

# State Championship Wrap Up ~ Long Course 2025

There is a very old song by Bobby Gentry titled "Season Come, Seasons Go". The song uses the changing seasons as a metaphor for the passage of time and the cyclical nature of life, love and loss. It reflects on the memories and the feelings associated with them, emphasizing the beauty and inevitable changes that come with each season. It suggests that while things change, some things (like cherished memories) remain, even as new experiences unfold. So why do I bring all of this up and reference a truly outdated song?

Year round swimming has three distinct seasons to be exact and looking back on this long course season I could not help but to think of this song that was played by my father along with all of his other 'oldies' when I would go to practice in my youth. That is the origin of this analogy I am drawing. In each season this year beginning last August we have had constants and variables. A major variable was put in place this spring organizationally with a staff change. With that change the athletes and families believed in the change being made and all of you showed extreme trust in the decision and the interim situation whether your athletes were directly or indirectly impacted. The results from that belief and trust was another outstanding summer with uncharted success. The times and results attained, as detailed in this wrap up, are absolutely incredible. It was amazing to have witnessed the smiles as a byproduct of the results.

While this song is a bit melancholy, I believe the underlying sense reigns true which is that memories are so important. I hope throughout this spring and summer that the athletes and families look back at all of the memories created. Despite there being challenges for individuals at times, we as a staff witnessed so many tremendous highs and positive memories. We want those to be long lasting. Swim times, like seasons, change. It is why the swimmers do what they do: they do it to continue to improve and better their times. One day most of those times will be forgotten. The memories created at practices and these meets are what live on in our minds. I want to thank each of you for allowing all of us on the staff to be a small part of those memories for your athletes.

As we look to the future, more changes will be occurring. A new head coach, Mathew Mixon, will be in place in Baton Rouge, along with a restructuring of staff to better serve all. A new season will begin. We can look back on this past season glowingly as we do with other ones, but also be excited about the future. I know I am and so is the rest of the staff who can all be witnesses to and a part of future memories created!

Dig Deep!

Coach Jayme

# **Age Group State Championship Highlights**

The team of 82 athletes won the Age Group State Championship scoring 4191 points winning by over 2300 points. The men's team won with 1515 points and the women won 2636 along with a mixed relay win to close the meet.

## **Swimmers of the Meet**

Samantha Johnston  
Jamison Lange

## **High Point Winners**

*11-12*

Samantha Johnston

*13-14*

Eli Gray Bennett

Eli Clavier and Jamison Lange (Tie)

## **Individual Event Winners**

*10 & Under*

Andi Bienvenu - 50 Breast, 100 Breast

Caroline McAllister - 50 Fly

*11-12*

Sadie Allen- 200 IM, 50 Free

Samantha Johnston - 50 Back, 100 Back, 50 Fly, 100 Fly, 100 Free, 200 Free

Adelaide Drennan - 50 Breast

Lindy Slay - 400 Free

*13-14 (14 & Under)*

Eli Gray Bennett - 50 Back, 100 Back, 200 Free, 400 Free,, 800 Free, 200 Back

Eli Clavier - 1500 Free, 400 Free, 400 I.M., 200 Breast, 800 Free, 100 Breast

Faith Kubricht - 100 Free, 100 Fly,, 50 Fly, 100 Breast

Jamison Lange - 50 Back, 100 Back, 200 Free, 100 Fly, 200 IM, 200 Back

## **Relay Team Winners**

*10 & Under*

Female 200 Free Relay - Sophie Burton, Andi Bienvenu, Hollen Jenkins, Caroline McAllister.

Female 200 Medley Relay - Sophie Burton, Andi Bienvenu, Caroline McAllister, Tess Demoruelle

*11-12*

Female 200 Free Relay - Samantha Johnston, Lindy Slay, Adelaide Drennan, Sadie Allen

Female 200 Medley Relay - Lindy Slay, Adelaide Drennan, Samantha Johnston, Sadie Allen

*13-14 (14 & Under)*

Female 400 Freestyle - Eli Gray Bennett, Faith Kubricht, Molly Watson, Samantha Johnston

Male 400 Freestyle - Jamison Lange, Ryler Mahler, Matthew Heimbold, Eli Clavier

Female 400 Medley - Eli Gray Bennett, Faith Kubricht, Catherine McAllister, Molly Watson

Male 400 Medley - Jamison Lange, Eli Clavier, Ryler Mahler, Matthew Heimbold

Female 200 Freestyle - Eli Gray Bennett, Faith Kubricht, Evelyn Landry, Molly Watson

Male 200 Freestyle - Eli Clavier, Matthew Heimbold, Jamison Lange, Ryler Mahler

Female 200 Medley - Eli Gray Bennett, Faith Kubricht, Catherine McAllister, Evelyn Landry

