

## **ANNOUNCEMENTS AND REMINDERS**

### **Championship Meet Countdown**

- **13 & Over State** in 3 Days
- **12 & Under State** in 10 Days
- **Texas Sectionals** in 16 Days
- **8 & Unders** in 33 Days

### **Spring & Summer Lessons Registration is Open!**

<http://www.crawfishaquatics.com/crawfish-aquatics-swim-lessons/>

Tell a friend! Upcoming April-July sessions are published online, and registration opens next Monday!

### **We're Hiring!**

With our busy spring and summer schedules approaching, we are seeking applicants for lessons, lifeguarding, and coaches! If you have family and friends interested in the possibility of joining our summer team of employees, encourage them to pay us a visit, give us a call, send us an email, or drop off the attached job application! *Competitive swimming experience is not a requirement.* We are looking for friendly, responsible team members who love working with children!

### **Spring Programming Evaluations**

As we did in the fall, we will host a week of evaluations for all prospective swimmers February 25-28! See the attached flyer for more information.

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## **13 & OLDER SHORT COURSE STATE CHAMPIONSHIP**

Good luck to our 96 athletes that will be competing at the SC State Championship in Sulphur this Thursday-Sunday!

- Please be ready to sign up quickly for the timing assignments when these are published.
- Meet schedule has been updated and posted on the website.
- Purchase your White CA Swim Cap (will be available at the meet. See team shirt colors on the website.
- Team seating areas will be assigned to each team.
- Friday evening, we will serve dinner for swimmers and families outside of SPAR under the main entry overhang—approximately 7:30 PM and through the end of Finals that evening.
- Meet Info page: <http://www.crawfishaquatics.com/calendar/13-older-short-course-state-meet>

The updated meet schedule is posted on the website and as we receive other updates from LA Swimming, we will post these items and email the state meet group.

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## **COUNTDOWN TO THE SWIM-A-THON IS 61 DAYS...**

### **And we're having a PARTY!**

One of the most important Crawfish dates to have on your calendar this year is April 13! We are celebrating 20 Years of Crawfish Aquatics and having a party for the whole team at the Baton Rouge location!

In addition to lap swimming to raise funds portion of the event, this year we are adding additional fundraising components to the event (silent auction, a chance to dunk your coaches or pie-face them, and some other fun things taking place in the gym and in the pools).

Packets will be sent home with swimmers and sent out by email very soon. Start gathering your favorite swim pics; we have a new fundraising/SAT website and athletes will be able to make their own page to reach out for sponsors!

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## **TRAINING OF NEW MEET OFFICIALS**

We are at a critical low of officials, not only for Crawfish Aquatics but within LA Swimming. We need to have at least 12 officials and 4 trained as a Starter or Referee to continue to host swim meets (this will be a huge component of consideration as we plan for meets for the 2019-2020 year, as we must be in compliance with USA Swimming rules for meet hosting).

**Would you consider being trained as a meet official?** Remember, officials are “observers” that help swimmers get better. *Athletes* make the stroke infractions. *Athletes* disqualify themselves if they make a stroke infraction. *Athletes* learn and become better swimmers through this process. You could even start this weekend by walking alongside an official during our meet, which can be done prior to taking the class. No previous experience as a swimmer required!

Email our office or [ronm184@me.com](mailto:ronm184@me.com) if you would be willing to take part in the upcoming Officials Training Class. Crawfish pays for all certification and your meet fees are “on us” also.

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## **UPCOMING MEET SIGN UPS NEEDING YOUR ATTENTION**

### **CA 9 & Older Meet—March 15 (CA swimmers only, from Novice, 8&U, AG, Junior)**

Sign up—<http://www.crawfishaquatics.com/calendar/crawfish-9-older-meet>

This meet is at CA BR. Events are for swimmers 9 & Older from select groups; there are no events for swimmers under age 9. We will have some fun races mixed in and pizza/social right after the meet!

- **Eligible groups:** Swimmers ages 9 & Older in Novice, 8 & U, AG, or Junior division.

### **8 & Under Regionals at UNO—March 16**

<http://www.crawfishaquatics.com/calendar/8-under-championship-3>

The 8 & Under Championship at UNO is a one-day meet featuring the 25 yards of each stroke, 50 free, 100 IM and free/medley relays. This meet is a special championship meet for swimmers 8 years and younger only at UNO. There are separate age divisions for 8-years, 7 years and 6 & under for competition, and awards are given 1st-16th place for all individual events and 1st-8th place for all relay events.

- **Eligible Swimmers:** 8 years or younger as of March 16

### **25 Yard “World Championship” Meet at CA Lafayette**

<http://www.crawfishaquatics.com/calendar/25-yard-world-championship-2019>

This meet is always a great time! Everyone races 25 yard events and enjoys the outdoor meet at the beautiful CA Lafayette pool and facility. Parents, you can sign up to race too! This meet is open to all groups and there is a \$10 meet surcharge per swimmer (non-sanctioned meet).

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## **UPCOMING EVENTS SCHEDULE & IMPORTANT DATES**

<http://www.crawfishaquatics.com/swim-team/meet-information/>

### **February 16: CA Developmental Meet**

Sign up: <http://www.crawfishaquatics.com/calendar/crawfish-developmental-meet-feb-2019>

### **February 14-17: 13 & Older State Championship (qualifying times required)**

Sign up: <http://www.crawfishaquatics.com/calendar/13-older-short-course-state-meet>

### **February 15: 12 & Under State Dinner and Poster Party, 4:30 PM**

### **February 22-24: 12 & Under State Championship (qualifying times required)**

Sign up: <http://www.crawfishaquatics.com/calendar/12-under-short-course-state-meet-2019>

### **February 28-March 3: Sectional Championship**

Info: <http://www.crawfishaquatics.com/calendar/sectional-championship-sc2019>

### **March 4-10: Short Course Season Break (no practice)**

*8&U swimmers participating in 8&U Champs will have 2 practice options this week.*

### **March 16: 8 & Under State Championship**

Sign up: <http://www.crawfishaquatics.com/calendar/8-under-championship-3>



## **UPCOMING EVENTS SCHEDULE & IMPORTANT DATES** (continued)

### **March 30: 25-Yard "World Championship" at CA Lafayette**

Sign up: <http://www.crawfishaquatics.com/calendar/25-yard-world-championship-2019>

### **April 13: Swim-A-Thon (all locations)**

### **April 19-22: Easter Weekend (no practice)**

### **May 31-June 2: GPAC (Pensacola) Meet**

Sign up and hotel info: <http://www.crawfishaquatics.com/calendar/gpac-tom-lalor-invitational-2019>

### **2019 Season Breaks:**

- End of Short Course Season Break: March 4-10 (Mardi Gras Week, no practice)
- Spring Break: April 19-22 (Easter Weekend, no practice)
- End of Long Course Season Break: July 27-August 9
- Resume Practice: Monday, August 12, 2019

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## **CONNECT WITH CRAWFISH AQUATICS ONLINE**

Website: [www.crawfishaquatics.com](http://www.crawfishaquatics.com)

Team Unify: <https://www.teamunify.com/Home.jsp?tabid=0&team=laca>

Facebook: [www.facebook.com/crawfishsouth](http://www.facebook.com/crawfishsouth)

Twitter: <https://twitter.com/crawfishaquatic>

Instagram: [crawfishaquatics.nicholls](https://www.instagram.com/crawfishaquatics.nicholls)

Google Review: <https://goo.gl/FNLo3t>

Yelp Review: <https://tinyurl.com/ybxar647>