



Read this on our website: <http://www.crawfishaquatics.com/swim-team/weekly-newsletter/>

Announcements & Reminders

- **Next Swim Meet Weekend: November 15 & 16!**

Sign up deadline is Monday, November 11.

- **Crawfish Developmental Meet: Sat, Nov 16** (tentative warm up 11:30am/12:00pm)
-For Novice, 8 & U, Age Group.
<http://www.crawfishaquatics.com/calendar/crawfish-aquatics-developmental-meet-nov-2019>

- **Crawfish Classic: November 15-16**

-Friday events (Session 1): 200 / 400 IM, 500/1000/1650 Free. This will mostly be Senior, Junior White, Junior Red, and Age Group Swimmers (ask your coach if you are unsure).

-Saturday events take place in 2 Sessions (8:00am for Session 2; Session 3 warm up tentative time, 2:00pm).

Both Sessions on Saturday are open to all eligible groups- the goal is for them to swim in both sessions Saturday! There will be a 2.5 hour "break" between the morning and afternoon sessions on Saturday. See event order info on the website.

-Eligible groups: Junior, Senior (not doing HS Swim), Age Group.

<http://www.crawfishaquatics.com/calendar/crawfish-aquatics-november-classic>

Practice Schedule: Week of November 4

Sr Black/ Sr White

Monday and Friday 5:15- 6:30am (Sr Black)

Monday- Friday 3:45- 6:00pm

Saturday 8:00- 9:30 NON Top 24 Swimmers

9:30- 10:30 Top 24 Swimmers ONLY, wake up swim

Sr Red

Mon, Wed, Friday 5:45- 6:15 Drylands, 6:20- 7:30p Swim

Saturday 8:00- 9:30 NON Top 24 Swimmers

9:30- 10:30 Top 24 Swimmers ONLY, wake up swim

Jr Red

Mon, Wed, Friday 5:30- 7:00 Bring Dryland Gear!

Saturday 8:00- 9:30am

Jr White will practice 4:00- 5:30 Tuesday and Thursday in addition to normal Jr Red schedule (no Dryland gear needed)

Age Group

Monday, Wednesday 4:30- 6:00

Saturday 9:00- 10:30am Bring Dryland Gear!

8&Under

Tuesday, Thursday, Friday 4:30- 5:30pm

Novice Team (must pass swim assessment before registering)

Tuesday, Thursday 5:40- 6:20pm

[2020 State Championship Meets- updates](#)

Below are the confirmed dates and structure for the State Championship meets for Louisiana Swimming:

- February 13-16: Senior State Championship (Sulphur) Open (15 & Older)
- March 12-15: Age Group State Championship (LSU), 14 & Under
- July 9-12: Age Group State Championship (LSU), 14 & Under
- July 16-19: Senior State Championship (UNO), Open (15 & Older)

Louisiana Swimming has set a new State Championship structure (short course & long course): a Senior Meet and an Age Group (14 & Under) Meet. The Senior meet is an Open meet format and the Age Group Championship format will be 13-14, 11-12, 10 & U.

While the Open meet is "open ages", Crawfish Aquatics will enter 13-14s in the Age Group Championship meet. These meets are a 3.5 day format (Thurs afternoon timed finals, followed by prelims/finals on Fri/Sat/Sun) however the 12 & U events at the Age Group Championship meets do not start until Friday.

As we receive meet invitations, schedules, etc. we will update the website and notify you in the Enews. All swimmers who have met the qualifying standards will sign up to participate through the TU link on the website. Hotels for Sulphur (Short Course Senior State) are ready for booking- see website for info.

Jump to the qualifying times page: <http://www.crawfishaquatics.com/swim-team/qualifying-times/>

[Meets You Need on your Calendar \(now through March 2020\)](#)

Sign up for Meets here: <http://www.crawfishaquatics.com/swim-team/meet-information>

[Upcoming Season Breaks / Holiday Practice Schedules](#)

Thanksgiving, week of November 25-30

- All groups: Regular schedule Monday/Tuesday
- Novice, 8 & U, AG, Senior Red, Junior Red/ White: no practice Wed, Nov 27- Sat, Nov 30
- Senior Black, White: no practice Thurs, Nov 28 - Sat, Nov 30 (morning practice on Wed, Nov 27 for Sr Black Swimmers)

December & Christmas Holiday

- Sr Black/ White and Jr Red/ White will have an altered schedule the week of December 23 & week of December 30 for Christmas Training; this will be published as we get closer to the actual break.

[Invoice questions? Log in to your Team Unify account!](#)

- To view past or upcoming invoices or change your payment method, log in to your Team Unify account! <https://www.teamunify.com/team/laca/page/home>
- Team Unify app: Connect to your TU account through the app and access account, billing, event info & more! <https://www.teamunify.com/swim-team-management-software/swim-app/>

[Team Suit and Training Equipment Requirements](#)

View Info/Order here: <http://www.crawfishaquatics.com/swim-team/team-outfitting/>

- Team Suit Orders through DJ Sports online (Arena or Dolfin- use sort menu on left).
 - Not required for Novice, 8 & U or AG. There is a sizing kit available at the Info Booth to check sizes before order. Wear a black Crawfish cap at the meets!
 - Ordering is available all year long.

-There is a sizing booth at the Info Booth that you can use to check sizes before ordering!

- Training Equipment:

-Junior White/Black, Senior Prep and Senior Division have equipment requirements. These are listed on the website by group. Equipment can be ordered through the DJ Sports link.

Fundraising Policy

Fundraising obligations allow flexibility for families and a lower monthly dues amount, which is reviewed annually by our staff. You can utilize the fundraisers (Swim-A-thon or the Business Sponsor program) or have the amount post to your May and December invoices. 50% of your family's obligation is invoiced/due in May and the other 50% is invoiced/due in December. **Review full policy from the handbook here:**

[Lafayette Fundraising Policy](#)

***There is a 6 month grace period for new members before fundraising obligation begins.*

Connect with Crawfish Aquatics online

- **Rate & Review us on Google! Crawfish Aquatics, Lafayette:** <https://goo.gl/cPWT3A>
 - **Rate & Review us on Yelp! Crawfish Aquatics, Lafayette:** <https://tinyurl.com/yajx5hog>
 - **Twitter:** <https://twitter.com/crawfishaquatic>
 - **Website:** www.crawfishaquatics.com
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