

Crawfish Aquatics at Nicholls Schedule August 17 to October 31

Crawfish Aquatics at Nicholls Schedule August 17 to October 31						
	<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>	<u>Saturday</u>
Novice	6:35-7:35pm	Off	6:35-7:35pm	Off	Off	Off
Age Group 1	4:40-5:25pm	4:40-5:25pm	4:40-5:25pm	4:40-5:25pm	Off	Off
Age Group 2	5:30-6:30pm	5:30-6:30pm	5:30-6:30pm	5:30-6:30pm	Off	Off
Junior Red	6:00-7:15pm	6:00-7:15pm	6:00-7:15pm	6:00-7:15pm	Off	#9:05-10:35am#
Junior White	6:00-7:30pm	6:00-7:30pm	6:00-7:30pm	6:00-7:30pm	Off	#9:05-10:35am#
Senior Red	3:50-5:20pm	3:50-5:20pm	3:50-5:20pm	3:50-5:20pm	3:50-5:20pm	Off
Senior White	3:45-5:45pm	3:45-5:45pm	3:45-5:45pm	3:45-5:45pm	3:45-5:45pm	7:00-9:00am
Senior Black	3:45-5:45pm	3:45-5:45pm	3:45-5:45pm	3:45-5:45pm	3:45-5:45pm	7:00-9:00am
AM Practice	Sr.Black/Masters 5:00-6:30am	6:00-7:30pm	Sr.Black/Masters 5:00-6:30am	6:00-7:30pm		
Novice is from August 24 to October 30, 2020						
# Jr. Red/White will be on the Friday's 4:00-5:30p instead of Saturday's for High School Meets. Dates TBD#						
Masters 6:00-7:30pm will be on your own.						
Dryland Workouts TBD						
AM Practices (Sr. Black/Masters) will begin on Wednesday, September 2, 2020						