



# Crawfish Aquatics

## 2023 LA Spring Invitational

### Crawfish Aquatics Pool, Lafayette, LA

#### April 22, 2023

#### **Meet Sanction and Host Team**

This meet is sanctioned by Louisiana Swimming, Inc., Sanction #  
Crawfish Aquatics, LLC Meet Host

#### **Meet Administration**

Erik Cooper                      Meet Referee  
OJ Mesina                        Meet Director, [meets@crawfishaquatics.com](mailto:meets@crawfishaquatics.com)

#### **Meet Schedule**

Saturday, April 22    **warm-up:** 7:30-7:55am Laf; 8:00-8:25am BR; 8:30-8:55am BR    **meet:** 9:05am  
*\* depending on meet size meet management might create flights for the meet based on age*

#### **Facilities**

- Crawfish Aquatics, 107 Susan Street, Lafayette, LA 70506
- Outdoor, heated, 8 lane 25-yard pool. Non-Turbulent lane ropes with lane width eight feet; pool depth 6 feet (starts end) to four feet (shallow end).
- An indoor, four lane 25 meter pool is available for warm-up/warm-down throughout the meet.
- Daktronics Timing System with electronic 8 line scoreboard.

#### **Meet Administration**

Erik Cooper                      Meet Referee  
Thomas Clavier                Meet Director, [office.lafayette@crawfishaquatics.com](mailto:office.lafayette@crawfishaquatics.com)

#### **Rules and Meet Regulations**

- Conduct of this sanctioned event shall conform in every respect to all technical and administrative 2023 rules of USA Swimming and Louisiana Swimming.
- “Swimmers with a disability as described in the USA Swimming Technical Rules, Article105, shall be permitted to enter any meet sanctioned by Louisiana Swimming Inc.”
- Coaches and officials (meet directors, referees, starters, and stroke and turn judges) are required to show proof of USA Swimming membership. The Meet referee reserves the right to ask for coach credential display and/or deny deck access if the coach does not comply or the card is no longer valid or current.
- It is understood and agreed that USA Swimming and LA Swimming, Inc. shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of this meet.
- Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms, or locker rooms.
  
- Current USA Swimming technical and administrative Rules, including the Minor Athlete Abuse Prevention Policy (“MAAPP”), will govern this meet.
- All applicable adults participating in or associated with this meet, acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Prevention Policy (“MAAPP”), and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition.
  
- Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any times athletes, coaches, officials and/or spectators are present. Exceptions may be granted with prior written approval by Crawfish Aquatics Meet Director.

### **Pool Measurement and Depth**

The competition course has been certified in accordance with 104.2.2C (4). The copy of such certification is on file with USA Swimming.

-8 lane 25-yard pool. Non-Turbulent lane ropes with lane width eight feet; pool depth 6 feet (starts end) to four feet (shallow end).

### **Eligibility**

-The meet is open to USA Swimming-registered swimmers from Crawfish Aquatics and the entrant must be a USA Swimming member as provided in Article 302.

-Swimmer's age as of April 22, 2023 determines age for the meet.

-Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

**Entries-** Each swimmer may enter a maximum of:  
Saturday- 3 individual events

### **Entry Deadline**

-All meet entries are due by Monday, April 17, 2023.

-Deck entries will be accepted at the discretion of the Meet Director and the fee is double and payable at time of entry. This includes ANY changes from one event to another during the meet.

**Entry Fees**     \$25 per swimmer  
*Includes LA Swimming Surcharge, all meet fees and pizza.*

### **Conduct**

-All events are by gender for seeding and seeded slowest to fastest.

### **Meet Management Discretion**

-Fly Over Starts: may be used for some sessions

### **Meet Program**

The meet program ("heat sheet") will be posted online ([www.crawfishaquatics.com](http://www.crawfishaquatics.com)) and through the Meet Mobile app the Thursday prior to the meet. Coaches will be provided with complimentary meet programs, however there will not be any meet program sales at the event.

### **Scoring**

- Athletes will be divided into two teams: "Red" and "White"
- Top 8 places will be scored for individual events
- Maximum of 4 athletes can score from a team

### **Awards**

-No awards will be presented.

### **Timing Assignments**

-Each team will provide timers in proportion to meet entries in a session.

-Timers will report 10 minutes prior to the start of each session.

### **Warm-up & Procedures**

-Lane assignments to be announced prior to the start of warm-up.  
-USA Swimming rules require that all warm-ups must be closely supervised by a certified USA Swimming coach or team representative. The Meet Referee shall assist the athlete in making arrangements for such supervision.

### **Deck Changing:**

Changing into or out of swimsuits other than in locker rooms or other designated areas is not permitted.

## **ORDER OF EVENTS**

<b>Session 1</b>		
<b>All Ages</b>		
1	10&U 100 IM	2
2	11-12 100 IM	4
3	13-14 100 IM	6
7	15&O 100 IM	8
9	10&U 50 Back	10
11	11-12 50 Back	12
13	13-14 100 Back	14
15	15&O 100 Back	16
17	10&U 50 Fly	18
19	11-12 50 Fly	20
21	13-14 100 Fly	22
23	15&O 100 Fly	24
25	10&U 50 Breast	26
27	11-12 50 Breast	28
29	13-14 100 Breast	30
31	15&O 100 Breast	32
33	10&U 50 Free	34
35	11-12 50 Free	36
37	13-14 100 Free	38
39	15&O 100 Free	40

### **Condition of Sanction**

As a condition of this sanction, HOST TEAM agrees to comply and to enforce all COVID 19 health and safety mandates and guidelines (including face coverings, social distancing, and mass gatherings) of USA Swimming, Louisiana Swimming, the State of Louisiana, local jurisdictions, and the HOST TEAM Meet Plan detailed below. Meets conducted in violation of

these requirements and safety plans are subject to having the sanction revoked and will not be issued sanctions for future meets during the COVID 19 sanctioning period.

**Assumption of Risk Disclaimer**

The HOST CLUB has taken enhanced health and safety measures for athletes, coaches, officials, spectators, and others participating in this meet. You must follow all safety instructions in the following meet sanction. An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. Senior citizens and those with underlying medical conditions are especially vulnerable. By attending this meet, you assume all risks related to exposure to COVID- 19.

**COVID 19 Waiver**

An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and individuals with underlying medical conditions are especially vulnerable.

USA Swimming, Inc., cannot prevent you (or your child(ren)) from becoming exposed to, contracting, or spreading COVID-19 while participating in USA Swimming sanctioned events. It is not possible to prevent against the presence of the disease. Therefore, if you choose to participate in a USA Swimming sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19.

BY ATTENDING OR PARTICIPATING IN THIS COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS USA SWIMMING AND [THE LSC] AND EACH OF THEIR OFFICERS, DIRECTORS, AGENTS, EMPLOYEES OR OTHER REPRESENTATIVES FROM ANY LIABILITY OR CLAIMS INCLUDING FOR PERSONAL INJURIES, DEATH, DISEASE OR PROPERTY LOSSES, OR ANY OTHER LOSS, INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORESEEN OR UNSEEN, IN CONNECTION THEREWITH.