

**Read this on our website:** <http://www.crawfishaquatics.com/swim-team/weekly-newsletter/>

## **Announcements & Reminders**

- **Last Day to order *Conquer the Pool* book**

Order the book here: <https://goo.gl/forms/SZtnagkKNJS1JPB63>

As a special offer, if you pre order through our online form, the book will be branded with our Crawfish Aquatics logo. This discount is only available to our team at a rate of \$25. Fee will be on your April 1 invoice. Regular price is \$39.

Learn more about the book: <https://www.yourswimlog.com/conquer-the-pool/>

- **Book your Summer Meet hotels:**

-Pensacola Meet: <http://www.crawfishaquatics.com/calendar/gpac-tom-lalor-invitational>

-12 & U State: <http://www.crawfishaquatics.com/calendar/12-under-long-course-state-championship>

-13 & O State: <http://www.crawfishaquatics.com/calendar/13-older-long-course-state-championship>

- **Swimming in College Seminar- Tuesday, March 27 at 5:30pm**

Lori Payne from ACC is coming to discuss swimming in college and the things you need to know. This will be a good opportunity for information gathering for swimmers & parents, 8<sup>th</sup>

grade and up. More: <http://www.crawfishaquatics.com/calendar/swimming-in-college-seminar>

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## **Super Sectional Speedo Championship**

17 athletes will travel to the University of Texas this Thursday for this 4 day championship meet.

*Good luck to Sion Cavana, Miles Jantzi, David Boylan, Jolee Liles, James Henderson, Landon Godso, Rylee Moore, Riley Brown, Mary Grace Bitting, Abby Baumgartner, Molly Hansen, Jacques Rathle, Collin Klingman, Ashley Richard, Michael Dela Rosa, Anni Thompson, Griff Foreman.*

- Follow along with the meet on Meet Mobile or head to the meet info page for link to Live Results or other meet info: <https://longhornaquatics.utexas.edu/2018/03/super-sectional-championships-march-22-25-2018/>
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## **8 & Under Championship is this Saturday!**

We are excited to send 35 of our 5-8 year old swimmers to UNO for the 8 & U Championship meet this Saturday! Meet details: <http://www.crawfishaquatics.com/calendar/8-under-championship-2>

- **Warm up: 9:00am warm up / meet begins 10:00am** (meet schedule will be confirmed by the meet host this week and we will send updates as they are received!).
  - **Relays:** Check in with coaches about medley relays prior to leaving the meet! Freestyle relays will be coordinated immediately following warm up.
  - **Attire:** Red CA T-Shirts and Black CA swim caps
  - **Timers:** We will be assigned lane timing assignments and will send the list to ask for parent volunteers to cover this once received by the meet host.
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## **Swim-A-Thon**

We will see everyone Thursday, March 29<sup>th</sup> for our rescheduled Swim A Thon. Swimmers will be in the water between 4 and 6 pm, with a pizza dinner served at 6:00 until 7:00PM! We are asking that each family bring a dessert or snack item to share!

Follow up with your supporters-- funds are due April 26.

**Quick Links:**

- Donations received to date: <http://www.crawfishaquatics.com/swim-a-thon/>
- Online Donations: [https://www.sagepayments.net/eftcart/forms/donate.asp?M\\_id=388152857454](https://www.sagepayments.net/eftcart/forms/donate.asp?M_id=388152857454)

**Upcoming Dates:**

- April 16- Deadline to submit funds
- April 30- Prize Winners announced Prize Winners will be announced
- May 1- Team Unify May invoice will include first half of 2018 fundraising obligation. Please see your Swim A Thon packets for the amount per group.

**Prizes:**

- Top 3 Raisers in Each Division
    - 1st - \$75 account credit
    - 2nd - \$50 account credit
    - 3rd - \$25 account credit •
  - Top Individual and Top Family: Lunch with a friend and coach of your choice. •
  - Raise \$1200+: Entered in drawing for 1 year of FREE dues!
  - Swim-A-Thon Wall of Fame
    - Highlights families that raise \$600 on a banner that will hang for one year until the next SAT*
    - Bronze: \$600-\$899
    - Silver: \$900-\$1199
    - Gold: \$1200+
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**Practice Schedule Week of March 19- NO SATURDAY PRACTICE**

**Sr. Black/ Sr. White**

Monday/ Wednesday/ Friday 5:15- 7:00 AM (If needed they can get out early to get to school on time!)

Monday - Tuesday 4:00- 6:00PM

Thursday 6:00- 7:00PM

Saturday No Practice

**Jr White**

Monday/ Tuesday 4:30- 6:00 PM

Wednesday- Friday 6:00- 7:30 PM

Saturday No Practice

**Jr Red**

Monday, Wednesday, Friday- 5:00- 6:30 PM

Saturday- No Practice

**Sr. Red**

Monday, Wednesday, Friday- 6:00- 7:30 PM

Saturday No Practice

**Age Group**

Tuesday, Thursday- 4:30- 6:00 PM  
No Saturday Practice

### **8&Under**

Monday, Wednesday, Friday 4:30- 5:30 PM  
GOOD LUCK TO EVERYONE COMPETING IN 8&UNDER CHAMPIONSHIPS!!!

### **Novice**

Tuesday, Thursday 5:45- 6:30 PM

### **Rising Stars**

Tuesday, Thursday 3:00- 3:40/ 4:00- 4:40/ 5:00- 5:40

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## **DATES FOR EVENTS**

<http://www.crawfishaquatics.com/swim-team/meet-information/>

- **March 27:** Swimming in College Seminar  
<http://www.crawfishaquatics.com/calendar/swimming-in-college-seminar>
- **March 24:** 8 & Under Championship at UNO  
-Sign up: <http://www.crawfishaquatics.com/calendar/8-under-championship-2>
- **April 14:** 25 Yard World Championship at CA Lafayette (all groups)  
-Sign up: <http://www.crawfishaquatics.com/calendar/25-yard-world-championships-at-ca-lafayette-1>
- **April 20-21:** Swamp Paradise Long Course Meet at CA Nicholls (Age Group, Junior, Senior)  
-Sign up: <http://www.crawfishaquatics.com/calendar/swamp-paradise-meet-at-ca-nicholls>
- **May 11:** Developmental Meet  
-Sign up: <http://www.crawfishaquatics.com/calendar/developmental-meet-may-11>
- **May 18-20:** Crawfish Aquatics Long Course Invitational (Age Group- per coach, Junior, Senior)  
-Sign up: <http://www.crawfishaquatics.com/calendar/crawfish-aquatics-long-course-invitational>
- **June 1-3:** GPAC Tom Lalor Invitational (Pensacola)  
-Sign up/Book Hotels: <http://www.crawfishaquatics.com/calendar/gpac-tom-lalor-invitational>
- **June 22:** CCSC 8 & Under Meet  
-Sign up (8 & U division): <http://www.crawfishaquatics.com/calendar/ccsc-8-under-meet>

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## **Connect with Crawfish Aquatics online**

- Team Unify: Account Mgmt- <https://www.teamunify.com/Home.jsp?tabid=0&team=laca>
  - Twitter: <https://twitter.com/crawfishaquatic>
  - Website: [www.crawfishaquatics.com](http://www.crawfishaquatics.com)
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