2022 LA Tiger Aquatics Mardi Gras Invite

Hosted by Tiger Aquatics January 7th-9th, 2022 Held at the LSU Natatorium

CONDITION OF SANCTION

As a condition of this sanction, Tiger Aquatics agrees to comply and to enforce all COVID 19 health and safety mandates and guidelines (including face coverings, social distancing, and mass gatherings) of USA Swimming, Louisiana Swimming, the State of Louisiana, local jurisdictions, and the Tiger Aquatics Meet Plan detailed below. Meets conducted in violation of these requirements and safety plans are subject to having the sanction revoked and will not be issued sanctions for future meets during the COVID 19 sanctioning period.

ASSUMPTION OF RISK DISCLAIMER

Tiger Aquatics has taken enhanced health and safety measures for athletes, coaches, officials, spectators, and others participating in this meet. You must follow all safety instructions in the following meet sanction. An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. Senior citizens and those with underlying medical conditions are especially vulnerable. By attending this meet, you assume all risks related to exposure to COVID-19.

COVID-19 RELEASE An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and individuals with underlying medical conditions are especially vulnerable.

> USA Swimming, Inc., cannot prevent you (or your child(ren)) from becoming exposed to, contracting, or spreading COVID-19 while participating in USA Swimming sanctioned events. It is not possible to prevent against the presence of the disease. Therefore, if you choose to participate in a USA Swimming sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19.

BY ATTENDING OR PARTICIPATING IN THIS COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS USA SWIMMING AND [THE LSC] AND EACH OF THEIR OFFICERS, DIRECTORS, AGENTS, EMPLOYEES OR OTHER REPRESENTATIVES FROM ANY LIABILITY OR CLAIMS INCLUDING FOR PERSONAL INJURIES, DEATH, DISEASE OR PROPERTY LOSSES, OR ANY OTHER LOSS, INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORESEEN OR UNSEEN, IN CONNECTION THEREWITH.

FACE COVERINGS

All meet participants – coaches, officials, administrators, spectators, vendors, and athletes (between events) must wear face coverings and comply with mandated social distancing and mass gathering rules.

Swim Meet Guidelines and Flowchart

<u>Swim Meet Session Reminders:</u> Coaches, Parents, and Swimmers must adhere to below guidelines before, during, and/or after swim sessions. <u>Failure to comply will result in denied usage of pool facilities and swim sessions.</u>

- Swimmers must check temperature at home prior to coming to pool(s). If a swimmer has a fever or is feeling
 unwell, the swimmer will stay home from the swim session. Swimmers must be fever FREE for 24 hours prior
 to returning to the pool.
- Swimmers MUST BE IN FACE MASK WHEN ENTERING THE FACILITY. Upon entering the water swimmers will
 put face mask in swim bag. When exiting the water after swim session swimmers will put back on their face
 mask in between events and leave it on until they are back in their vehicle.
- Parent/Spectator admission will be dependent on COVID guidelines. Spectator admissions will be announced once we receive the final athlete, coaches, and official participation count.
- Swimmers & Spectators need to stay in their cars until 15 minutes prior to the start of warm ups to avoid too large of a crowd on the pool deck/entrances/exits. The front entrance doors of the Natatorium will be open 15 minutes prior to each session
- Swimmers, Coaches, Officials, and Meet Volunteers will adhere to social distance guidelines in place by national/state/local government while on the pool deck and in the water.
- Swimmers, Coaches, Officials, Meet Volunteers, and Spectators will be wearing masks while in or around the facility.
- Locker room use is available however swimmers and spectators must wear mask while inside. Swimmers
 are encouraged to arrive in their suits and leave in their suits.
- Swimmers, Coaches, Officials, and Meet Volunteers will not be allowed to congregate on the pool deck prior
 to or after warm up or swim sessions.

SWIMMER LIMITATIONS

There will be a 600 athlete limit to this event. 300 per session

FACILITIES:

L.S.U Natatorium, site of the 1985 National Sports Festival. Indoor 50-meter pool at a constant depth of 7 feet with movable bulkheads to make two 8-lane, 25-yard pools with Non-Turbulent lane lines. Paragon starting blocks. Daktronics Timing System with 8-lane Daktronics electronic scoreboard. A six-lane 25-yard warm-up/warm-down pool is next to the 50-meter pool. The competition course has been certified in accordance with 104.2.2C (4). The copy of such certification in on file with USA Swimming.

