

Read this on our website: <http://www.crawfishaquatics.com/swim-team/weekly-newsletter/>

Championship Meet Countdown!

- 13 & Over State in TOMORROW!!!!
- 12 & Under State in 8 Days
- Texas Sectionals in 14 Days
- 8 & Unders in 31 Days

Announcements & Reminders

- **12 & U State Swimmers:** see adjusted schedule for next Monday, February 18 (adjusted so that all can swim and then attend the State Meet dinner/poster party- for parents & athletes, 6:00-7:00pm).
- **Registration for Spring/Summer Swim Lessons at CA is now open**
Tell a friend! Upcoming April-July sessions are open for enrollment.
<http://www.crawfishaquatics.com/crawfish-aquatics-swim-lessons/>
- **March 4-10: No practice.**
Resume regular schedule the week of March 11. **Some swimmers will get direct emails regarding their practice schedule based on group and coach. ALL SR GROUPS will be OFF!!!*

13 & Older Short Course State Championship

Good luck to our 96 athletes that will be competing at the SC State Championship in Sulphur this Thursday-Sunday!

- Please be ready to sign up quickly for the timing assignments; these are published.
- Meet Schedule has been updated and posted on the website. Warm up times were changed!
- Purchase your White CA Swim Cap (will be available at the meet- BR athletes should get from Info Booth in advance!). See team shirt colors on the website.
- Team Seating areas will be assigned to each team.
- Friday evening- we will serve dinner for swimmers and families outside of SPAR under the main entry overhang- approximately 7:30pm and through the end of Finals that evening.
- Meet Info page: <http://www.crawfishaquatics.com/calendar/13-older-short-course-state-meet>

The updated meet schedule is posted on the website and as we receive other updates from LA Swimming we will post these items and email the state meet group.

Countdown to Swim-A-Thon, 61 days. And we are having a Party!

One of the most important Crawfish dates to have on your calendar this year is April 13! We are celebrating 20 Years of Crawfish Aquatics and having a party for the whole team at the Baton Rouge location!

In addition to lap swimming to raise funds portion of the event, this year we are adding additional fundraising components to the event (silent auction, a chance to dunk your coaches or pie-face them, and some other fun things taking place in the gym and in the pools).

Packets will be sent home with swimmers and sent out by email very soon. Start gathering your favorite swim pics; we have a new fundraising /SAT website and athletes will be able to make their own page to reach out for sponsors!

Training of NEW Meet Officials

*****We have received some inquiries but are in need of more!**

We are at a critical low of officials, not only for Crawfish Aquatics but within LA Swimming. We need to have at least 12 officials and 4 trained as a Starter or Referee to continue to host swim meets (this will be a huge component of consideration as we plan for meets for the 2019-2020 year, as we must be in compliance with USA Swimming rules for meet hosting!).

Would you consider being trained as a meet official? Ron Moore can meet you during practice and run you through the course, then set you up on deck during the meet to walk with another Official for "live training". No previous experience as a swimmer required!

Email the office or ronm184@me.com if you would be willing to take part in the upcoming Officials Training Class. Crawfish pays for all certification and your meet fees are "on us" also.

Upcoming Swim Meets to sign up for!

**full list of upcoming events listed at end of Enews*

CA 9 & Older Meet, March 15 (CA swimmers only, from Novice, AG, Junior)

This meet is at CA BR. Events are for swimmers 9 & Older from select groups; there are no events for swimmers under age 9. We will have some fun races mixed in and pizza/social right after the meet!

- *Eligible groups:* Swimmers ages 9 & Older in Novice, AG, or Junior division.
- *Sign up:* <http://www.crawfishaquatics.com/calendar/crawfish-9-older-meet>

8 & Under Regionals, March 16 at UNO

The 8 & Under Championship at UNO is a one day meet featuring the 25 yard of each stroke, 50 free, 100 IM and free/medley relays. This meet is a special championship meet for swimmers 8 years and younger only at UNO. There are separate age divisions for 8-years, 7 years and 6 & under for competition and awards are given 1st-16th place for all individual events and 1st-8th place for all relay events.

- *Eligible Swimmers:* 8 years or younger as of March 16 from 8 & U, AG, Junior Red.
- *More Info/Sign up:* <http://www.crawfishaquatics.com/calendar/8-under-championship-3>

25 Yard "World Championship" Meet at CA Lafayette

This meet is always a great time! Everyone races 25 yard events and enjoys the outdoor meet at the beautiful CA Lafayette pool and facility. Parents, you can sign up to race too! This meet is open to all groups and there is a \$10 meet surcharge per swimmer (non-sanctioned meet).

