



# **Nu Wave Swim Club: Fall Open**

## **November 10-12, 2017**

### **UNO Lakefront Arena**

**Sanction:** Held under the sanction of USA Swimming and Louisiana Swimming Inc. #2017-  
In granting this sanction, it is understood and agreed that USA Swimming and Louisiana Swimming Inc. shall be free from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

**Location:** UNO Lakefront Arena  
6801 Franklin Ave, New Orleans, LA 70122

**Facility:** Indoor, Heated, 8 lane 50 meter pool with non-turbulent lane ropes. Pool depth: 16 feet in deep end, 4 feet in shallow end and 7 feet at the bulkhead. Separate warm up area is available across from the competition course. The competitive course has not been certified in accordance with USA Swimming Technical Rule 104.2.2C(4).

**Timing:** Colorado automatic timing system with touch pads will be the primary system. Secondary system will be manual / electronic with 1 button and 1 digital watch per lane.

**Meet Director:** Ross Hedrick- [nuwaveswimclub@gmail.com](mailto:nuwaveswimclub@gmail.com)

**Meet Referee:** Melanie Korndorffer, [mkorndor@gmail.com](mailto:mkorndor@gmail.com)

**Entry Chair:** Ross Hedrick- [nuwaveswimclub@gmail.com](mailto:nuwaveswimclub@gmail.com)

**Rules:**

- Current 2017 USA Swimming rules will govern the procedure of this meet. The Meet Referee has final authority on the conduct of the meet.
- All events will be conducted as timed finals. All events will be seeded and run slowest to fastest with the exception of Friday events which will run fastest to slowest.
- Deck entries will be allowed at the discretion of the Meet Director and the approval of the Meet Referee, and permitted for swimmers who are currently entered in the meet. No additional heats will be created to accommodate additional swims, and events will not be reseeded.
- Coaches are required to monitor their swimmers during warm-ups, competition and warm-down. During warm-ups, swimmers are required to enter the water feet first.
- Any swimmer, entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

- All coaches and officials MUST constantly display their current USA Swimming credential or be prepared to present their USA Swimming ID card as proof of their registration to the Meet Director or designee at any time. The Meet Referee reserves the right to ask for coach credential display and/or deny deck access if coach does not comply or card is no longer valid or current.
- All meet directors, referees, starters and stroke judges, serving in an official capacity must be members of USA Swimming.
- Flyover Starts: Swimmers should remain in the pool after completing their race until the next race has begun, then quickly exit the pool.

**Safe Sport:**

- Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms, or locker rooms. In accordance to Safe Sports best practices, photography will not be allowed behind the starting blocks.
- Except where venue facilities require otherwise, changing into or out of swimsuits other than in locker rooms or other designated areas is not appropriate and is prohibited.
- The pool and locker rooms are public facilities shared with community members. Any concerns should be reported to the meet director or facility manager.

**Eligibility:**

Open to all swimmers holding a 2017 USA Swimming membership card. Any swimmer that appears on the LSI exceptions report without registration must come to the meet prepared to show their card. The exception report will be sent on Monday, November 6. NO deck registrations will be accepted on the day of the meet. Age as of November 10, 2017 will determine a swimmer's age for the meet.

**Entries:**

Swimmers are allowed to compete in up to 4 individual events and 1 relay per session with a maximum of 9 individual swims and 2 relay swims for the meet. **Friday pm is limited to 2 individual swims.** "NT's" are allowed for any event, however, estimated times are encouraged for Friday events if a swimmer has no time.

This meet will be limited to stay under the USAS recommended 4-hour rule for 12&U sessions on Saturday (Sunday may have a larger number of entered athletes).

Please email entries via Team Manager or Team Unify files to the Entry Chair.

**The entry deadline is Wednesday, November 1 by 7:00 pm. Entries will be accepted in order of delivery.**

All events will be pre-seeded and conducted as timed finals. All Friday events will be run fastest to slowest; Saturday and Sunday events will run slowest to fastest.

**Entry Fees:**

\$3.50 per individual entry, \$8.00 per relay entry and \$15.00 swimmer registration fee (includes digital heat sheet and Louisiana surcharge).

**Late entries will be accepted at the discretion of the meet director and will cost \$10.00 per individual event/\$20 per relay. No new heats will be created to accommodate late entries.**

Make checks payable to: **Swim New Orleans**, 109 Glenwood Ave, Harahan, LA 70123.

**Disability:**

Swimmers with a disability as described in the USA Swimming technical rules, Article 105, shall be permitted to enter any meet sanctioned by Louisiana Swimming Inc. Any request for equipment or accommodations should be made at the time of entry submission.

**LSI Exceptions:**

Any USAS/LSI registration errors must be corrected by Monday, November 6, 2017 through the entry chair. Teams will be notified via email regarding registration errors.

