

Email to Age Group division, January 2020

Here is a look ahead at the Friday & Saturday practice schedule through May, some notes about the May practice schedule and Summer season dates. Age Group swimmers remain active on the rosters until an online withdrawal form is submitted. See below for details!

FRIDAYS & SATURDAYS:

Reminder- Age Group swimmers can change out their Friday & Saturday practices as needed. No pre-practice notification needed to change from Friday to Saturday (or vice versa). Fridays are 4:45-6:00pm and Saturdays are 9:15-10:30am.

- January 24-25: Regular Practice Schedule
 - January 31- February 1: Regular Practice Schedule
 - February 7: No practice ([CA Developmental Meet- Sign Up](#))
 - February 8: No practice- LSU class make up day.
 - February 14-15: Regular Practice Schedule
 - February 21-22: Regular Practice Schedule
 - February 24: No practice
 - February 25: No practice
 - February 28-29: Regular Practice Schedule
 - March 6: No practice ([CA Developmental Meet- sign up!](#))
 - March 13-14: Regular Practice Schedule
 - March 20: Regular Practice Schedule
 - March 21: No Practices (Coaches at the 8 & Under Regional Championship!)
 - March 27-28: Regular Practice Schedule
 - April 3: Regular Practice Schedule
 - April 4: SAVE THE DATE- Crawfish Aquatics Swim-A-Thon: Stars & Strokes 2020 (important team fundraiser & fun team social event!)
 - April 10-11: No Practices
Reminder: No practice Thursday, April 9- Monday, April 13. Resume regular schedule Tues, April 14).
 - April 17-18: Regular Practice Schedule
 - April 24-25: Regular Practice Schedule
 - May 1-2: Regular Practice Schedule
 - May 8: No practice ([CA Developmental Meet- sign up!](#))
 - May 9: Regular Practice Schedule
- **Week of May 11-14 is the last week of practice before moving to the Summer Practice schedule on May 31.**
The dues for May are pro-rated for the partial month (\$35 for 8 & U and \$45 for AG) and swimmers remain active on the roster during the May 18-31 practice break.

Notes about Summer Schedule and Return to School Year Schedule in August

- Summer Practice Schedule runs June 1-July 23. Swimmers remain on the roster unless a [drop form](#) is completed. We will reach out in April to see if you want your athlete to move to a morning practice in the Summer or remain in the afternoons (morning group practices are 9:15-10:30am / afternoon group is 5:00-6:15pm or 6:15-7:30pm, depending on your practice group. Practices are Mon-Thurs during the Summer months; AG swimmers can attend all 4 days if they want but are not required! There are no Fri or Sat practices in the

Summer).

- No practices July 27-August 11. We will hold placement evaluations for new swimmers August 10-11. Swimmers resume the school year schedule on Wednesday, August 12 and Fri/Sat practice schedule will start after Labor Day. August is also a pro-rated dues month due to the partial month schedule.

The final pages of the weekly Enews email has resources such as links to ordering team suits, fundraising policy, list of upcoming Meet & Event dates and how to log in to manage your Team Unify account.