

Read this on our website: http://www.crawfishaquatics.com/swim-team/weekly-newsletter/



New Record Level Sponsor!

This edition of the Enews is sponsored by our new Team Sponsor, Lincoln Builders! https://www.lincolnbuilders.com

Announcements & Reminders

• The Problem with "Just Wanting Them to Be Happy"

Achieving anything meaningful in life requires overcoming adversity, facing your fears, and serving something bigger than yourself.

Read the article: https://thriveonchallenge.com/the-problem-with-just-wanting-them-to-be-happy

Need a suit for a 9 or younger boy?

Hona Martin has a brand new, in the box, Youth Size 24 Brief with CA logo team suit. Please contact if you would like to purchase: email honamartin5@gmail.com

• **Team Suit Orders through DJ Sports online** (Arena or Dolfin- use sort menu on left) There is a sizing booth at the Info Booth that you can use to check sizes before ordering! http://www.crawfishaguatics.com/swim-team/team-outfitting/

*Reminder- not required for Novice, 8 & U or AG. There is a sizing kit available at the Info Booth to check sizes before order. Wear a black Crawfish cap at the meets!

Practice Schedule: Week of September 23

Sr Black/ Sr White

Monday and Friday 5:15- 6:30am (Sr Black) Monday- Friday 3:45- 6:00pm Tuesday and Thursday Drylands Saturday 6:00- 8:00am

Sr Red

Mon, Wed, Friday 5:45- 6:15 Drylands, 6:20- 7:30p Swim Saturday 6:00- 7:30am

Jr Red

Mon, Wed, Friday 5:30- 7:00 Bring Dryland Gear! Saturday 7:00- 8:30am

Jr White will practice 4:00- 5:30 Tuesday and Thursday in addition to normal Jr Red schedule (no Dryland gear needed)

Age Group

Monday, Wednesday 4:30- 6:00 Saturday 7:30- 8:30am

8&Under

Tuesday, Thursday, Friday 4:30-5:30pm

Novice Team (must pass swim assessment before registering) Tuesday, Thursday 5:40- 6:20pm

Kick Off Meet Results!

What a fun Saturday we had at the CA Kick Off Meet! Thank You to all of our parent volunteer timers and everyone that brought food and snacks. We are so proud of our swimmers and Coaches, keep up the great work!

Meet Results are posted here: Lafayette Kick Off Results

<u>Upcoming Events Schedule & Important Dates</u>

Eligible Groups for each meet are listed on the specific meet info page on the website. Full Meet Calendar: http://www.crawfishaquatics.com/swim-team/meet-information

• October 19: CA Fall Invitational

*Eligible groups: Age Group, Junior Division, Senior division no in HS Swimming)

Sign up: http://www.crawfishaquatics.com/calendar/crawfish-aquatics-fall-invitational-ca-br

2020 State Championship Meet Dates & Changes

**State Championship format and final age divisions will be determined by October 7. More info here:

http://www.crawfishaquatics.com/swim-team/meet-information/2020-state-championship-meet-information

- February 13-16: Senior State Championship (Sulphur) Open or 13 & Older
- March 13-15: Age Group State Championship (LSU), 14 & Under or 12 & Under
- July 10-12: Age Group State Championship (LSU), 14 & Under or 12 & Under
- July 17-19: Senior State Championship (UNO), Open or 13 & Older

Looking ahead: Season Breaks / Holiday Practice Schedules

Thanksgiving, week of November 25-30

- All groups: Regular schedule Monday/Tuesday
- Novice, 8 & U, AG, Senior Prep, Junior Red: no practice Wed, Nov 27- Sat, Nov 30
- Senior Black, White: no practice Thurs, Nov 28 Sat, Nov 30 (morning practice on Wed, Nov 27 for Sr Black Swimmers)
- Senior Red: No Practice Wed, Nov 27- Sat, Nov 30

December & Christmas Holiday

 Adjusted schedules the week of December 23 & week of December 30; this will be published soon.

Invoice questions? Log in to your Team Unify account!

- To view past or upcoming invoices or change your payment method, log in to your Team Unify account! https://www.teamunify.com/team/laca/page/home
- <u>Team Unify app</u>: Connect to your TU account through the app and access account, billing, event info & more! https://www.teamunify.com/swim-team-management-software/swim-app/

Fundraising Policy

Fundraising obligations allow flexibility for families and a lower monthly dues amount, which is reviewed annually by our staff. You can utilize the fundraisers (Swim-A-thon or the Business Sponsor program) or have the amount post to your May and December invoices. 50% of your family's obligation is invoiced/due in May and the other 50% is invoiced/due in December. **Review full policy from the handbook here:**

Lafayette Fundraising Policy

**There is a 6 month grace period for new members before fundraising obligation begins.

Connect with Crawfish Aquatics online

- Rate & Review us on Google! Crawfish Aquatics, Lafayette: https://goo.gl/cPWT3A
- Rate & Review us on Yelp! Crawfish Aquatics, Lafayette: https://tinyurl.com/yajx5hoq
- Twitter: https://twitter.com/crawfishaquatic
- Website:www .crawfishaquatics.com