

Read this on our website: <http://www.crawfishaquatics.com/swim-team/weekly-newsletter/>

ANNOUNCEMENTS AND REMINDERS

Thank You!

We would like to thank our Crawfish family for their understanding and cooperation throughout our maintenance issues the past several weeks. We are happy to be home on our regular schedule and hope that you are, too!

Rate & Review us on Google!

Crawfish Aquatics, Nicholls: <https://goo.gl/FNLo3t>

GPAC (Pensacola) Meet

We're heading to GPAC this Summer! Sign up and book your hotel early:

<http://www.crawfishaquatics.com/calendar/gpac-tom-lalor-invitational-2019>

What's Coming up for 8 & Under and Age Group—Schedules, FAQ, Meet Sign Ups

The 8 & Under and Age Group division swim team groups run year-round with just a few short breaks during the year where we offer a partial month of swimming (December, May, August). Your swimmer will remain active on the roster unless an online withdrawal form is completed.

Speedo Winter Junior Nationals West

This week 7 athletes from the team will be competing at the prestigious Winter Juniors in Austin, Texas against some of the best junior athletes in this country. The meet is divided up to have those west of the Mississippi river in the West Meet and those to the east, in the East Meet. It is a precursor to Nationals and Olympic Trials. The athletes will be competing Wednesday evening through Saturday evening.

Best of luck to these seven CA athletes as they represent themselves and Crawfish Aquatics at this competition: Jolee Liles, Rylee Moore, David Boylan, Riley Brown, Sion Cavana and Jacques Rathle.

Follow along at the link provided through USA Swimming!

<https://www.usaswimming.org/utility/event-pages/event-detail/2018/12/05/default-calendar/junior-nationals-west>

DECEMBER 15 MEET CHANGED TO FOOD DRIVE DONATIONS

On December 15, we will host THREE swim meets in one day at the CA BR Pool. Due to the extreme food shortage at the food banks recently publicized, we have changed our toy drive to a FOOD DRIVE! Barrels will be available at our Nicholls location for families to donate earlier than our scheduled meet date or multiple times!

- **14 & Under Meet, 9:00 AM**—This meet is for Junior Group and select Age Group members.
Sign up: <http://www.crawfishaquatics.com/calendar/crawfish-aquatics-december-meet>
 - **Developmental Meet, 12:00 PM** (*tentative & confirmed week of meet*)
For athletes in 8 & Under and Age Group!
Sign up: <http://www.crawfishaquatics.com/calendar/ca-developmental-meet-dec-2018>
 - **Crawfish Senior "Fun Meet", 1:15 PM** (*tentative & confirmed week of meet*)
This meet is for our Senior division swimmers and will be a mix of "non-standard" races and challenges!
Sign up: <http://www.crawfishaquatics.com/calendar/ca-senior-fun-meet-dec-2018>
-



SECOND ANNUAL ALUMNI MEET—DECEMBER 22

Message your favorite CA alum and help spread the word! Current CA athletes from Senior Black/White/Red can sign up to swim and race some of our returning Alumni, and all CA members are invited to come out and cheer them on! This is a non-sanctioned meet, and there are no meet fees to participate.

Meet Schedule: 3:15 PM Warm up/4:00 PM Start

Sign up: <http://www.crawfishaquatics.com/calendar/2018-crawfish-alumni-meet>

UPCOMING EVENTS SCHEDULE & IMPORTANT DATES

<http://www.crawfishaquatics.com/swim-team/meet-information/>

December 15: Crawfish 14 & Under Meet

Sign up: <http://www.crawfishaquatics.com/calendar/crawfish-aquatics-december-meet>

December 15: Crawfish Developmental Meet (8&U/AG)

Sign up: <http://www.crawfishaquatics.com/calendar/ca-developmental-meet-dec-2018>

December 15: Crawfish Senior "Fun Meet"

Sign up: <http://www.crawfishaquatics.com/calendar/ca-senior-fun-meet-dec-2018>

December 17: Holiday Training Schedule Posted to Website

View: <http://www.crawfishaquatics.com/swim-team/weekly-newsletter/>

December 22: Crawfish Aquatics Alumni Meet

Sign up: <http://www.crawfishaquatics.com/calendar/2018-crawfish-alumni-meet>

January 18-20: TAQ Mardi Gras Meet

Sign up: <http://www.crawfishaquatics.com/calendar/taq-mardi-gras-meet-2019>

February 1-3: Crawfish Aquatics Winter Invitational

Sign up: <http://www.crawfishaquatics.com/calendar/crawfish-aquatics-winter-invitational-2019>

February 16: CA Developmental Meet

Sign up: <http://www.crawfishaquatics.com/calendar/crawfish-developmental-meet-feb-2019>

February 14-17: 13 & Older State Championship (qualifying times required)

Sign up: <http://www.crawfishaquatics.com/calendar/13-older-short-course-state-meet>

February 22-24: 12 & Under State Championship (qualifying times required)

Sign up: <http://www.crawfishaquatics.com/calendar/12-under-short-course-state-meet-2019>

March 16: 8 & Under State Championship

Sign up: <http://www.crawfishaquatics.com/calendar/8-under-championship-3>

Looking Ahead to 2019:

- End of Short Course Season Break: March 4-10 (Mardi Gras Week, no practice)
- Spring Break: Schedule TBA
- End of Long Course Season Break: July 27-August 9
- Resume Practice: Monday, August 11, 2019

CONNECT WITH CRAWFISH AQUATICS ONLINE

Website: www.crawfishaquatics.com

Team Unify: <https://www.teamunify.com/Home.jsp?tabid=0&team=laca>

Facebook: www.facebook.com/crawfishsouth

Twitter: <https://twitter.com/crawfishaquatic>

Instagram: [crawfishaquatics.nicholls](https://www.instagram.com/crawfishaquatics.nicholls)

Google Review: <https://goo.gl/FNLo3t>