



## Swimming Lessons Guidelines and Protocols

We are committed to continually monitoring the recommendations and developments from the appropriate health agencies – which means we're ready to update our processes and actions accordingly to help prevent the spread of the coronavirus, as well as any other health concerns. This is still a dynamic situation which may require that we modify our procedures or modify our guidelines as we start our Summer Swimming Lessons program for the Summer.

*\*While we are excited to re-open Crawfish Aquatics, we are aware of the continued risks COVID-19 will continue to impose. As an organization we have established protocols and policies to mitigate exposure, we must emphasize that our patrons are equally committed to upholding the facility and wellness guidelines.*

### **Facility Policies**

- Hand sanitizer will be provided at pool deck entry points and multiple places throughout the facility. Please use the hand sanitizer upon entering and leaving the facility.
- Anyone entering the facility that is over 8 years old, will be required to wear a mask or face covering.
- The locker rooms are **CLOSED** for showering and changing.
- The locker rooms will be closed other than for emergency RESTROOM usage only. Families are asked to bring swimmers to and from swim lessons in their swimsuits to avoid locker room usage.
- There will be staff monitoring the number of individuals that enter the locker rooms.
- Locker rooms will be frequently sanitized during practices and lessons.
- Swim instructors will not wear masks in the water.
- Shared equipment will not be allowed at swimming lessons at this time. Goggles will not be provided for any swimmers and all swimmers should have their own pair of goggles to use in the class. We do have goggles for sale at the pool and must be purchased BEFORE class starts. They are \$12 and will be charged to the card on file on your parent portal.

### **Health Responsibilities & Wellness Checklist: Staff, Parents/Guardians, Swimmers**

*No staff or swimmers should attend practice/ classes if they do not feel well.*

- **Staff:**  
Any staff member with a temperature over 100.0 degrees will be sent home and not allowed back to work until cleared by a doctor. Additionally, they will be asked wellness questions that require “No” response to be permitted to work each shift.
- **Swimmers/Participant:**  
Each day parents will need to be able to confirm a “No” to the wellness questions in order to participate in the session. Athletes age 10 & older can answer these questions independently. Wellness questions outlined in the Policies document will also be posted for reference. *If the Wellness questions are revised, participants will be notified.*



### **Wellness Questions:**

Staff and lesson/swim team participants must be able to answer **NO** to the following questions:

1. Have you been in contact (Less than 6 feet for more than fifteen minutes or living in the same household) with a person who has tested positive for COVID-19 in the last 14 days?
2. Do you or anyone you live with have any of the following symptoms:
  - A Mild to severe respiratory illness
  - Fever of 100.0 or higher
  - Persistent Cough or difficulty breathing
  - New loss of taste or smell
  - Vomiting and or Diarrhea

### **Lessons Check In, Line Up, and Pick up Procedures**

- On the first day of the session, check in at the back office. Please respect other patrons by giving everyone 6 feet of personal space. Check in begins 10 minutes before class start time.
- When possible, families are asked to only have one adult family member accompany each student to their swim lessons and for students to arrive dressed for lessons.
- Swimmers and siblings must remain with their responsible adult while waiting for instructors and at the facility. All swimmers must remain with their accompanying parent/guardian at all times.
- Families will be asked not to line up for lessons prior to 10 minutes before their scheduled class time. Please wait in your car until this time.
- Swimmers will wait, with a parent or their responsible adult, behind the mushroom at the back picnic tables for instructors to collect them. Instructors will walk their groups to the indoor pool.
- Swimmers should limit what they bring with them to the pool deck (goggles, easily removable shoes if needed and if can take on/off independently). Parents will need to hold swimmer's towels, extra clothing, etc.
- After the lesson is completed, instructors will bring swimmers to their parents at the same pick up location. To help with social distancing, we will keep these interactions brief.
- **Please leave the facility in your swimsuit** so that we can minimize the number of people using the locker rooms.
- The Splash Pad is still CLOSED during lessons at this time.

### **Restroom Usage during Lessons Class**

We always encourage swimmers to finish their class when possible rather than leaving class to use the restroom, however no one will be told "No" if their need is urgent. **If you have a swimmer participating in lessons that you anticipate will need to go during class or needs assistance in the bathroom, please be parked or positioned in view of the indoor pool entrance, in the event a restroom break is needed.**

- If a staff member does walk a child to the restroom, they will also be allowed to wash their hands.



## **Limited Occupancy, Social Distancing, Graduation Day**

- **Participants and Instructors:** while we will be operating well under the required capacity limitations for our pool and facility and make every effort to space lesson groups in the pool, it is not possible to keep a space of 6 feet between each student in a group class or between a student and instructor. Instructors will need to hold and position students in the water in order to properly and safely instruct them. The CDC has indicated that there is no evidence Covid-19 can be transmitted in a properly maintained pool. We have an automated sanitization system that includes the use of chlorine and other products and staff with daily responsibilities to ensure the pool is properly balanced. Additionally, we have stringent monitoring, checks and balance procedures in place.
- **Non-participants:** Anyone not participating in swim lessons should not be in the facility or on the pool deck area outside of dropping off a swimmer or picking up from an instructor. Please wait in your car during the lessons class. *This limited occupancy allowance is subject to change as we learn how well social distancing is achieved on the pool deck and in the seating areas.*
- **No on deck lesson observing- Graduation Day:** We love nothing more than getting to watch swimmers perform for their parents and to see the mutual joy on a parent's face watching their swimmer on the last day of lessons. However, in the current situation we are not able to set up and allow for on deck class watching and remain within occupancy and social distancing guidelines on the pool deck.

## **Inclement Weather**

- If there is the potential of inclement weather, please stay on site in your car. If we stop lessons during the class for any reason, students will be walked to the Grey Wall or back restrooms, spaced out and wait to be picked up by parents.
- Please check your email prior to coming to class each day in case of other important updates or modifications.