**Awards:** Ribbons will be awarded to the Top 8 finishers in each individual event. Age groups will not be divided when placed (example: any 8 year-old swimmer competing in a 10&U event will be awarded with all swimmers in that event). There will be no scoring at this meet.

**Timers:** Teams will be assigned timing assignments by Wednesday, November 8. Friday swimmers must provide their own timers and counters. Assignments will be sent to participating teams and posted on the Nu Wave Swim Club website: [www.nolaswimming.com](http://www.nolaswimming.com)

**Warm-ups:**

- Warm-up will be conducted in accordance with Louisiana Swimming Inc. established procedures. The procedure for 3-point entry into the water will be strictly enforced.
- Coaches will be responsible for the conduct and safety of their swimmers.
- **Article 202.3.2:** At a sanctioned competitive event, USA Swimming athlete members must be under the supervision of a USA Swimming member coach during warm-up, competition, and warm-down.
- All swimmers at the meet without a coach must report to the Meet Director or Meet Referee to make arrangements for such supervision.
- Official warm-ups times/assignments will be sent to each team by Wednesday, November 8. Assignments will be sent to participating teams and posted on the Nu Wave Swim Club website: [www.nolaswimming.com](http://www.nolaswimming.com)

**Meet Schedule:** Friday, November 10

Session 1	Warm-up 4:30-5:00 pm	Meet 5:10 pm
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Saturday, November 11

Session 2	Warm-up 8:00-8:40 am	Meet 8:45 am
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Session 3*	Warm-up 12:00-12:50 pm*	Meet 12:55 pm*
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\*Session 3 warm-up and start times will not begin before 12:00/12:55 pm. Final warm-up and start times will be announce by Wednesday, November 8 and determined based on entries/timelines.

Sunday, November 12

Session 4	Warm-up 8:00-8:50 am	Meet 8:55 am
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**Concessions:** Provided by UNO Lakefront Arena.

**Hospitality:** Coaches and officials will be provided hospitality by Nu Wave Swim Club volunteers. Timers will have drinks brought out throughout each session.

## ORDER OF EVENTS

### Session #1- Friday, November 10, 2017

<u>Event</u>	<u>Description</u>
#1	Mixed 12&U 200 IM
#2	Mixed 13&O 200 IM
#3	Mixed Open 500 Free
#4	Mixed Open 1000 Free

*The host team reserves the right to limit entries to conform to a reasonable timeline. Teams will be notified by Wednesday, November 8 if a swimmer will be unable to compete & allowed to make adjustments to fill their entries.*

### Session #2- Saturday, November 11, 2017

<u>Event</u>	<u>Description</u>	<u>Event</u>
#5	10&U 200 Medley Relay	#6
#7	8&U 100 Free Relay	#8
#9	10&U 200 Free	#10
#11	8&U 25 Free	#12
#13	10&U 100 Back	#14
#15	8&U 25 Back	#16
#17	10&U 100 Breast	#18
#19	8&U 25 Breast	#20
#21	9-10 100 IM	#22
#23	8&U 100 IM	#24
#25	10&U 100 Fly	#26
#27	8&U 25 Fly	#28
#29	10&U 100 Free	#30

**Session #3, Saturday, November 11, 2017**

<b><u>Event</u></b>	<b><u>Description</u></b>	<b><u>Event</u></b>
#31	11-12 200 Medley Relay	#32
#33	11&O 200 Medley Relay	#34
#35	11-12 200 Free	#36
#37	13&O 200 Free	#38
#39	13&O 50 Back	#40
#41	11-12 100 Back	#42
#43	11&O 200 Back	#44
#45	13&O 50 Breast	#46
#47	11-12 100 Breast	#48
#49	11&O 200 Breast	#50
#51	13&O 50 Fly	#52
#53	11-12 100 Fly	#54
#55	11&O 200 Fly	#56
#57	11-12 100 Free	#58
#59	13&O 50 Free	#60
#61	11&O 100 IM	#62
#63	11&O 400 IM	#64

**Session #4- Sunday, November 12, 2017**

<b><u>Event</u></b>	<b><u>Description</u></b>	<b><u>Event</u></b>
#65	10&U 200 Free Relay	#66
#67	12&U 200 Free Relay	#68
#69	Open 200 Free Relay	#70
#71	10&U 50 Back	#72
#73	11-12 50 Back	#74
#75	13&O 100 Back	#76
#77	10&U 50 Breast	#78
#79	11-12 50 Breast	#80
#81	13&O 100 Breast	#82
#83	10&U 50 Fly	#84
#85	11-12 50 Fly	#86
#87	13&O 100 Fly	#88
#89	10&U 50 Free	#90
#91	11-12 50 Free	#92
#93	13&O 100 Free	#94