



Read this on our website: <http://www.crawfishaquatics.com/swim-team/weekly-newsletter/>

Announcements & Reminders

- **July 4th practice changes**
 - No Practice for Age Group, Junior White, or Masters Thursday afternoon.
- **Championship Meet Countdown**
 - Speedo Sectional Championship- 10 days
 - 12 & U State Championship- 11 days
 - 13 & O State Championship- 17 days
 - 8 & Under Championship- 25 days

Win 4 Tickets to the 2020 Olympic Trials!

Crawfish Aquatics is sending a family of 4 to Omaha to the final 3 days of the 2020 Olympic Trials to watch the races and see the complete Olympic Team Announced!

What's included:

- Flights (early Fri AM and return on Monday)
- Hotel (3 nights)
- FOUR (lower level at the turn end) Tickets to Friday Finals, Saturday Prelims/Finals, Sunday Finals



How do you get in the running to win this trip?

The top fundraiser in the 2020 Swim-A-Thon will win BIG next year! Our next Swim-A-Thon is scheduled for April 4, 2020. More details on the 2020 SAT, the upcoming Olympic Trials and Games and how to spread the swimming excitement in our communities to come!

Sign up for State Championship Meets

All swimmers qualified for this meet must sign up through their TU account to confirm participation in the upcoming state championship meet (with the exception of Senior Black who are automatically entered).

- **July 12-14: 12 & Under Long Course State Championship**

Hotel booking block has been extended to June 28.

Sign up: <http://www.crawfishaquatics.com/calendar/2019-12-under-long-course-state-championship>

- **July 18-21: 13 & Older Long Course State Championship**

Sign up: <http://www.crawfishaquatics.com/calendar/2019-long-course-13-older-state-championship>

State, Sectionals, 8 & U Champ Meet Team Dinners this Friday!

We will come together to share a meal and make posters on Friday, July 5, in preparation for the upcoming Championship meets.

Crawfish Aquatics will provide the spaghetti and we are asking for families to sign up to bring salads, bread, fruit or desserts.

Dinner will be served at 5:30pm! RSVP online for the Lafayette location here:

[Lafayette Team Dinner](#)

Looking ahead to the 8 & Under Championship at LSU, July 27

The 8 & Under Championship at LSU is a one day meet featuring the 25 yard of each stroke, 50 free, 100 IM and free/medley relays. This meet is a special championship meet for swimmers 8 years and younger only, with separate age divisions for 8-years, 7 years and 6 & under for competition and awards given up to 16th place.

This meet requires USA Swimming registration- Athletes can be registered with the USA Swimming Flex Membership- it allows for 2 USA Swimming sanctioned meets each calendar year. Cost is \$20. Your online sign up through TU will be the "authorization" for the fee to be charged to your account on file.

More meet info /sign up: <http://www.crawfishaquatics.com/calendar/8-under-regional-championship>

Practice Schedule: Week of July 1

Sr Black/ Sr White

Monday- Saturday 6:45- 9:00 am

Tuesday and Thursday 3:45-6:00pm Bring Dryland Gear

Sr Red

Monday, Wednesday, Friday 5:45- 7:30pm Bring Dryland Gear

Saturday 5:45- 8:00am

Jr Red

Mon, Wed, Friday 4:30- 5:30 Swim, 5:40-6:00 Drylands

Saturday 7:00- 8:00am Dev Meet to follow

JR White

No Thursday Practice

Age Group

Tuesday, 4:30- 6:00pm Bring Dryland Gear
Saturday Developmental Meet

8&Under

Monday, Wednesday, Friday 4:30- 5:30pm

Summer Novice Team (must pass swim assessment before registering)

Monday, Wednesday 9:10- 9:50am OR

Monday, Wednesday 5:40- 6:20pm

Upcoming Events Schedule & Important Dates

Eligible Groups for each meet are listed on the specific meet info page on the website.

Full Meet Calendar: <http://www.crawfishaquatics.com/swim-team/meet-information/>

- **July 5: Pre-State Meet Team Dinner.** Sign up for Laf location dinner:
[Lafayette Location Dinner](#)
- **July 11-14: Sectional Championship in Austin**
<http://www.crawfishaquatics.com/calendar/sectional-championship-lc-2019>
- **July 12-14: 12 & Under Long Course State Championship**
Sign up: <http://www.crawfishaquatics.com/calendar/2019-12-under-long-course-state-championship>
- **July 18-21: 13 & Older Long Course State Championship**
Sign up: <http://www.crawfishaquatics.com/calendar/2019-long-course-13-older-state-championship>
- **July 27: 8 & Under Championship (Novice, 8 & U, AG, J Red ages 5-8 yrs)**
Sign up: <http://www.crawfishaquatics.com/calendar/8-under-regional-championship>

End of Summer /Fall 2019 Schedule & Practice notes

- July 27-August 10: End of Summer Season Practice Break (no practice, all groups)
 - August 12: Resume School Year Practice Schedule, Junior/Senior
 - August 14/15: Resume School Year Practice Schedule, 8 & U/Age Group (Wed/Thurs)
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Fundraising Policy

Fundraising obligations allow flexibility for families and a lower monthly dues amount, which is reviewed annually by our staff. You can utilize the fundraisers (Swim-A-thon or the Business Sponsor program) or have the amount post to your May and December invoices. 50% of your family's obligation is invoiced/due in May and the other 50% is invoiced/due in December. **Review full policy from the handbook here:**

[Lafayette Location Policy](#)

***There is a 6 month grace period for new members before fundraising obligation begins.*

Invoice questions? Log in to your Team Unify account!

- To view past or upcoming invoices or change your payment method, log in to your Team Unify account! <https://www.teamunify.com/team/laca/page/home>
 - Team Unify app: Connect to your TU account through the app and access account, billing, event info & more! <https://www.teamunify.com/swim-team-management-software/swim-app/>
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Connect with Crawfish Aquatics online

- Rate & Review us on Google! Crawfish Aquatics, Lafayette: <https://goo.gl/cPWT3A>
- Rate & Review us on Yelp! Crawfish Aquatics, Lafayette: <https://tinyurl.com/yajx5hog>
- Twitter: <https://twitter.com/crawfishaquatic>
- Website: www.crawfishaquatics.com