



Read this on our website: <http://www.crawfishaquatics.com/swim-team/weekly-newsletter/>

Announcements & Reminders

- **Facility Guidelines and Procedures:** [View Here](#)
- **Inclement Weather plan & Text Notifications for Novice, 8 & U, Age Group**
http://www.crawfishaquatics.com/docs/Inclement_Weather_Plans_Text_Alerts_1.pdf
- **Parking Lot flow by the Renaissance / back hallway entrance**
This area must stay open and flowing. When picking up from this side of the facility, please do not park in the drive in front of the back hallway. Please park in a spot and walk up to meet your athlete after practice.
- **Fall/ School Year Practice Schedule**
[See the Fall Practice Schedule here](#)
 - Reminder! **Friday/Saturday practice for Age Group** officially begins Sept 4-5 (outdoor pool). Fri, 4:45-6:00pm and Sat, 9:30-10:45pm. Drop off / pick up from side gate, not the regular outdoor pool entrance from the main parking lot.
 - Added: **Junior Black/White** will practice this Saturday (J Black, 9:00-11:00am and J White, 9:00-10:15am). Then Saturdays officially begin in November after the school league meets finish.
- **Monday, September 7 Practice Schedule**
 - No practice for Novice, 8 & U, Age Group (previously scheduled- no make ups)
 - No practice for Junior Division
 - Senior Black- 7-9:30 swim and strength and 2-3:30 swim
 - Senior White- 4:00-6:00pm
 - Senior Red- 4:00-5:30pm
- **Tech Suit Restriction for 12-and-Under Swimmers, effective Sept 1**
Suits with the FINA logo will no longer be approved for swimmers 12 & younger, with the exception of suits that have the FINA logo + a green check logo by it. Read all the details at USA Swimming:
<https://www.usaswimming.org/news/2019/09/12/tech-suit-restriction-for-12-and-under-swimmers>

Crawfish Aquatics + Swim Outlet

Effective this Fall, CA has switched over to Swim Outlet for team outfitting (team suit, warm up apparel) and training equipment (for applicable groups- only Junior/Senior groups have required training equipment). You can find the team suit and/or your practice group in our Team Store on the Swim Outlet website. <https://www.swimoutlet.com/crawfish/>

Shopping for regular practice suits, goggles, etc.? Start by going to our team store page on SwimOutlet

and then search/shop from there. Crawfish will get a percentage back on purchases made by CA members!

Swimmers of the Year!

Congratulations to the following CA swimmers voted Swimmer of the Year at the recent LA Swimming Annual meeting:

- Senior Swimmers- Rylee Moore, Jacques Rathle
- Age Group-
 - 13-14: Avery Henke
 - 10 & U: Molly Mayo, Mary Claire Roberts, Jemia Thomas

Age Group Swimmer of the Year was awarded to the top 3 swimmers from each age group based on their seeding for the SC State Meet. Full list of Age Group recipients is on the LA Swimming website.

School League Meets begin Sept 12

High School meets begin September 12 and Middle School meets begin September 18. The CCSL League (HS) schedule is posted and the MS League schedule will be published mid-week as the last few teams in the league await their participation approval for this season.

<http://www.crawfishaquatics.com/school-swim-leagues/>

- High School meets are athletes/coaches only without spectators in order to comply with all of the LHSAA guidelines set for swimming and capacity restrictions. All seating will be outside and assigned for each team. Meets will be split into Female/Male meets to allow for more competition while keeping smaller numbers. Full guidelines have been sent to CCSL League coaches and more will be published on the League page of the website in upcoming weeks.
 - Sign up form for officials and meet booth for the HS League meets is posted. We are limited in the number of officials we can put on deck due to capacity during Phase 2 so there are only 2 slots listed per meet. Note that in September, "Meet 1" will be the Female Meet of the day and in October, "Meet 1" will be the Male meet of the day.
<https://www.signupgenius.com/go/10C054BADAC2FA4FD0-20203>
 - Middle School meets will allow for one spectator per swimmer; more of the meet details will be published on the website when the schedule is published later this week.
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Upcoming Events Schedule

Meet Schedule through the end of 2020 is published on the website. More details will be defined in September and updated in the Enews/on the website. We are awaiting the decision by USA Swimming to allow meet sanctioning for official times, however we will run these meets either way (provided there are no big shifts in guidelines for events from local/state government, etc.).

