



**Read this on our website:** <http://www.crawfishaquatics.com/swim-team/weekly-newsletter/>

## **ANNOUNCEMENTS & REMINDERS**

### **Tie-Dye Party on June 15**

Mark your calendars and RSVP! We are going to tie-dye CA t-shirts for the upcoming summer meets & season on Friday, June 15 (time TBA). ALL SWIMMERS in ALL GROUPS are encouraged to participate! CA will provide the dye and a white CA t-shirt. Cost is \$15 and will be invoiced to your July 1 invoice. More info and RSVP here: <http://www.crawfishaquatics.com/calendar/team-tie-dye-party>

### **Sign Up for 12 & U/13 & O State Championship at UNO**

Reminder, all qualifiers that will participate in this meet must sign up through the link on the meets calendar on the website (exception of Senior Black, who are automatically entered in the meet).  
12 & U—<http://www.crawfishaquatics.com/calendar/12-under-long-course-state-championship>  
13 & O—<http://www.crawfishaquatics.com/calendar/13-older-long-course-state-championship>

### **State Meet Hotel Booking Cut Off is June 22**

<http://www.crawfishaquatics.com/swim-team/meet-information/>

### **June 6: College Recruiting 101 (Online Webinar by USA Swimming)**

Find the right fit for your college swimming experience: The basic procedures and rules for the process; Guide to realistic scholarship expectations. Presented by Anne Goodman James, Head Men's and Women's Coach, Athletics Senior Woman Administrator, Colorado College.  
*USA Swimming Online webinar, June 6. [Requires pre-registration here](#)*

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## **CRAWFISH AQUATICS WINS GPAC TOM LALOR INVITATIONAL!**

Great meet weekend and team travel weekend to Pensacola for the 3-day invitational. Results will be sent by the host team soon and published to the website. View the results on the Meet Mobile app!

**New Team Record:** Molly Mayo, 8 & U girls 50-meter breaststroke

### **High Point Winners:**

- 11-12 division: Hugo Widjaja
- 13-14 division: Collin Klingman
- Open division: Jolee Liles and David Boylan

**Host Team for results:** <https://www.teamunify.com/EventShow.jsp?id=843322&team=setgpac>

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## **CCSC 8 & UNDER MEET AT ST. MARTIN'S POOL IN METAIRIE, JUNE 22**

Our 8 & Under swimmers are heading to Metairie for the CCSC Summer 8 & U meet on June 22! This meet will offer 25, 50 and 100-yard events on the short course pool format and is a USA Swimming sanctioned meet (requires 2018 USA Swimming membership, \$75).

**Swimmers participating:** 8 & Under division & Age Group 9-10s in AG1/AG2. Junior Red swimmers can sign up for this meet or for the Friday session of the CA Summer Invitational.

**Sign up by June 14:** <http://www.crawfishaquatics.com/calendar/ccsc-8-under-meet>

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## **CA SUMMER INVITATIONAL, JUNE 22-23**

This meet serves as a first long course meet for many of our Age Group athletes, a last chance to qualify for the State Championship and a final tune-up meet before the State Meets.

### **Groups participating:**

- Junior/Senior
- Age Group

### **Meet Schedule**

- Friday, June 22—Warm-up: 4:30 PM and Meet: 5:30 PM
- Saturday, June 23—Warm-up: 7:30 AM and Meet: 8:15 AM

**Sign up by June 15:** <http://www.crawfishaquatics.com/calendar/ca-summer-meet>

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## **UPCOMING EVENTS**

<http://www.crawfishaquatics.com/swim-team/meet-information/>

<b>June 1-3:</b>	GPAC Tom Lalor Invitational (Pensacola)
<b>June 15:</b>	Tie-Dye Party
<b>June 22:</b>	CCSC 8 & Under Meet
<b>June 22-23:</b>	CA Summer Meet (BR location)
<b>June 30:</b>	Bayou Oaks 73 Grand Opening Celebration
<b>July 6:</b>	State Championship Team Dinner
<b>July 12-15:</b>	12 & Under State Championship at UNO
<b>July 19-22:</b>	13 & Over State Championship at UNO

### **Post Long Course/Summer Season Practice Break**

- Senior: No practice Tue, July 24-Tue, August 7 (return Wed, August 8)
  - Junior: No practice Tue, July 24-Tue, August 7 (return Wed, August 8)
  - Age Group/8 & U: No practice Tue, July 24-Tue, August 14 (return Wed, August 15)
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## **CONNECT WITH CRAWFISH AQUATICS ONLINE**

Website: [www.crawfishaquatics.com](http://www.crawfishaquatics.com)  
Team Unify: [https://www.teamunify.com/Home.jsp?tabid\\_ =0&team=laca](https://www.teamunify.com/Home.jsp?tabid_ =0&team=laca)  
Facebook: [www.facebook.com/crawfishsouth](http://www.facebook.com/crawfishsouth)  
Instagram: [crawfishaquatics.nicholls](https://www.instagram.com/crawfishaquatics.nicholls)  
Twitter: <https://twitter.com/crawfishaquatic>