



Read this on our website: <http://www.crawfishaquatics.com/swim-team/weekly-newsletter/>

ANNOUNCEMENTS AND REMINDERS

Holiday Practice Schedule is Upon Us!

Please review to know when your swimmer should be present during the holiday break.
<http://www.crawfishaquatics.com/swim-team/weekly-newsletter/>

Food Drive Meet Weekend

It was a busy Saturday morning as we ran 3 swim meets at CA BR! Thank you to those who have donated thus far! We had great teammate time together, along with some great racing!

Meet Results: <http://www.crawfishaquatics.com/swim-team/meet-information/meet-results/>

Food Bank Barrels are Here!

Our barrels are still in the office and have been extended to remain in the office until this Wednesday, December 19, and will be delivered back to the food bank on Thursday. Let's come together to supply two full barrels to those who need it more than we do!

Annual Admin Fee Posting to January 1 Invoice

This \$15 fee is invoiced to each athlete on the roster (adult and youth programs) for 2018 on the upcoming January invoice.

New Black Hoodies for Sale!

Not available for online orders at this time. We are selling at the swim meets Saturday!

- \$25 for Youth, \$35 for adult sizes.
- **Order here:** <https://tinyurl.com/ydxmlbr3>
- **View the design:** <https://tinyurl.com/ydydv5xs>

ALUMNI MEET THIS SATURDAY

Message your favorite CA alum and help spread the word! Current CA athletes from Senior Black/White/Red can sign up to swim and race some of our returning alumni, and all CA members are invited to come out and cheer them on! This is a non-sanctioned meet, and there are no meet fees to participate.

Meet Schedule: 3:15 PM Warm up/4:00 PM Start

Sign up: <http://www.crawfishaquatics.com/calendar/2018-crawfish-alumni-meet>

MARDI GRAS MEET AT LSU, JANUARY 18-20

This 3-day meet also features a "parade" around the Natatorium after warm up on Saturday (the swimmers are in the parade, throwing beads to the spectators)!

Sign up deadline is a **HARD** date of **January 9:**

www.crawfishaquatics.com/calendar/taq-mardi-gras-meet-2019

Meet Schedule

- **Friday:** Warm-up 4:00-5:00 PM, Start 5:15 PM (9-10 yr 200 Free, 11&O 500 Free, 9-12yr 200 IM, 13&O 400 IM)
 - **Sat/Sun AM (11 & Older):** Warm-up 7:00-8:00 AM, Start 8:15 AM (Saturday Parade, 8:05-8:15 AM)
 - **Sat/Sun PM (10 & Under):** Warm-up 12:00-1:00 PM, Start 1:15 PM (Saturday-Parade, 1:05-1:15 PM)
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UPCOMING EVENTS SCHEDULE & IMPORTANT DATES

<http://www.crawfishaquatics.com/swim-team/meet-information/>

December 21: Holiday Training Schedule Posted to Website

View: <http://www.crawfishaquatics.com/swim-team/weekly-newsletter/>

December 22: Crawfish Aquatics Alumni Meet

Sign up: <http://www.crawfishaquatics.com/calendar/2018-crawfish-alumni-meet>

January 18-20: TAQ Mardi Gras Meet

Sign up: <http://www.crawfishaquatics.com/calendar/taq-mardi-gras-meet-2019>

February 1-3: Crawfish Aquatics Winter Invitational

Sign up: <http://www.crawfishaquatics.com/calendar/crawfish-aquatics-winter-invitational-2019>

February 16: CA Developmental Meet

Sign up: <http://www.crawfishaquatics.com/calendar/crawfish-developmental-meet-feb-2019>

February 14-17: 13 & Older State Championship (qualifying times required)

Sign up: <http://www.crawfishaquatics.com/calendar/13-older-short-course-state-meet>

February 22-24: 12 & Under State Championship (qualifying times required)

Sign up: <http://www.crawfishaquatics.com/calendar/12-under-short-course-state-meet-2019>

March 16: 8 & Under State Championship

Sign up: <http://www.crawfishaquatics.com/calendar/8-under-championship-3>

May 31-June 2: GPAC (Pensacola) Meet

Sign up and hotel info: <http://www.crawfishaquatics.com/calendar/gpac-tom-lalor-invitational-2019>

Looking Ahead to 2019:

- End of Short Course Season Break: March 4-10 (Mardi Gras Week, no practice)
- Spring Break: Schedule TBA
- End of Long Course Season Break: July 27-August 9
- Resume Practice: Monday, August 11, 2019

CONNECT WITH CRAWFISH AQUATICS ONLINE

Website: www.crawfishaquatics.com

Team Unify: <https://www.teamunify.com/Home.jsp?tabid=0&team=laca>

Facebook: www.facebook.com/crawfishsouth

Twitter: <https://twitter.com/crawfishaquatic>

Instagram: [crawfishaquatics.nicholls](https://www.instagram.com/crawfishaquatics.nicholls)

Google Review: <https://goo.gl/FNLo3t>

Yelp Review: <https://www.yelp.com/biz/crawfish-aquatics-nicholls-thibodaux>