



Read this on our website: <http://www.crawfishaquatics.com/swim-team/weekly-newsletter/>

Announcements & Reminders

13 & O State Meet—Best Western room rate extended to 1/31

<http://www.crawfishaquatics.com/calendar/13-o-short-course-state-meet>

Athletes must Sign up for State Meet through Team Unify

ALL qualified athletes (exception of Senior Black) from all locations must commit to swim in state meet through TU. Sign up links and hotel information for both 12 & U and 13 & O is posted on our Meets Info page: <http://www.crawfishaquatics.com/swim-team/meet-information/>

2018 Lifeguard Certification Course Dates & Registration

<http://www.crawfishaquatics.com/more1/red-cross-certification/>

CHAMPIONSHIP MEET COUNTDOWN

- 24 Days until 13 & Older State Championships
- 40 Days Until 12 & Under State Championship
- 51 Days Until Sectionals Championship
- 53 Days Until 8 & Under Championship

Crawfish Winter Invitational

Great job to all athletes in the final tune up for the State Championships. We are 24 days away for the 13 & Over Meet in Sulphur (February 22!) and 40 days from the 12 & Under meet at LSU. Thank you to all of our timers, meet officials and Tracy Cooper and Sarah Smith for running 5 sessions of Meet Mgmt in the booth! *Full Results:* <http://www.crawfishaquatics.com/swim-team/meet-information/meet-results/>

Here are some of the highlights from the weekend:

First Time State Qualifiers:

Lucy Cramer, Caroline Roberts, Meadow Trahan, Andi Clement

Event Winners:

8 & Under

- Molly Mayo- 50 Back
- Lucy Cramer- 50 Fly

9-10:

- Katherine Fawley- 50 Back, 100 Back, 200 IM
- Philip Nguyen- 50 free, 50 back, 50 breast, 100 IM, 100 breast,
- Ryan Feng- 100 back

11-12

- Elizabeth Benoit- 200 Free, 100 fly
- Claire Smith- 500 Free,
- Elle Achberger- 50 Back, 200 IM
- Elena Alvarado- 100 Back, 50 Breast, 100 breast, 50 Fly
- Kevin Zheng- 50 free,
- Antoni Staszkiwicz- 500 Free
- Avery Henke- 50 back 100 back, 50 breast, 100 breast, 50 fly, 100 fly
- Justin Pollock- 100 IM
- Alex Cooper- 200 IM

13-14

- Julia Brinson- 50 Free,
- MG Bitting- 200 free, 200 back, 100 free, 100 back, 100 fly, 400 IM
- Anni Thompson- 100 breast, 200 Fly
- Anna Webre- 1000 Free,
- Sarah Hansen- 200 breast,
- Rory Daigle- 200 IM
- Jacques Rathle- 200 free, 100 back, 200 breast, 200 IM
- Collin Klingman- 200 back, 100 breast, 200 fly, 400 IM
- Garrett Accardo- 100 free

15-16

- Taylor Corie- 50 free, 100 free, 100 back, 100 fly
- Ashley Richard- 200 free, 200 fly
- Ema Lavigne- 1000 free,
- Heidi Feng- 400 IM
- James Henderson- 50 free, 200 free, 100 back
- Nicholas Domingue- 1650 free,
- Harrison Say- 200 back
- Michael DelaRosa- 100 breast, 200 breast,
- Camron Wang- 200 fly
- Riley Brown- 200 IM, 400 IM

17 and Up

- Jolee Liles- 100 free, 200 fly, 200 IM, 400 IM, 100 breast, 100 fly
- Anna Otterstetter- 200 free,
- Maddie Lemoine- 1000 free,
- Abby Baumgartner- 200 breast
- Sion Cavana- 200 free, 1000 Free
- David Boylan- 200 back, 400 IM
- Miles Jantzi- 100 back,
- Ricky LaFleur- 100 breast, 200 breast
- Griff Foreman- 100 fly

The Crawfish 200: Race to 200 Laps is March 17!

Swim-A-Thon packets (including USA Swimming materials- pledge cards & forms) will be sent home with the week of January 29.

Sign up to declare your participation on the website NOW on the website:

<http://www.crawfishaquatics.com/swim-a-thon/>

RSVP by February 16 to claim your SAT event swim cap. More information on prizes (like a YEAR of free swimming dues) will be available in your family SAT packet.

Letter to Parents: http://crawfishaquatics.tiltlabs.com/docs/Swim_A_Thon/SAT_parent_letter_2018.pdf

Promotional Graphics: Take your request for sponsors to your social media page and use some of the graphics in the gallery on the SAT page. There is also a sample letter for sponsors.

Fundraising Obligation: The SAT is the main fundraising event offered to meet your annual family fundraising obligation.

100% Tax Deductible: Crawfish Agape International functions as the non-profit arm of Crawfish Aquatics as a 501(c)(3) status.

Upcoming Dates

<http://www.crawfishaquatics.com/swim-team/meet-information/>

February 22-25: Short Course State Meet in Sulphur
March 2: Developmental Meet (BR)
March 9-11: 12 & U Short Course State Meet at LSU
March 17: Swim-A-Thon at all 3 Locations
March 24: 8 & Under Championship at UNO

Crawfish Aquatics Online Resources

Team Unify: <https://www.teamunify.com/Home.jsp?tabid=0&team=laca>
Facebook: www.facebook.com/crawfishaquaticsbatonrouge
Instagram: www.instagram.com/crawfishaquatics.br/
Twitter: <https://twitter.com/crawfishaquatic>
YouTube: <https://www.youtube.com/user/CrawfishAquatics>