

**Read this on our website:** <http://www.crawfishaquatics.com/swim-team/weekly-newsletter/>

## **Announcements**

**Swimming Lessons Online Registration:** <http://www.crawfishaquatics.com/lessons/nicholls/>

### **Spring & Summer Meet Schedule, Sign ups, Information**

- Sign up deadline for 25 Yard World Championship in Lafayette is April 1.
- Sign up deadline for Swamp Paradise at Nicholls is April 17.
- Sign up for June Woodlands meets is now posted (qualifiers—see website)
- Note meet date changes from June 2-4 at LSU for those not attending a Woodlands meet has changed to June 9-11 at NuWave. Meet details on the website.
- In addition to the website details, see more meet information on all meets April to June here: <http://crawfishaquatics.tiltlabs.com/docs/Enews Links/Meet Enews Spring April to June.pdf>

### **Upcoming Seasonal Group Start Dates**

<http://www.crawfishaquatics.com/swim-team/groups/groups-nicholls/>

Summer League Prep	Monday, March 13	Monday/Wednesday 6:00-7:00 PM
Homeschool Swimming	Tuesday, March 14	Tuesday/Thursday 2:30-3:30 PM

### **Job Openings—Lifeguards and Swim Instructors**

If anyone you know is looking for a summer job, please show them the attached job opportunities flyer for spring and summer employment at Crawfish Aquatics at Nicholls. Those applying must be at least 16 years of age and have the required certifications to be employed. Applications can be picked up in our office between 1:00-4:00 PM, Monday through Friday.

### **Bayou Lafourche Cleanup—Thank You!**

Crawfish Aquatics as well as Mother Nature would like to thank everyone who participated in this past Saturday's Bayou Lafourche Cleanup to help make a difference in our community!

### **Happy Birthday!**

Happy birthday this week to Elizabeth Benoit (March 15)!

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### **Congratulations 8 & Under Swimmers! 2<sup>nd</sup> Place finish at 8 & U Regionals**

**Meet Results:** <http://www.crawfishaquatics.com/swim-team/meet-information/meet-results/>

**Event Winner:** Jemiah Thomas, 25 Back & 25 Fly

#### **Top 8 Finishers:**

Eli Gray Bennett, Jemiah Thomas, Molly Mayo, Valentina Rivas, Ryli Cazenave, Lucy Cramer, Ava Schoen, Jake Dufresne, Jamison Lange, James De Luna, Michael Schoen

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### **Race to \$100K! 3 Week Countdown to the Crawfish 200**

Practice, practice, practice! Get to practice and get yourself geared up to complete your goal laps!

***We have EXTRA event caps!*** If you did not RSVP, please do so ASAP to secure your event swim cap! We will not cut off the number of participants, but the event swim cap is limited to those that are already RSVP'd or those that secure these last few spots.

**Sample letter on the SAT page.** Not sure how to get started? We have a sample letter you can take and "make your own."

**Resource Page:** <http://www.crawfishaquatics.com/swim-a-thon>

*\*Reminder: Tax deductible donations can be made online or by checks written to Crawfish Agape.*



## **April 8: 25-Yard World Championship at CA Lafayette**

This is the second annual 25-yard meet for all ages, hosted at our Lafayette location! Each stroke will be raced for 25 yards, including a 25-yard underwater dolphin kick event! This is a fun event for all ages and groups and we encourage ALL to take part!

**Who is racing on April 8?** 8 & under, age group swimmers, senior athletes, Masters, parents, coaches, even a friend that you want to challenge in your sport! Encourage your summer league and high school teammates to enter! This meet does not require USA Swimming registration/team affiliation! Parents, want a chance to race your swimmer in a 25? [Register online](#) for individual entry and a chance to win some bragging rights. Or share with a summer league or high school swim friend.

### **Meet Information:**

- Warm up: 9:00 AM, Meet at 10:00 AM
- Sign up to participate by April 3 (all groups sign up online)  
<http://www.crawfishaquatics.com/calendar/25-yard-world-championships-at-ca-lafayette>

### **Senior Group Team Building Paintball Activity**

Following the last race of the meet, athletes can have more fun with their teammates by playing paintball at the nearby Levena Paintball LLC about 15 minutes from the pool.

More Info: [https://docs.google.com/forms/d/e/1FAIpQLSctqDBTElpmsoYE6gWXuPTE2kly3a0oZjPdKj-O9mlBMPussg/viewform?usp=sf\\_link](https://docs.google.com/forms/d/e/1FAIpQLSctqDBTElpmsoYE6gWXuPTE2kly3a0oZjPdKj-O9mlBMPussg/viewform?usp=sf_link)

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## **UPDATED & Upcoming Meet & Events Schedule**

<http://www.crawfishaquatics.com/swim-team/meet-information/>

March 13: Spring Summer League Prep Start Date  
April 1: Swim-A-Thon: <http://www.crawfishaquatics.com/swim-a-thon>  
April 8: 25 yard World Championships (at CA Lafayette)  
April 21-22: Swamp Paradise (at CA Nicholls)  
May 5: Developmental Competitive meet (at CA BR)  
May 19-21: Crawfish Long Course Invitational  
June 2: FUN Friday, 4:30pm (CA BR)  
June 2-4: Woodlands 14 & O (qualifiers)  
June 9-11: **NuWave Summer Invitational**  
June 15-18: Woodlands Senior Meet (qualifiers)  
June 17: **Developmental Competitive meet (short course at CA BR)**  
June 23-24: CA Summer Tri Meet (Junior, Senior, AG-III & IV)  
July 8-9: Long Course District Championship (at CA BR)  
July 13-16: State Championship at UNO  
July 22: 8 & Under Championship at UNO

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**Team Unify:** Account Mgmt—<https://www.teamunify.com/Home.jsp?tabid=0&team=laca>

**Facebook:** [www.facebook.com/crawfishsouth](http://www.facebook.com/crawfishsouth)

**Instagram:** [crawfishaquatics.nicholls](https://www.instagram.com/crawfishaquatics.nicholls)