Sign up: <http://www.crawfishaquatics.com/calendar/25-yard-world-championship-2019>

Practice Schedule: Week of February 11- No Practice Friday or Saturday for ALL SR Groups!

Sr. Black/ Sr. White

Monday- Thursday 4:00- 6:00 PM

Sr. Red

Monday, Wednesday 5:45- 7:30PM

Jr Red

Monday, Wednesday, Friday- 5:00- 6:30 PM Saturday- 7:00- 8:30 AM

Age Group

Tuesday, Thursday- 4:30- 6:00 PM Saturday 7:00- 8:30 AM

8&Under

Monday, Wednesday, Friday 4:30- 5:30 PM

Novice

Tuesday, Thursday 5:45- 6:30 PM

Rising Stars

Tuesday, Thursday 4:00- 4:40, 5:00- 5:40 PM

<http://www.crawfishaquatics.com/swim-team/meet-information/>

Eligible Groups for each meet are listed on the specific meet info page on the website.

● February 16: CA Developmental Meet

Sign up: <http://www.crawfishaquatics.com/calendar/crawfish-developmental-meet-feb-2019>

● February 14-17: 13 & Older State Championship (qualifying times required)

Meet Info: <http://www.crawfishaquatics.com/calendar/13-older-short-course-state-meet>

● February 18: 12 & Under State Dinner & Poster Making, 6pm at Crawfish (for BR location athletes, these dinners will take place at each individual location)

Upcoming Events Schedule & Important Dates

<http://www.crawfishaquatics.com/swim-team/meet-information/>

Eligible Groups for each meet are listed on the specific meet info page on the website.

- **February 16: CA Developmental Meet**
Sign up: <http://www.crawfishaquatics.com/calendar/crawfish-developmental-meet-feb-2019>
- **February 14-17: 13 & Older State Championship (qualifying times required)**
Meet Info: <http://www.crawfishaquatics.com/calendar/13-older-short-course-state-meet>
- **February 18:** 12 & Under State Dinner & Poster Making, 6pm at Crawfish (for BR location athletes, these dinners will take place at each individual location)
- **February 22-24: 12 & Under State Championship (qualifying times required)**
Sign up: <http://www.crawfishaquatics.com/calendar/12-under-short-course-state-meet-2019>
- **February 28- March 3: Sectional Championship**
Info: <http://www.crawfishaquatics.com/calendar/sectional-championship-sc2019>
- **March 4-10:** No practice, all groups. *Swimmers signed up for the 8 & U Championship meet will have 1-2 practice options during that week due to the meet on March 16.
- **March 15: CA 9 & Older Meet (CA swimmers only, from Novice, 8 & U, AG, Junior)**
Sign up: <http://www.crawfishaquatics.com/calendar/crawfish-9-older-meet>
- **March 16: 8 & Under State Championship at UNO**
Sign up: <http://www.crawfishaquatics.com/calendar/8-under-championship-3>
- **March 30: 25 Yard "World Championship" at CA Lafayette**
Sign up: <http://www.crawfishaquatics.com/calendar/25-yard-world-championship-2019>
- **For April-July meets, go to the Meets page:**
<http://www.crawfishaquatics.com/swim-team/meet-information/>
- **April 13: Swim-A-Thon (all locations at Crawfish BR)**
- **April 18 or 19 (group dependent) - Mon, April 22:** No practice, all groups
- **GPAC (Pensacola) Meet, May 31-June 2:** Sign up and book your hotel early!
<http://www.crawfishaquatics.com/calendar/gpac-tom-lalor-invitational-2019>

2019 Tentative Summer Schedule Practice notes

- End of Summer Season Practice Break (no practice, all groups): July 27-August 10
 - Resume School Year Practice Schedule, Junior/Senior: Monday, August 12
 - Resume School Year Practice Schedule, 8 & U/Age Group: Wednesday, August 15
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Invoice questions? Log in to your Team Unify account!

- To view past or upcoming invoices or change your payment method, log in to your Team Unify account! <https://www.teamunify.com/Home.jsp?team=laca>
- Team Unify app: Connect to your TU account through the app and access account, billing, event info & more! <https://www.teamunify.com/swim-team-management-software/swim-app/>

Connect with Crawfish Aquatics online

- Rate & Review us on Google! Crawfish Aquatics, Lafayette <https://goo.gl/cPWT3A>
- Rate & Review us on Yelp! Crawfish Aquatics, Lafayette <https://tinyurl.com/yajx5hog>
- Twitter: <https://twitter.com/crawfishaquatic>
- Website: www.crawfishaquatics.com
- **Meet Mobile app**: This is a [good app to have](#) for searching meet results!