



Read this on our website: <http://www.crawfishaquatics.com/swim-team/weekly-newsletter/>

Announcements & Reminders

Halloween Party, TOMORROW!!!

Tomorrow, will be our Annual Costume and Halloween Party! We are asking everyone that attends to bring a food item to share. We've broken the list down by age group below!

Everyone is invited from all groups, families are welcome too! Costumes are encouraged but not needed, we will start the party off at 6:15 with a Team Picture! The party will end at 8:15.

We are asking for these items based according to your child's age.

8 & Unders- Assorted drinks (we will have an ice chest to put them in)

9-10- Fruit

11-13- Desert Item

14-18- Food Item (think dinner, meat tray, cheese tray, etc.)

Tuesday, October 31 Practice Schedule

Novice, Age Group- No Practice

Senior/ Jr Groups- Normal Practice Times

Developmental Meet, This Saturday

Meet information & online sign up is on the website. All 12&Under swimmers in Novice, 8 & U, Age Group, Junior Red eligible!

<http://www.crawfishaquatics.com/calendar/developmental-meet-at-ca-lafayette>

USA Swimming Membership on the Nov 1 Invoice for Junior /Senior groups

All athletes in the Junior and Senior division groups were renewed for USA Swimming membership last week (unless you were renewed earlier this fall as a new member). The USA Swimming membership fee will be included on your November 1 invoice (\$75 per athlete).

Please check your Team Unify account before the billing cycle, incase you have any questions!

Upcoming Dates For Your Schedule

<http://www.crawfishaquatics.com/swim-team/meet-information/>

November 10-12- NuWave at UNO (Swimmers not participating in high school swimming)

November 16- last practice of Fall Season for Novice and Rising Stars groups

December 9- Crawfish Team Meet & Social at CA BR

Nu Wave Fall Open at UNO

Meet info & Sign Up: <http://www.crawfishaquatics.com/calendar/nu-wave-fall-open>

Hotel Block booking cut off is October 20

Event Schedule

Friday: 4:30pm warm up, 5:10pm start

Saturday, 10 & Under: 8:00am warm up; 8:45am start
Saturday, 11 & Older: 12:00pm warm up; 12:55pm start
Sunday, 9 & Older: 8:00am warm up; 8:55am start

USA Swimming Membership is required for this meet. If you are not currently registered, by signing up for this meet you are authorizing your account to be debited \$75 for the 2018 Membership fee.

Groups participating:

- *Lafayette*: 11 & Older athletes from Age Group, Junior groups not participating in HS State Championships.

Practice Schedule Week of October 23

Sr. Black/ Sr. White
Monday/ Friday 5:15- 6:30 AM
Monday- Friday 4:00- 6:00 PM
Saturday 7:00- 9:00 AM

Jr White
Monday- Friday 4:30- 6:00 PM
Saturday- 8:00- 9:30 AM

Jr Red
Monday, Wednesday 5:00- 6:30 PM
No Practice Friday- Halloween Party
Saturday- 7:30- 9:00 AM

Sr. Red
Monday, Wednesday 6:00- 7:30 PM
No Practice Friday- Halloween Party
Saturday- 9:00- 10:30 AM

Age Group
Tuesday, Thursday- 4:30- 6:00 PM
Saturday 9:00- 10:30 AM

8&Under
Monday, Wednesday, Friday 4:30- 5:30 PM

Novice
Tuesday, Thursday 5:45- 6:30 PM

Rising Stars
Tuesday, Thursday 4:00- 4:40/ 5:00- 5:40

Crawfish Aquatics Online Resources

Team Unify: Account Mgmt- <https://www.teamunify.com/Home.jsp? tabid =0&team=laca>

Twitter: <https://twitter.com/crawfishaquatic>

YouTube: <https://www.youtube.com/user/CrawfishAquatics>