Male 200 Medley - Jamison Lange, Eli Clavier, Ryler Mahler, Matthew Heimbold

Mixed 200 Freestyle - Faith Kubricht, Eli Gray Bennett, Jamison Lange, Ryler Mahler

### **Top 8 Individual Finishers**

**Sadie Allen, Eli Gray Bennett, Andi Bienvenu**, Julia Black, **Sophie Burton**, Fiona Carmouche, **Willie Chapman, Eli Clavier**, Luke Clavier, Colette Demoruelle, Tess Demoruelle, **Adelaide Drennan**, Addison, Dugas, Ciara Farmer, Isaac Feliz, Addie Freeling, Matthew Heimbold, Hollen Jenkins, **Samantha Johnston, Faith Kubricht, Evie Landry, Jamison Lange, Ryler Mahler**, Catherine McAllister, Izzy Matherne, Gracie McIlwain, **Liam Myrick**, Elli Nettles, **Ai Nguyen**, Miller Pentas, Dylan Reeves, Keller Roedel, **J.J. Rush**, Sofia Serrano, **Lindy Slay**, KInsley Smith, Cole Thurmond, **Molly Watson**, Andrew White, **Luke White, Andrew Zumbek**

***\*Top 3 Finisher in bold***

### **Team Records**

*11-12*

Sadie Allen- 50 Free

Addie Drennan- 50 Breast, 100 Breast

Samantha Johnston - 50 Fly, 100 Back, 200 Free, 50 Back, 100 Fly, 100 Free

Female 200 Free Relay - Samantha Johnston, Lindy Slay, Adelaide Drennan, Sadie Allen

Female 200 Medley Relay - Lindy Slay, Adelaide Drennan, Samantha Johnston, Sadie Allen

*13-14*

Eli Gray Bennett - 100 Back

Faith Kubricht- 50 Fly, 100 Free, 100 Fly

Jamison Lange - 100 Back, 200 Back

Ryler Mahler- 50 Fly

Female 200 Free Relay - Eli Gray Bennett, Faith Kubricht, Evelyn Landry, Molly Watson

### **State Records**

*11-12*

Samantha Johnston - 50 Fly

Female 200 Free Relay - Samantha Johnston, Lindy Slay, Adelaide Drennan, Sadie Allen

Female 200 Medley Relay - Lindy Slay, Adelaide Drennan, Samantha Johnston, Sadie Allen

*13-14*

Jamison Lange - 100 Back, 50 Back

Female 200 Free Relay - Eli Gray Bennett, Faith Kubricht, Evelyn Landry, Molly Watson

Mixed 200 Free- Faith Kubricht, Eli Gray Bennett, Jamison Lange, Ryler Mahler

### **First Time Qualifiers**

*Sectionals*

Sadie Allen

Molly Watson

# Senior State Championship Highlights

The team of 70 athletes won the Senior State Championship scoring 4624 points scoring more than double the second place team. The men's team won with 1979.5 points and the women won 2580.5 along with a mixed relay that won in state record time!

## High Point Winner

Matthew O'Konski

## Individual Event Winners

Lyla Roper- 1500 Freestyle

Rylee Simoneaux- 100 Back and 200 back

Ava Sims- 200 Breast

Sophia Sims- 200 IM

Colin Candebat- 200 Free, 100 Free, 200 IM

Matthew O'Konski- 200 Fly, 400 Free, 800 Free

## Relay Team Winners

Female 200 Free Relay A Clement, S Sims, A Sims, R Simoneaux

Female 200 Medley Relay R Simoneaux, A Sims, B Bourque, A Clement

Female 400 Freestyle A Sims, A Clement, R Simoneaux, S Sims (1-2 with B relay)

Female 400 Medley Relay R Simoneaux, A Sims, B Bourque, A Clement (1-2 with B relay)

Mixed 200 Free Relay M O'Konski, B Faulk, A Sims, A Clement

*Special Note: The Girls 800 Free Relays went 1-2 with the B breaking the state record by 6 seconds though both were disqualified for early take offs with questionable officiating calls.*

## Top 24 Individual Finishers (Point Scorers)

Skylar Bordelon, **Isabella Bourque**, Denzel Caballero, **Gracyn Calfo**, **Colin Candebat**, **Andi Clement**, Alex Dartez, Ben Dickson, Emilie Farah, Ben Faulk, Michael Foret, **Peyton Heltz**, **Paxton Heltz**, Dean Kolb, Stella Lanasa, Austin Landry, **Lilianna Latour**, **Audrey Lemoine**, Jiya Lodha, Evan Milligan, **Molly Mayo**, **Jack McConnell**, **Phillip Nguyen**, **Van Nguyen**, **Matthew O'Konski**, **Lia Ostendorf**, Ethan Phipps, Gibson Pitalo, Brooks Resweber Ben Richert, **Mary Claire Roberts**, **Riley Roedel**, **Emma Romero**, **Lyla Roper**, **Olivia Serrano**, **Doruk Sayal**, Leyla Shidaee, **Rylee Simoneaux**, **Ava Sims**, **Sophia Sims**, **Lydia Talley**, **Noah Vargas**, **Isabella Vargas**, Sebi Vargas, **Cooper Webb**, Max Williams and Ziang Zhuang.