FACILITY RULES

NO SMOKING IS PERMITTED IN THE POOL AREA. NO GLASS CONTAINERS ON DECK.

PARENTAL ACCESS FOR SAFE SPORT In case of an emergency, parents should see the meet referee.

Held under the Sanction of USA Swimming, Inc., issued by Louisiana Swimming, Inc. Sanction

Meet Administration

| MEET DIRECTOR | MEET REFEREE | MEET MARSHAL |
|----------------------|----------------------|------------------|
| Jeannine Malbrough | Adam Werth | Kirk Kumbier |
| jeannine@swimtaq.com | adamwerth9@yahoo.com | kirk@swimtaq.com |

Meet Schedule

| Session | Day | Arrival | Warm-up | Meet Start | Age Group |
|---------|----------------------------------|---------|-----------------|---------------|--------------|
| 1 | Friday January 7th | 4:15pm | 4:30-5:30pm | 5:45pm | ALL |
| 2 | Saturday January 8th | 8:15am | 8:30-9:30am | 9:45am | OPEN |
| 3 | Saturday January 8 th | 2:00pm | 2:15-3:15pm | 3:50pm | 12 & Under |
| 4 | Sunday January 9th | 6:45am | 7:00am – 8:00am | 8:15am | OPEN |
| 5 | Sunday January 9th | 12:15pm | 12:30-1:30pm | 1:45pm | 12 & Under |

^{***} Session times may be adjusted depending on timeline***

Entry Deadline & Meeting Summary

| Entry Deadlines | Time | For: | |
|--------------------------|--------------|--------------------------------|--|
| Wednesday Dec 29th, 2021 | 11:59 pm | January 7 th , 2022 | |
| Session | Meeting Time | For: | |
| 1 | TBD | Official Briefings | |

RULES This meet will be conducted in accordance with the current USA Swimming

Rules and Regulations, except where rules therein are optional, and exceptions

are stated.

Meet Format This is a timed finals meet. No time standards are needed to qualify for this

meet. The 1650 Free, 1000 Free, 500 Free, and 400 IM will be all check-in

events. All other events will be pre-seeded.

TECHNICAL SUIT BAN for 12&Us

Per LSI Rule 210.2, 12 & Under athletes may not compete in Technical Suits at this meet.

A Technical Suit is one that has the following components:

- Any male or female suit with bonded or taped seams regardless of fabric or silhouette; or
- Any male or female suit with woven fabric extending to the knee or mid-thigh regardless of the seam type.

MAAPP

All applicable adults participating in or associated with the meet acknowledge that they are subject to the provisions of the USA Swimming Minor Athlete Abuse Protection Policy ("MAAPP"), and that they understand that compliance with the MAAPP policy is a condition of participation in the conduct of this competition.

SAFE SPORT

The LSI Safety Program is in effect for this meet. Coaches are advised to closely supervise their swimmers at all times. Swimmers may be dropped off only in designated safe areas. Swimmers are not permitted in work out rooms, storage rooms, meeting rooms, or control rooms. No glass containers or bottles are allowed inside the facility at any time. Anyone failing to comply with a safety request may forfeit his or her privilege to participate. We strongly recommend each team assign a marshal to monitor warm-up sessions and locker rooms in addition to host team marshal.

Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms, locker rooms, or behind the starting blocks. Flash photography of any kind is prohibited at the start of a race.

Deck changes are prohibited.

Any swimmer entered in the meet who is unaccompanied by a USA Swimming member coach must be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement. It is also the responsibility of the swimmer or the swimmer's guardian to request assignment from the Meet Director to a USA Swimming member coach attending the meet if a coach from the swimmer's team is unable to attend.

Unless approved in writing in advance of the competition by the Program and Events Committee Chair or designee, operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, spectator areas, and open ceiling locker rooms) any time athletes, coaches, officials, and/or spectators are present.

Only swimmers, properly certified officials, and coaches, and meet volunteers will be allowed on deck. No spectators will be allowed on deck at any time.