We will provide an update when sign up links become available on the website.

<http://www.crawfishaquatics.com/swim-team/meet-information>

- **October 16: Crawfish Developmental Meet**
-Eligible groups: Novice, 8 & Under, Age Group, Junior Red.
- **October 17 or 17-18: CA Fall Invitational**
-Saturday only or Saturday/Sunday meet- TBD
-Eligible groups: Age Group 2 & 3, Junior Division, Senior division (USA Swimming membership required).
- **November 13: Crawfish Developmental Meet**
-Eligible groups: Novice, 8 & Under, Age Group, Junior Red.
- **November 14 or 14-15: Crawfish Classic**
-Saturday only or Saturday/Sunday meet- TBD
-Eligible groups: Age Group 2 & 3, Junior Division, Senior division (USA Swimming membership required; entry of swimmers involved in HS League TBA by coaches once meet details are finalized).

Team Suit and Training Equipment Requirements

View Info/Order here: <http://www.crawfishaquatics.com/swim-team/team-outfitting/>

- Team Suit Orders through Swim Outlet online
 - Not required for Novice, 8 & U or AG (encouraged if swimming in meets!)
 - There is a sizing booth at the Info Booth that you can use to check sizes before ordering.
 - Ordering is available all year long.
 - Wear a black Crawfish cap at the meets (purchase at Info Booth)
- Training Equipment:
-Junior White/Black, Senior Prep and Senior Division have equipment requirements. These are listed on the website by group.
- Swim Store on Swim Outlet for Team Suits & Training Gear: <http://www.swimoutlet.com/crawfish>

Invoice questions? Log in to your Team Unify account!

- To view past or upcoming invoices or change your payment method, log in to your Team Unify account! <https://www.teamunify.com/team/laca/page/home>
- Team Unify app: Please note that the app does not show billing history- you will need to log in to your account through the TU website for that.
<https://www.teamunify.com/swim-team-management-software/swim-app/>

Fundraising Policy

Fundraising invoices have been suspended at this time.

Fundraising obligations allow flexibility for families and a lower monthly dues amount, which is reviewed

annually by our staff. You can utilize the fundraisers (Swim-A-thon or the Business Sponsor program) or have the amount post to your May and December invoices. 50% of your family's obligation is invoiced/due in May and the other 50% is invoiced/due in December. **Review full policy from the handbook here:** [http://www.crawfishaquatics.com/docs/Crawfish Aquatics Fundraising Policy BR.pdf](http://www.crawfishaquatics.com/docs/Crawfish_Aquatics_Fundraising_Policy_BR.pdf)
***There is a 6 month grace period for new members before fundraising obligation begins.*

Withdraw from Program/ Pause Membership

Monthly enrollment groups can be cancelled with completion of this form, by the 25th of the month prior to your "drop month". Please note that Novice division groups are seasonal, not monthly, and swimmers are not automatically renewed season to season. Additionally, swimmers that joined 8 & U or Age Group for the Summer season will not be automatically renewed in the Fall and will require re-enrollment to continue (therefore an end of Summer "drop" is not required).

Withdrawal form: http://www.crawfishaquatics.com/crawfish_aquatics_withdrawal_form

Connect with Crawfish Aquatics online

- Facebook: www.facebook.com/crawfishaquaticsbatonrouge
- Instagram: <https://www.instagram.com/crawfishaquatics.br/>
- Twitter: <https://twitter.com/crawfishaquatic>
- Website: www.crawfishaquatics.com
- Rate & Review us on Google! Crawfish Aquatics, Baton Rouge: <https://goo.gl/1sPxqS>
- Rate & Review us on Yelp! Crawfish Aquatics, Baton Rouge: <https://tinyurl.com/yd8x9n6x>
- Meet Mobile app: This is a [good app to have](#) for searching meet results!
- Inclement Weather Notifications: Sign up for Text Alerts:
http://www.crawfishaquatics.com/docs/SMS_Notifications.pdf