**\*Top 8 Finisher**

## State Records

15-16

Noah Vargas 50 Breast

17-18

Ava Sims 50 Breast (prelims) and 50 Back

Rylee Simoneaux 100 Back

Isabella Bourque 50 Fly

15-18

Female 400 Medley Relay

R Simoneaux, A Sims, B Bourque, A Clement

Mixed 200 Free Relay

M O'Konski, B Faulk, A Sims, A Clement

15-18 and Open

Female 200 Medley Relay

R Simoneaux, A Sims, B Bourque, A Clement

**Team Records***Senior (15-18)*

Noah Vargas 50 breast

Female 400 Medley Relay

R Simoneaux, A Sims, B Bourque, A Clement

*Senior (15-18) and Open*

Andi Clement 50 Breast

Rylee Simoneaux 100 Back

Ava Sims 50 Back

Sophia Sims 200 IM

Female 200 Medley Relay

Mixed 200 Free Relay

R Simoneaux, A Sims, B Bourque, A Clement

M O'Konski, B Faulk, A Sims, A Clement

**First Time Qualifiers***Sectionals*

Denzel Caballero

Ziang Zhuang

*US Open*

Colin Candebat

# **Speedo Sectional Championships Highlights**

We took a team of 23 athletes to Austin, Texas for Sectionals. The team had 19 swimmers in finals on Thursday with 20 swims. It was the most we have ever had compete in one finals session at these championships! The second day we had 14 more finals swims and then on Saturday, the last day we competed the team had 17 finals swims. It was our most ever collectively for the weekend! Every athlete earned a second swim during the weekend which is a first for our team. Not many other teams in the meet with the number of athletes that we have can say that this year at this meet. They finished in 9th place with 199 points despite not contesting relays or competing on Sunday in full and focused preparations to come back to prepare for the Senior State Championships. The athletes got to relax with team bonding at Blazer Tag on Saturday following finals (the hottest spot for laser tag in all of Austin, TX).

## **Top 16 Finishers (Scoring Points)**

Molly Mayo- 200 Breast (16th), 100 Breast (16th)  
Riley Roedel- 400 IM (12th)  
Rylee Simoneaux- 100 Back (6th), 200 Back (3rd)  
Ava Sims- 200 Free (5th), 200 Back (7th)  
Sophia Sims- 200 Fly(4th), 100 Back(9th), 400 IM(6th), 200 Back(6th)  
Lydia Talley- 800 Free (8th), 200 Free (15th)  
Colin Candebat- 100 Free (6th), 200 Free (5th), 100 Fly (14th)  
Matthew O'Konski- 200 Fly (3rd), 400 IM (10th), 400 Free (10th), 100 Fly (13th)  
Van Nguyen- 800 Free (16th)  
Noah Vargas- 200 Breast (10th), 100 Breast (13th)

## **Second Swims (Finals, not scoring)**

Bella Bourque- 100 Fly	Lyla Roper- 100 Back, 200 Free, 200 Back
Andi Clement- 100 Free, 100 Breast	Doruk Sayal- 200 Breast, 100 Breast
Paxton Heltz- 200 Breast	Rylee Simoneaux- 100 Free
Peyton Heltz- 200 Breast, 400 IM	Ava Sims- 100 Free
Liliana Latour- 200 Breast	Lydia Talley- 200 Back
Audrey Lemoine- 200 Breast, 400 IM, 100 Breast	Noah Vargas- 200 Fly, 400 IM, 100 Fly
Molly Mayo-200 Back	Cooper Webb- 200 Breast
Jack McConnell- 200 Breast, 100 Breast	Max Williams- 200 Breast
Phillip Nguyen- 200 Fly	
Van Nguyen- 400 IM	
Ethan Phipps- 200 Fly	
Riley Roedel- 200 Fly	

## **Team Records**

### *Senior (15-18)*

Rylee Simoneaux- 200 Back  
Matthew O'Konski- 200 Fly

## **First Time Qualifiers**

### *Winter Junior Nationals*

Noah Vargas

### *Summer Junior Nationals*

Andi Clement  
Ava Sims  
Sophia Sims

## **State Records**

### *15-16*

Noah Vargas- 100 Breast, 50 Breast (split in prelims of 100)