ELIGIBILITY

All swimmers must be registered with USA Swimming, Inc. and all Adult Athletes must hold current APT certification to compete. Swimmers must be registered prior to entry deadline. Entries listed as "Registration Applied For" will not be accepted. **There will be no on deck registration available at this meet.** A swimmer's age as of January 7th, 2022 determines their age for the entire meet.

MEMBERS WITH DISABILITIES OR MEDICAL CONDITIONS Tiger Aquatics welcomes all swimmers with disabilities as described in the USA Swimming Rules and Regulations, Article 105, to participate in our meets. Coaches entering swimmers with disabilities that require any accommodations are required to provide advance notice in writing to the Meet Director by the entry deadline accompanying their meet entry file, including the need for any personal assistants required and/or registered service animals. Members who are unable to wear face coverings because of a documented medical condition must notify the Meet Director in advance and may have limited deck access. Failure to provide advance notice may limit Tiger Aquatics' ability to accommodate all requests.

ENTRIES

Entries are to be submitted through members' Team Unify account on swimtaq.com. A swimmer's age on the first day of the meet will determine their age for the entire meet. Swimmers will be entered on a first-come-first-served basis, due to athlete number limitations. Meet management has the right to limit the number of athletes in order to comply with Louisiana Swimming, Inc.'s four-hour rule. Meet management reserves the right to reassign events/age groups to different courses. The order of events shall not be changed, but at the discretion of the meet management, breaks may be added.

ENTRY LIMITATIONS

Swimmers may swim a maximum of 8 individual events total.

ENTRY DEADLINES

Entries must be received by WEDNESDAY DECEMBER 29th, 2021 at 11:59pm.

No late entries will be accepted. There will be NO on deck entries. Email entries to jeannine@swimtaq.com. Make entry fee check payable to tigerAquatics.

ENTRY FEES

| All fees are non-refundable | | |
|-----------------------------------|--|--|
| Individual Event \$4.00 per event | | |
| \$8.00 per swimmer | | |
| \$5.00 per swimmer | | |
| \$3.50 per swimmer | | |
| | | |

SEEDING

The meet will be pre-seeded. Psych sheets will be sent to coaches to confirm and to declare scratches. The 1650, 1000, 500, and 400 IM will all be check-in events and seeded at the meet.

SCRATCHES

There will be no penalty for scratching pre-seeded events.

SCORING

This event will be scored by single age group: 12, 11, 10, 9, 8, 7, 6 & Under.

Individual events will be scored 9-7-6-5-4-3-2-1. Awards will be presented for 1st through 8th place for individual events for ages

presented for 1st through 8th place for individual events for ages 12 & Under. High Point awards will be presented for 1st through 3th each single age group for 12 & Under. 6&under is considered one age group. Distance events may by swum together but scored separately. Team awards will be presented for 1st through 3th.

RESULTS

The Results can be found live on Meet Mobile throughout the meet. Results will also be posted on swimtaq.com at the conclusion of the meet.

LIVE STREAMING

This event will be live-streamed. The link will be posted on swimtaq.com on the event page.

COACHES Swimming.

All coaches on deck must be registered and certified with USA

Meet Management will require all coaches to show proof of such by prominently displaying their registration card or be prepared to show their Deck Pass virtual membership card upon request. Other Meetings may be held at the meet referee's discretion

(listed in the Deadline and Meeting Summary).

Hospitality

Hospitality will be available for coaches and officials.

Concessions

Concessions will be sold at the meet for all sessions.

Officials/ Timers/ Volunteers

There will be a need for officials. Tiger Aquatics welcomes and encourages anyone willing to volunteer. All officials on deck must be registered and certified with USA Swimming. Certification will be verified by Meet Referee the day before the meet / session. There will be an officials' meeting at each meet session. A virtual meeting may be held prior to the meet / session at the referee's discretion, and all assigned officials are strongly encouraged to complete and individual personal review of applicable USAS rules for their assigned position prior to the meet. Officials should report to their assigned

Commented [LS1]:

position 15 minutes before session start, and bring a mask, your personal water bottle, and a writing utensil.

WARM UP

In accordance with USA Swimming guidelines, there will be a published warm-up procedure for all swimmers and coaches attending the meet. The Marshal will ensure all teams, coaches, and swimmers follow all warm-up procedures. Meet Management reserves the right to change warm-up times according to the number of entries.

