

**Read this on our website:** <http://www.crawfishaquatics.com/swim-team/weekly-newsletter/>

## **Announcements**

### **Lafourche Parish Bayou Cleanup—March 11**

The Bayou Lafourche Clean-Up is a wonderful opportunity to give back to our community. The Clean-Up will be held from 8:00-12:00 PM on Saturday March 11, 2017. To sign up, follow the link provided:

<http://btnep.org/BTNEP/news/BayouLafourcheCleanup.aspx>

- When you are filling out the form select "Jean Lafitte National Park" as the section you are signing up to clean. If you have a boat you are willing to use it, please say yes, and put the number of passengers you could carry.
- If you are bringing a canoe or boat, please do not forget to wear life jackets. BTNEP will supply trash bags, gloves, and trash pickers. The park staff will distribute equipment the morning of the cleanup at the boardwalk along Bayou Lafourche.
- For safety that day please wear closed-toe shoes/boots are preferable. Jeans would also be preferred. Bring a refillable water bottle for drinking.

### **12 & Under State Participants—February 13 OFF**

Swimmers participating in the 12 & Under State Championship this weekend will not have practice on Monday, February 13. Swimmers will resume regular practice schedule on the following Tuesday.

### **Team Break—February 27-March 5**

All our programs will be suspended the week of Mardi Gras as our "after short course season" break. Enjoy this well-deserved time off with family and friends! Practices will resume on Monday, March 6, at their regularly scheduled times.

### **Developmental Meet Results!**

<http://www.crawfishaquatics.com/calendar/developmental-meet-february-4>

### **April 22 Developmental Meet date change**

- This meet has been moved to Friday, May 5. In between now and then we will have the 8 & U Championship in March (requires USA Swimming Membership) and the 25 Yard World Championships at CA Lafayette (fun meet all ages- no USA Swimming Membership required!).
- See Meet info: <http://www.crawfishaquatics.com/swim-team/meet-information/>

### **CHAMPIONSHIP MEET COUNTDOWN**

- 5 Days Until 12 & Under State Championship
- 12 Days Until 13 & Over State Championship
- 25 Days Until American Short Course Championship
- 33 Days Until 8&Under Championship

### **Happy Birthday!**

Happy birthday this week to Cade Poimboeuf (February 10)!

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### **Save the Date: *The Crawfish 200* is set for April 1**

Information packets will be sent home the week of February 13. RSVP to this event through the SAT page to get your custom SAT cap!

Tax deductible donations can be made online or by checks written to Crawfish Agape.

Learn More & RSVP: <http://www.crawfishaquatics.com/swim-a-thon>

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## **Outfitting for State Meet!**

We are excited to showcase our NEW LOOK & LOGO at the state meet, not only with our new shirts but also with our new WHITE CHAMPIONSHIP SWIM CAPS! As part of each athlete's state meet team fee, they will receive either 2 latex or 1 silicon cap. These caps are required for all athletes swimming in state meet. They can be worn at practice, following state meet, or state/other championship level meets only.

- State Meet Swim Caps will be distributed by coaches at practice the week of state meet.
- Need a Black SignifiCANce shirt or other new logo shirt? Place orders here:

<http://www.crawfishaquatics.com/swim-team/team-outfitting/team-store-orders>

## **Team Shirt Color for State Meet (12 & U / 13 & O)**

Thursday (13 & O State only)- Blue CA shirts

Friday- Gray shirts

Saturday- Red shirts

Sunday- Black "SignifiCANce" shirts

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## **12 & Under State Championship Meet**

We are excited to bring 58 athletes to the 12 & Under Championship meet at UNO this Friday-Sunday!

### **Updated Meet Schedules/Psych Sheet/ Team Apparel Info:**

<http://www.crawfishaquatics.com/calendar/12-u-state-championship>

**Seating:** Teams are assigned seating areas at UNO. We will be set up on 2 bleachers on the locker room end of the facility, on the entry side. This area allows for much "over flow" of chairs, etc. all staying in the same area. We recommend you arrive early on Friday to get set up!

**Timing:** Sign up form will be emailed on Tuesday for our team timing obligations.

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## **13 & Older State Championship Meet**

### **Meet Info/Details/Schedules:**

<http://www.crawfishaquatics.com/calendar/13-o-state-meet>

### **Entries:**

- Coaches are finalizing entries with athletes.
- Entry report will be posted to the website on Thursday.

***Much more state meet detail will be posted on the website and February 13 Enews.***

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## **8 & U Championship Meet- March 11 at UNO**

The 8 & Under Championship is a one day meet featuring the 25 yard of each stroke, 50 free, 100 IM and free/medley relays. This meet is a special championship meet for swimmers 8 years and younger only at UNO. Sign up by February 27<sup>th</sup> through the website.

### **Eligible Swimmers are ages 5-8 years from these groups:**

- Junior Red
- 8 & Under
- Novice with eligibility confirmation from coaches

**More Info & Online Sign up:** <http://www.crawfishaquatics.com/calendar/8-under-championship>

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## **Meet & Events Schedule**

<http://www.crawfishaquatics.com/swim-team/meet-information/>

February 10-12:	12 & Under State Championship at UNO (qualifiers)
February 16-19:	13 & O State Championship in Sulphur (qualifiers)
March 11:	8 & Under Championship at UNO
March 11:	Lafourche Parish Bayou Cleanup
April 1:	Swim-A-Thon: <a href="http://www.crawfishaquatics.com/swim-a-thon">http://www.crawfishaquatics.com/swim-a-thon</a>
April 8:	25 yard World Championships (at CA Lafayette)
April 21-22:	Swamp Paradise (at CA Nicholls)
May 5:	Developmental Competitive meet (at CA BR)
May 19-21:	Crawfish Long Course Invitational
June 2:	FUN Friday, 4:30pm (CA BR)
June 2-4:	TAQ Summer Classic and Woodlands 14 & O (qualifiers)
June 15-18:	Woodlands Senior Meet (qualifiers)
June 23-24:	CA Summer Tri Meet
July 8-9:	Long Course District Championship (at CA BR)
July 13-16:	State Championship at UNO
July 22:	8 & Under Championship at UNO

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**Team Unify:** Account Mgmt- <https://www.teamunify.com/Home.jsp?tabid=0&team=laca>

**Facebook:** [www.facebook.com/crawfishsouth](http://www.facebook.com/crawfishsouth)

**Instagram:** [crawfishaquatics.nicholls](https://www.instagram.com/crawfishaquatics.nicholls)

