suits & Training Gear: http://www.swimoutlet.com/crawfish Shopping for regular practice suits, goggles, etc.? Start by going to our team store page on SwimOutlet and then search/shop from there. Crawfish will get a percentage back on purchases made by CA members.

Invoice questions? Log in to your Team Unify account!

- To view past or upcoming invoices or change your payment method, log in to your Team Unify account! https://www.teamunify.com/team/laca/page/home
- If you are updating your saved payment method <u>be sure to check these 2 designations so that the appropriate method is used</u>:
 - 1) Use for all fees associated with account and 2) Use for On Demand Payments.
- <u>Team Unify app</u>: Please note that the app does not show billing history- you will need to log in to your account through the TU website for that. https://www.teamunify.com/swim-team-management-software/swim-app/

<u>Withdraw from Program/ Pause Membership</u>

Monthly enrollment groups can be cancelled with completion of this form, by the 25th of the month prior to your "drop month". Please note that Novice division groups are seasonal, not monthly, and swimmers are not automatically renewed season to season.

Withdrawal form: http://www.crawfishaguatics.com/crawfishaguatics withdrawal form:

How to add Emails to your Account

Have an athlete or family member that you'd like to add to the email list? This is done through your Team Unify account- once you add them, they will receive all notifications sent to the athlete's group.

- Log in to your TU account: https://www.teamunify.com/team/laca/page/home
- Go to the My Account sidebar
- Select Account Info

• From here, you can add additional emails into the "Email 1", "Email 2", "Email 3" fields under the Account tab OR you can also select the athlete under the Member tab, and add their email address to that specific athlete email field. Either spot, they will receive the notifications.

Only the email listed as the "log in email" gets financial notifications.

Fundraising Policy

Fundraising obligations allow flexibility for families and a lower monthly dues amount, which is reviewed annually by our staff. You can utilize the fundraisers (Swim-A-thon or the Business Sponsor program) or have the amount post to your May and December invoices. 50% of your family's obligation is invoiced/due in May and the other 50% is invoiced/due in December. **Review full policy from the**handbook here: http://www.crawfishaquatics.com/docs/Crawfish Aquatics Fundraising Policy BR.pdf

**There is a 6 month grace period for new members before fundraising obligation begins.

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- <u>Instagram:</u> <u>https://www.instagram.com/crawfishaquatics.br/</u>
- <u>Twitter: https://twitter.com/crawfishaquatic</u>
- Website: www.crawfishaquatics.com
- Rate & Review us on Google! Crawfish Aquatics, Baton Rouge: https://goo.gl/1sPxqS
- Rate & Review us on Yelp! Crawfish Aquatics, Baton Rouge: https://tinyurl.com/yd8x9n6x
- Meet Mobile app: This is a good app to have for searching meet results!
- <u>Inclement Weather Notifications:</u> Sign up for Text Alerts: http://www.crawfishaquatics.com/docs/SMS_Notifications.pdf