Waiver Release

As a team entered in this meet, upon entry you are verifying that all of the swimmers and coaches listed on the enclosed entry are registered with USA Swimming. You acknowledge that you are familiar with the Safety Rules of USA Swimming, Inc. and Louisiana Swimming, Inc. regarding warm-up procedures and meet safety guidelines, and that you shall be responsible for the compliance of your swimmers with those rules during this meet.

Tiger Aquatics, Louisiana Swimming, Inc., and USA Swimming, Inc., their agents, employees, and coaches shall be held free and harmless from any and all liabilities or claims for damages arising by reason of illness or injury to anyone during the conduct of this meet. You acknowledge that by entering this meet, you are granting permission for the names of any or all of your team's swimmers to be published on the internet in the form of Psych Sheets, Meet Results, or any other documents associated with the running of this meet.

IMAGE RELEASE

All participants agree to be filmed and photographed by the host club approved photographer(s) and videographers and to allow the right to use names and pictures before, during, or after the meet such as in public psych sheets, heat sheets, and results or featured on the host club or LSI website or social media or in public broadcast of the event via television or webcast. Parents and guardians of minor swimmers who do not wish their swimmers to participate in interviews or have individual pictures featured on any media should inform their team's head coach and the Meet Director prior to the meet

ORDER OF EVENTS

Session 1 – LSU Natatorium – Friday January 7th, 2022 Arrival: 4:15pm; Warm-up: 4:30 – 5:30pm; Meet Start: 5:45pm

| Girl's Event # | Event | Boy's Event # | |
|----------------|---------------------|---------------|--|
| 1 | 10 & Under 200 Free | 2 | |
| 3 | 12 & Under 500 Free | 4 | |
| 5 | 13 & Over 500 Free | 6 | |
| 7 | 12 & Under 200 IM | 8 | |
| 9 | OPEN 400 IM | 10 | |

- ➤ Check In for events 3-6 and events 9-10 by 5:30pm.
- > Events 3-6 and events 9-10 will be swum fastest to slowest.
- > Swimmers in events 3-6 must supply their own counter.

Attention Coaches: The events for both Saturday and Sunday AM SESSIONS are listed 13-14 and OPEN. The OPEN events are primarily for 15 & Over with the opportunity for any 12 year old who ages up to swim the listed events. Please monitor you athlete's event selections.

Session 2 – LSU Natatorium –Saturday January 8th, 2022 Arrival: 8:15am; Warm-up: 8:30-9:30am; Meet Start: 9:45am

| Girl's Event # | Event | Boy's Event # |
|----------------|------------------|---------------|
| 11 | 13-14 100 Breast | 12 |
| 13 | OPEN 100 Breast | 14 |
| 15 | 13-14 200 Fly | 16 |
| 17 | OPEN 200 Fly | 18 |
| 19 | 13-14 100 Back | 20 |
| 21 | OPEN 100 Back | 22 |
| 23 | 13-14 200 IM | 24 |
| 25 | OPEN 200 IM | 26 |
| 27 | 13-14 50 Free | 28 |
| 29 | Open 50 Free | 30 |
| | 10 Minute Break | |
| 31 | OPEN 1000 Free | 32 |

- Check in for events 31-32 must be done by 9:45am.
- > Events 31-32 will be swum fastest to slowest.
- ➤ There will be a 10 minute break before events 31-32
- > 1000 Free swimmers must supply their own COUNTER & TIMER.

