



Read this on our website: <http://www.crawfishaquatics.com/swim-team/weekly-newsletter/>

Announcements & Reminders

- **Swim Caps & Practice apparel!**
 - Girls should be in one-piece suits
 - Boys in jammers or briefs (rather than regular swim trunks).
 - Please tie back long hair! We ask that all with hair below shoulder length wear a swim cap for practice to help keep our drains clear!
- **High School Swim Season**

The facility will be VERY BUSY on the weekends September through November as we really get into the High School swim season. Please allow for additional time for drop off, parking, and pick up when coming in for practices in the afternoons and evenings.

Meet Mgmt Booth & Officials (and training!)

Sign up for an upcoming Officials Training Class:

If you would like to TRAIN to be a meet official, the Fall season provides many meet opportunities for training. Email the office for information, office.br@crawfishaquatics.com! A 1 hour class during the week after 5:00pm will be scheduled SOON- email the office for more information.

Practice Schedule: Week of September 3

Sr Black/ Sr White

Monday and Friday 5:15- 6:30am (Sr Black)

Monday- Friday 3:45- 6:00pm

Tuesday and Thursday Drylands

Saturday TBA

Sr Red

Mon, Wed, Friday 5:45- 6:15 Drylands, 6:20- 7:30p Swim

Saturday 9:00- 10:30am

Jr Red

Mon, Wed, Friday 5:30- 7:00 Bring Dryland Gear!

Saturday 8:00- 9:30am

***Jr White** will practice 4:00- 5:30 Tuesday and Thursday in addition to normal Jr Red schedule (no Dryland gear needed)*

Age Group

Monday, Wednesday 4:30- 6:00

Saturday 9:00- 10:30am Bring Dryland Gear!

8&Under

Tuesday, Thursday, Friday 4:30- 5:30pm

Novice Team (must pass swim assessment before registering) Tuesday, Thursday 5:40- 6:20pm

CA Lafayette Kick Off Meet!

Join us as we kick off the 2019 Fall Season with a swim meet and pot luck meal! This meet will be Crawfish Aquatics swimmers from the Lafayette location and is a great way to meet new team members.

Eligible athletes:

-8 & Under, Age Group, Senior Prep, Junior & Senior

-Novice athletes will be notified by email the week of Sept 9 if eligible to compete in this first meet.

Regardless of participation we invite everyone out to watch a fun meet and share some good food!

Sign up & Meet Event Information:

[Lafayette Sign Up](#)

[Meet Information](#)

Event Schedule

6:45-8:45am: Practice /Meet Warm up for Senior Division (Black, White)

7:15-8:45am: Sr Red, Jr Red/ White Mandatory Practice

8:45- 8:55am: organize into warm up groups- warm up

8:55-9:15am: Warm Ups for Novice, 8 & U, Age Group

9:15am: Gather for Team Cheer! All ages, led by Senior Swimmers!

9:30am: Meet begins! (should be 2 hours at most)

At the conclusion of the meet we will

Upcoming Events Schedule & Important Dates

Eligible Groups for each meet are listed on the specific meet info page on the website. Full Meet Calendar: <http://www.crawfishaquatics.com/swim-team/meet-information>

- **September 21: Crawfish Kick Off Meet**
*All Groups eligible; Novice swimmers will be notified week of September 9.
Sign up: [Lafayette Kick Off Meet](#)
 - **October 19: CA Fall Invitational**
*Eligible groups: Age Group, Junior Divisions, Senior division (not in HS Swimming)
Sign up: <http://www.crawfishaquatics.com/calendar/crawfish-aquatics-fall-invitational-ca-br>
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[2020 State Championship Meet Dates & Changes](#)

***State Championship format and final age divisions will be determined by October 7.*

More info here:

<http://www.crawfishaquatics.com/swim-team/meet-information/2020-state-championship-meet-information>

- February 13-16: Senior State Championship (Sulphur) Open or 13 & Older
 - March 13-15: Age Group State Championship (LSU), 14 & Under or 12 & Under
 - July 10-12: Age Group State Championship (LSU), 14 & Under or 12 & Under
 - July 17-19: Senior State Championship (UNO), Open or 13 & Older
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[Looking ahead: Season Breaks / Holiday Practice Schedules](#)

Thanksgiving, week of November 25-30

- All groups: Regular schedule Monday/Tuesday
- Novice, 8 & U, AG, Senior Prep, Junior Red: no practice Wed, Nov 27- Sat, Nov 30
- Senior Black, White: no practice Thurs, Nov 28 - Sat, Nov 30 (morning practice on Wed, Nov 27 for Sr Black Swimmers)
- Senior Red: No Practice Wed, Nov 27- Sat, Nov 30

December & Christmas Holiday

- Adjusted schedules the week of December 23 & week of December 30; this will be published soon.
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[Invoice questions? Log in to your Team Unify account!](#)

- To view past or upcoming invoices or change your payment method, log in to your Team Unify account! <https://www.teamunify.com/team/laca/page/home>
- Team Unify app: Connect to your TU account through the app and access account, billing, event info & more! <https://www.teamunify.com/swim-team-management-software/swim-app/>

Fundraising Policy

Fundraising obligations allow flexibility for families and a lower monthly dues amount, which is reviewed annually by our staff. You can utilize the fundraisers (Swim-A-thon or the Business Sponsor program) or have the amount post to your May and December invoices. 50% of your family's obligation is invoiced/due in May and the other 50% is invoiced/due in December. **Review full policy from the handbook here:**

[Lafayette Fundraising Policy](#)

***There is a 6 month grace period for new members before fundraising obligation begins.*

Connect with Crawfish Aquatics online

- **Rate & Review us on Google! Crawfish Aquatics, Lafayette:** <https://goo.gl/cPWT3A>
- **Rate & Review us on Yelp! Crawfish Aquatics, Lafayette:** <https://tinyurl.com/yajx5hog>
- **Twitter:** <https://twitter.com/crawfishaquatic>
- **Website:** www.crawfishaquatics.com