Session 3 – LSU Natatorium –Saturday January 8th, 2022

Arrival: 2:00pm; Warm-up: 2:15-3:15pm; Meet Start: 3:30pm

| Girl's Event # | Event | Boy's Event # |
|----------------|---------------------|---------------|
| 33 | 6 & Under 25 Free | 34 |
| 35 | 7yr old 25 Free | 36 |
| 37 | 8yr old 25 Free | 38 |
| 39 | 9yr old 100 Free | 40 |
| 41 | 10yr old 100 Free | 42 |
| 43 | 11yr old 100 Free | 44 |
| 45 | 12yr old 100 Free | 46 |
| 47 | 6 & Under 25 Breast | 48 |
| 49 | 7yr old 25 Breast | 50 |
| 51 | 8yr old 25 Breast | 52 |
| 53 | 9yr old 50 Breast | 54 |
| 55 | 10yr old 50 Breast | 56 |
| 57 | 11yr old 50 Breast | 58 |
| 59 | 12yr old 50 Breast | 60 |
| 61 | 6 & Under 25 Back | 62 |
| 63 | 7yr old 25 Back | 64 |
| 65 | 8yr old 25 Back | 66 |
| 67 | 9yr old 100 Back | 68 |
| 69 | 10yr old 100 Back | 70 |
| 71 | 11yr old 100 Back | 72 |
| 73 | 12yr old 100 Back | 74 |
| 75 | 6 & Under 25 Fly | 76 |
| 77 | 7yr old 25 Fly | 78 |
| 79 | 8yr old 25 Fly | 80 |
| 81 | 9yr old 100 Fly | 82 |
| 83 | 10yr old 100 Fly | 84 |
| 85 | 11yr old 100 Fly | 86 |
| 87 | 12yr old 100 Fly | 88 |

Attention Coaches: The events for both Saturday and Sunday AM SESSIONS are listed 13-14 and OPEN. The OPEN events are primarily for 15 & Over with the opportunity for any 12 year old who ages up to swim the listed events. Please monitor you athlete's event selections.

Session 4 – LSU Natatorium –Sunday January 9th, 2022 Arrival: 6:45am; Warm-up: 7:00-8:00am; Meet Start: 8:15am

| Girl's Event # | Event | Boy's Event # |
|----------------|----------------|---------------|
| 89 | 13-14 200 Free | 90 |
| 91 | OPEN 200 Free | 92 |

| 93 | 13-14 100 Fly | 94 |
|-----|------------------|-----|
| 95 | OPEN 100 Fly | 96 |
| 97 | 13-14 200 Breast | 98 |
| 99 | OPEN 200 Breast | 100 |
| 101 | 13-14 100 Free | 102 |
| 103 | OPEN 100 Free | 104 |
| 105 | 13-14 200 Back | 106 |
| 107 | OPEN 200 Back | 108 |
| | 10 Minute Break | |
| 109 | OPEN 1650 Free | 110 |

- > Check in for events 109-110 must be done by 8:15am.
- > Events 109-110 will be swum fastest to slowest.
- > 1000 Free swimmers must supply their own COUNTER & TIMER.

Session 5 – LSU Natatorium –Sunday January 9th, 2022 Arrival: 12:15pm; Warm-up: 12:30-1:30pm; Meet Start: 1:45pm

| Girl's Event # | Event | Boy's Event # |
|----------------|---------------------|---------------|
| 111 | 6&Under 50 Free | 112 |
| 113 | 7yr old 50 Free | 114 |
| 115 | 8yr old 50 Free | 116 |
| 117 | 9yr old 50 Free | 118 |
| 119 | 10yr old 50 Free | 120 |
| 121 | 11yr old 50 Free | 122 |
| 123 | 12yr old 50 Free | 124 |
| 125 | 7yr old 50 Back | 126 |
| 127 | 8yr old 50 Back | 128 |
| 129 | 9yr old 50 Back | 130 |
| 131 | 10yr old 50 Back | 132 |
| 133 | 11yr old 50 Back | 134 |
| 135 | 12yr old 50 Back | 136 |
| 137 | 7yr old 50 Breast | 138 |
| 139 | 8yr old 50 Breast | 140 |
| 141 | 9yr old 100 Breast | 142 |
| 143 | 10yr old 100 Breast | 144 |
| 145 | 11yr old 100 Breast | 146 |
| 147 | 12yr old 100 Breast | 148 |
| 149 | 7yr old 50 Fly | 150 |
| 151 | 8yr old 50 Fly | 152 |
| 153 | 9yr old 50 Fly | 154 |
| 155 | 10yr old 50 Fly | 156 |
| 157 | 11yr old 50 Fly | 158 |
| 159 | 12yr old 50 Fly | 160 |
| 161 | 6&Under 100 IM | 162 |

| 163 | 7yr old 100 IM | 164 |
|-----|-----------------|-----|
| 165 | 8yr old 100 IM | 166 |
| 167 | 9yr old 100 IM | 168 |
| 169 | 10yr old 100 IM | 170 |
| 171 | 11yr old 100 IM | 172 |
| 173 | 12vr old 100 IM | 174 |